

COUGAR THROWING RELAYS

Site: Arthur P Schalick High School , 718 Centerton Rd, Pittsgrove NJ 08094

Date: Saturday, May 17th 2014

Time: 10:30am Weigh-In/ 11 am start

This meet is intended to give throwers of both genders a chance to compete in a 3-person relay while also allowing non-varsity throwers the chance to compete and score points. Each event will have a boys and girls throwing sector so events can take place simultaneously. There will be a maximum of 3 relay teams per event.

Order of events

1. Boys Discus B,C,A beginning at 11:00am
Girls Discus A,B,C
2. Boys Shot A,B,C
Girls Shot C,A,B
3. Boys Javelin C,A,B
Girls Javelin B,C,A

The shot put circles are located near the football stadium. The discus cages are near the Tennis courts. Our goal is to have officials at each event so there are no delays. If you only plan to enter one relay team you can enter them as A, B or C they all have the ability to place.

Amenities:

1. Top 8 score, top 6 medal.
2. Three (3) throws for each relay member. No Finals, No minimums
3. Relay teams must match
4. Implements will be weighed and approved prior to the competition.

TEAM SCORING: 1st:15pts 2nd:13pts 3rd: 11pts 4th: 9pts 5th:7pts 6th: 5pts 7th:3pts 8th: 1pts

The combined point total winner of all three throwing events of each gender will receive the throwing relays plaque.

MEET RECORDS: Inaugural meet, no records yet .



COUGAR THROWING RELAYS ENTRY FORM

School: _____ **Coach:** _____

Home Phone: _____ **School Phone:** _____

Coach's Email: _____

Entries:

Boy's Shot: _____

Girl's Shot: _____

Boy's Discus _____

Girl's Discus _____

Boy's Javelin _____

Girl's Javelin _____

Boy's Total Relays: _____ X \$25 per relay = \$ _____

Girl's Total Relays: _____ X \$25 per relay = \$ _____

TOTAL ENTRY FEE \$ _____ (**\$190 maximum fee per gender**)

Make fees payable to " Arthur P. Schalick High School" and send to:

**Schalick High School
Mike Clarke
718 Centerton Rd
Pittsgrove, NJ 08318**

Entries due May 9th, 2014

Entries may be faxed

(856) 358-7512

PHONE: (856) 358-2054 X4119