The 2013 Ennis Lions’ Den Invitational

Coach,The Ennis Lions Cross Country team would like to invite your cross-country team to participate in our 13th annual Lion’s Den Invitational. The meet will be held at the Jaycee Park in Ennis on Saturday **September 28th, 2013**.**Schedule:** Registration/ Packet Pickup 7:00 Distance 1 - 3A Varsity Girls 8:30 3200 meters 4 - 5A Varsity Girls 8:45 5000 meters 1- 3A Varsity Boys 9:10 5000 meters 4 - 5A Varsity Boys 9:30 5000 meters Lummus/Miller Challenge 1 mile

 JV Girls 10:10 3200 meters JV Boys 10:35 5000 meters Jr. High Girls 11:00 3200 meters Jr. High Boys 11:15 3200 meters

(We start the second race before the first race has finished so have runners ready to go. This will be our first year for girls running 5k so there may need to be some adjustment to the start times that follow)

**Entry Fee:** $10.00 per individual runner or $ 50.00 per division. **\*\*** Entry fee may be paid at packet pickup (just let us know you’re coming). **\*\*** Make checks payable to: Ennis Cross Country

 Mail entry fees to: Ennis Cross Country c/o Lonnie Redning 3101 Ensign Road Ennis, TX 75119

**Entries:** Enter your runner(s) for the meet through **www.athletic.net**

**Awards:** The top **three teams** in each division will receive plaques/trophies. The **top two junior high** teams will receive plaques.

 The **first 15 finishers** in each division will receive medals.

**Course:** The course is run mostly on grass, winding around the park. The terrain is mostly flat with a few small hills. This course offers parents and coaches an excellent view of almost the entire race.

**Parking:** Buses will park at the park this year.

**Facilities:** Restrooms will be available on-site. Water will be provided at the finish line. There will be concessions available.If you have any questions, please contact me at (cell) 469-337-6476 or (school) 972-872-3878 or even e-mail me at RUNORDIE@yahoo.com or lonnie.redning@ennis.k12.tx.us . We hope to see you at our meet.

School Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Name of Coach:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Contact Phone Number of Coach:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_TEAMS ATTENDING\_\_\_\_\_\_\_\_\_\_\_ Junior High Boys\_\_\_\_\_\_\_\_\_\_\_ Junior High Girls\_\_\_\_\_\_\_\_\_\_\_ JUNIOR VARSITY BOYS\_\_\_\_\_\_\_\_\_\_\_ JUNIOR VARSITY GIRLS\_\_\_\_\_\_\_\_\_\_\_ VARSITY BOYS \_\_\_\_\_\_ 1A – 3A \_\_\_\_\_\_ 4A - 5A\_\_\_\_\_\_\_\_\_\_\_ VARSITY GIRLS \_\_\_\_\_\_ 1A – 3A \_\_\_\_\_\_ 4A – 5A$50.00 each divisionMail entries to: Ennis Cross Country c/o Coach Redning 3101 Ensign Road Ennis, TX 75119Or fax to: 972-875-9044