

15th Annual John Lombardo/Saugerties Invitational

Date: Saturday, October 6th, 2018

Course: Race will begin on school grounds and continue onto the "Horse Shows in the Sun" property. The surface will be a mixture of soft dirt, grass and packed gravel.

Distance: Varsity and Freshman Races - 5,000 meters. Modified Race - 1.5 miles.

Schedule: *Please arrive by 8AM, so athletes can walk the course.*

9:00AM – Freshmen Boys

9:45 AM – Freshmen Girls

10:30 AM – Varsity I Boys

11:15 AM – Varsity I Girls

12:00 PM – Modified Boys, followed by Modified Girls

If there are large numbers of Varsity racers, an additional race will be run.

Awards: **Freshmen Teams** - 1st place trophy
 Varsity Teams - 1st, 2nd & 3rd place trophies
 Individuals - medals for top 10 freshmen and top 30 Varsity runners, ribbons for all modified runners

Extras: Food & T-shirts will be available for sale. Apples & Water provided for runners.

Registration Form: Entries for **ALL** RACES (MOD-JV-VARSITY) are to be submitted on MILE SPLIT NY.

Cost: Individual Runner - \$15.00 Modified Team - \$40.00 Blanket Fee - \$160.00
 Freshmen Team - \$50.00 Varsity Team - \$75.00

Name of School: _____

E-mail Contact: _____

Total Cost: \$_____ Checks payable to: **Saugerties Track Club**

Fill-in numbers/races your team will participate in:

Individual Boys _____ Individual Girls _____

Varsity Boys _____ Varsity Girls _____

Freshman Boys _____ Freshman Girls _____

Modified Boys _____ Modified Girls _____

Mail entry fee to:

Saugerties Central Schools

Call Box A

Saugerties, NY 12477

ATTN: Athletic Office

Contact: Steve Buonfiglio, Varsity CCX Coach

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