

28th
Annual

CROSS
COUNTRY

Fun Runs 5K Races 5K Series

Buccleuch Park,
New Brunswick NJ

Easton Avenue near St. Peters Hospital

Tuesday Nights!



June 14

June 28

July 12

July 26

2011 Summer Series

5K and Fun Run begin at 7:00 PM
near Buccleuch Mansion.

5K is a two loop course on grass and cinder track.
Traffic control; water and food at the finish. **RVRR**
reserves the right to limit 5K XC race entries to
180 runners total!

5K Individual Race & Series Age Groups:
M/F 13-15, 16-17, 18-24, 5 yr AGs 25-29 thru 80+
Individual 5K Race Awards: Overall M/F plus top 3
each age group each race.
5K Series Awards: Best 3 races determine Series
awards for overall M/F plus top 4 in each age group
(no dups). Age on 6/14/11 used for Series awards.

Fun Run open to **ages 10 to 15 only**—runners start
with & run the **first lap** of the 5K race. Awards to all
fun runners each race. Parents should enter their
child in the Fun Run only if the child is capable of
completing the event without the companionship or
aid of a parent or any other runner.

FEES (In advance): Single Race 4-Race Series

5K	Ages 13-17:	___ \$ 7.00	___ \$22.00
	RVRR & USATF:	___ \$ 9.00	___ \$32.00
	All Others:	___ \$11.00	___ \$40.00
Fun Run	(2.5K):	___ \$ 5.00	___ \$20.00

FEES (Day of Race): Single Race

5K	Ages 13-17:	___ \$10.00
	All Others:	___ \$15.00
Fun Run	(2.5K):	___ \$ 5.00

More Info: www.rvrr.org or
call 732-254-3120 until 9PM

Name: _____
LAST FIRST

Sex: ___ M ___ F Age ___ on 6/14/2011

Email: _____

Address: _____
NUMBER AND STREET

TOWN STATE ZIP CODE

Distance Entered: ___ 2.5K Fun Run ___ 5K

USATF# (5K only): _____

Contact Phone: (___) ___-___

If changing age groups during the series:

Enter Date of Birth ___/___/___

Races Entered: ___ June 14 ___ June 28
___ July 12 ___ July 26 \$ ___ Total

Please make checks payable to: **RVRR Summer Series**
Mail to: **75 Hardenburg Lane, East Brunswick, NJ 08816**

I, the undersigned, know that running is a potentially hazardous activity. I should not enter or enter my child unless I/he/she am/is medically able and properly trained. I agree to abide by any decision of a race official relative to my/his/her ability to safely complete the race. I assume all risks associated with my or my child running in these cross country events, including but not limited to falls, contact with other runners, the effects of the weather, including high heat and humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my/his/her entry, I for myself or my child, and anyone entitled to act on my behalf, waive and release the Raritan Valley Road Runners, the race directors, all organizing committees, the City of New Brunswick, USATF, USATF-NJ, the Road Runners Club of America and all their sponsors, representatives and successors from all claims or liabilities of any kind arising out of my/his/her participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signed: _____
(by participant, or guardian if participant is under 18)

Date: _____ Emergency Phone: (___) ___-___