

# SCS I 2013

**Saturday, August 24, 2013**

## SEASON WARM UP INVITE

The purpose of this meet is to get our athlete's feet wet and give us as coaches a chance to see where our kids are and introduce our new runners to a competitive race environment. Please note the race distances.

**LOCATION:** Southwest Christian School Prep Campus  
7001 Benbrook Lake Drive, Fort Worth, TX 76132

### SCHEDULE:

<b>7:20</b>	<b>MIDDLE SCHOOL BOYS</b>	<b>1.5 M</b>
<b>7:45</b>	<b>MIDDLE SCHOOL GIRLS</b>	<b>1.5 M</b>
<b>8:10</b>	<b>JV/VARSITY GIRLS*</b>	<b>2 M</b>
<b>8:40</b>	<b>VARSITY GIRLS</b>	<b>5K</b>
<b>9: 20</b>	<b>VARSITY BOYS</b>	<b>5K</b>
<b>10:00</b>	<b>JV BOYS</b>	<b>2 M</b>

\*This race will be run JV and Varsity together, but will be scored separately.

You may run up to 10 runners on a varsity team. Or you may enter up to two varsity squads in a race.

**TO RESERVE YOUR TEAM SPOT EMAIL:**  
**COACH COBY BIRD :: [cbird@southwestchristian.org](mailto:cbird@southwestchristian.org)**  
**CELL :: 817-713-2856**

Trophies will be awarded to the top 2 varsity teams and top JV and Middle School team. Medals will be presented to the top 15 individuals in each race.

### FEES –

1 team - \$45 per team per division. **Max is \$180 per school.**  
Individual Runners - \$10 each.

ie: Varsity boys = \$45  
Varsity boys and JV girls = \$90  
Varsity and JV boys = \$90  
2 boys Varsity teams = \$90

DEADLINE TO REGISTER – August 19, 2013. No race day entries please.

**MORE INFO @**  
**[WWW.SOUTHWESTCHRISTIAN.ORG/XCMEETS](http://WWW.SOUTHWESTCHRISTIAN.ORG/XCMEETS)**