



# LUMBERJACK INVITATIONAL

## 7th Annual

**Date/Time:** Saturday, September 15, 2012

### Tentative Schedule

8:00am	Varsity Women*	5,000 meters
8:40am	Varsity Men	5,000 meters
9:10am	Varsity Women	3,200 meters
9:35am	JV Women	3,200 meters
10:05am	JV Men	5,000 meters
10:45am	MS Girls	3,200 meters
11:20am	MS Boys	3,200 meters

\*Depending on interest

\*\*Meet Time Schedule Subject to Change

**Location:** Pecan Acres City Park on Starr Avenue across from the SFA Intramural Fields

**Confirmation:** Only the first 25 teams confirmed will be guaranteed entry into the meet along with complimentary Brooks apparel for coaches. The confirmation page should be faxed to the Stephen F. Austin athletic department at (936)468-4580.

**Entry Fee:** \$75 per gender (one fee for JV and Varsity) for the high school competition. The fee for the middle school race is an additional \$75, which includes both the boys and girls. A team bringing both high school men and women with a middle school team would pay \$225 total. Payment can be made on race day by cash or check, filled out to "SFA Cross Country." Please make sure you have the correct amount on your check, no refunds will be issued.

**Entry Deadline:** Entries will be due on Monday September, 10th by 5:00pm.

**Entry Process:** Entries must be e-mailed to Ben Rikard (rikardbenja@sfasu.edu). Please divide your entries into a men's and women's lists, but there is no need to distinguish between varsity, junior varsity, and junior high. Please type the entries in the following format: "Last Name, First Name." No entries will be accepted by mail or fax. Any 7 will be allowed to run in the varsity races. There will be unlimited entries in the JV and middle school races.

**Meet Homepage:** All updated meet information can be found on the meet's homepage by clicking the cross country tab at [www.sfajacks.com](http://www.sfajacks.com). The meet's homepage will be located under 2012 Brooks Lumberjack Invitational.





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- Course:** The race will be held in Pecan Acres Park which is located across from the intramural fields on Starr Avenue. It is a loop cross country course that consists of all dirt/grass, 75% of which is shaded. The boys course will consist of two and one half loops and the girls course will be one and one half loops. Course maps will be posted on the meet's homepage. Last year's event featured great competition from more than 35 high schools and 1,500 athletes.
- Results:** Results will be available thirty minutes after the completion of each race and posted online at the meet's homepage.
- Apparel/Concessions:** Meet shirts will be available for sale at the meet. PowerAde, soft drinks, and water will also be for sale.
- Awards:** The top five individuals and two teams in each of the six divisions will receive awards. The head coach from each high school will receive a free Brooks Podium short sleeve top. Thirty minutes after final results are posted for each race, all awards can be picked up at the Coke trailer. There will not be a formal awards ceremony.
- Medical:** Stephen F. Austin will provide a full training staff for the race. They will be set up one hour before the start of the first race.
- Parking:** Only school buses will be allowed to park in the main lot at Pecan Acres. Spectators will be able to park on Wilson Drive, which is across the street. Those spectators will have to use caution crossing the road into the park due to heavy traffic. Coaches please advise athletes and parents of this issue.

**Please contact the Stephen F. Austin Cross Country office with any questions at 936-468-4062**

**We look forward to your school's participation**





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### High School Entry Confirmation

**Confirmation:** Please confirm your team's entry by faxing it to the Stephen F. Austin athletic department at (936)468-4580 or return this form to P.O. Box 13010 SFA Station ATTN: Cross Country, Nacogdoches, TX 75962

**Website:** All updated meet information can be found on the meet's homepage by clicking the cross country tab at [www.sfajacks.com](http://www.sfajacks.com). The meet's homepage is located on the right hand side under 2012 Brooks Lumberjack Invitational.

**Contact:** Please contact the cross country office with any questions at 936-468-4062

**Date/Time:** September 15, 2012—Races will tentatively start at 8:00am

School: \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Coach's Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Check the line of the races you will be competing in:**

\_\_\_\_\_ Varsity Boys

\_\_\_\_\_ Varsity Girls (5K or 3,200m)

\_\_\_\_\_ JV boys

\_\_\_\_\_ JV Girls





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### Jr. High Entry Confirmation

- Confirmation:** Please confirm your team's entry by faxing it to the Stephen F. Austin athletic department at (936) 468-4580 or return this form in the enclosed envelope to PO Box 13010 SFA Station ATTN: Cross Country Nacogdoches TX, 75962
- Website:** All updated meet information can be found on the meet's homepage by clicking the cross country tab at [www.sfajacks.com](http://www.sfajacks.com). The meet's homepage is located on the right hand side under 2012 Brooks Lumberjack Invitational.
- Contact:** Please contact the cross country office with any questions at 936-468-4062
- Date/Time:** September 15, 2012—Races will tentatively start at 8:00am

Jr. High: \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Coach's Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Check the line of the races that you be competing in:**

\_\_\_\_\_ **Jr. High Boys**



\_\_\_\_\_ **Jr. High Girls**