



# COYOTE RELAYS

THURSDAY MARCH 2nd, 2017

## MEET SCHEDULE

4:00pm -Coaches meeting

4:30pm - Field Events- High Jump boys 5'8" followed by girls 4'8"  
Pole Vault boys 10'0" followed by girls 9'0"  
Discus- boys followed by girls, 3 attempts only  
Triple Jump boys followed by girls, 3 attempts  
Shot Put- girls followed by boys, 3 attempts  
Long Jump Girls followed by boys, 3 attempts  
**No Field Events for JV**

5:15pm 3200 VG, VB

6:15pm- Varsity Finals 4 x 100 Relay **JVG, JVB, VG, VB**  
800 Run JVG, JVB, VG, VB  
100/110 M. Hurdles **JVG, VG, JVB, VB**  
100 M. Dash VG, VB  
4 x 200 Relay **JVG, JVB, VG, VB**  
400 M. Dash VG, VB (NO BLOCKS) 2 HEATS AT A TIME  
300 M. Hurdles VG, VB  
200 M. Dash VG, VB -- START NEXT HEAT WHEN OUT OF CURVE  
1600 M. Run **JVG, JVB, VG, VB**  
**(Girls & Boys Run Together)**  
4 x 400 **JVG, JVB, VG, VB**