

# Holiday Relay Carnival

Tuesday, December 27, 2011      12:00PM - NOON

THE NEW JERSEY CITY ARMORY, JERSEY CITY, N.J.

---

## \*\*IMPORTANT MEET INFORMATION\*\*

1. **We can not enter the building until 11:00 A.M. – the first event will start at 12:00 P.M. – Check in is at 11:45 AM.**
2. The hurdles and dash will be run at the same time on both sides of the track.
3. Coaches, we have to try to keep the center CLEAN, there is now a clean-up charge for the indoor meets. Please police your area at the end of the meet. Our future at the Jersey City Armory depends on it.
4. A NOVICE athlete is one who has not won a VARSITY individual medal in Indoor or Outdoor Track. All individual winners of novice competitions should be moved up to the open division for the next meet. (Let's make the Novice Competition better)
5. You can enter as many individuals and relay teams(**except varsity relays – one team**) as you wish. Please bring your own batons and pins.
6. Awards: Six deep in every event.
7. The Armory Track is a 200 meter Mondo surface.
8. Please advise your athletes when crossing the track that there is a meet going on to avoid problems.
9. If by chance, your school can not compete and you have entered, your school will be responsible for payment of the entry fee and no refunds will be given.

Questions? – call    Mike Glynn    845-735-7514      Brian Rodak    973-831-2412  
                                 Tom Zaccone    201-529-8217

**Entries Due: December 17, 2011**

# Holiday Relay Carnival

Tuesday, December 27, 2011

Jersey City Armory 12:00 P.M. (Noon)

## Order of events:

- |     |               |                  |    |               |               |
|-----|---------------|------------------|----|---------------|---------------|
| 1.  | Frosh Boys    | 55 meter hurdles | 1. | Frosh Girls   | 55 meter dash |
| 2.  | Novice Boys   | 55 meter hurdles | 2. | Novice Girls  | 55 meter dash |
| 3.  | Varsity Boys  | 55 meter hurdles | 3. | Varsity Girls | 55 meter dash |
| 4.  | Frosh Girls   | 55 meter hurdles | 4. | Frosh Boys    | 55 meter dash |
| 5.  | Novice Girls  | 55 meter hurdles | 5. | Novice Boys   | 55 meter dash |
| 6.  | Varsity Girls | 55 meter hurdles | 6. | Varsity Boys  | 55 meter dash |
| 7.  | Varsity Boys  | 3200 meter relay |    |               |               |
| 8.  | Varsity Girls | 3200 meter relay |    |               |               |
| 9.  | Frosh Boys    | 3200 meter relay |    |               |               |
| 10. | Novice Boys   | 3200 meter relay |    |               |               |
| 11. | Frosh Girls   | 3200 meter relay |    |               |               |
| 12. | Novice Girls  | 3200 meter relay |    |               |               |
| 13. | Varsity Boys  | 800 meter relay  |    |               |               |
| 14. | Varsity Girls | 800 meter relay  |    |               |               |
| 15. | Novice Boys   | 800 meter relay  |    |               |               |
| 16. | Novice Girls  | 800 meter relay  |    |               |               |
| 17. | Frosh Boys    | 800 meter relay  |    |               |               |
| 18. | Frosh Girls   | 800 meter relay  |    |               |               |
| 19. | Varsity Boys  | 600 meter dash   |    |               |               |
| 20. | Varsity Girls | 600 meter dash   |    |               |               |
| 21. | Varsity Boys  | 200 meter dash   |    |               |               |
| 22. | Varsity Girls | 200 meter dash   |    |               |               |
| 23. | Novice Boys   | 200 meter dash   |    |               |               |
| 24. | Novice Girls  | 200 meter dash   |    |               |               |
| 25. | Frosh Boys    | 200 meter dash   |    |               |               |
| 26. | Frosh Girls   | 200 meter dash   |    |               |               |
| 27. | Varsity Boys  | 1600 meter run   |    |               |               |
| 28. | Varsity Girls | 1600 meter run   |    |               |               |
| 29. | Frosh Boys    | 800 meter run    |    |               |               |
| 30. | Frosh Girls   | 800 meter run    |    |               |               |
| 31. | Novice Boys   | 800 meter run    |    |               |               |
| 32. | Novice Girls  | 800 meter run    |    |               |               |
| 33. | Varsity Girls | 1600 meter relay |    |               |               |
| 34. | Varsity Boys  | 1600 meter relay |    |               |               |
| 35. | Novice Girls  | 1600 meter relay |    |               |               |
| 36. | Novice Boys   | 1600 meter relay |    |               |               |
| 37. | Frosh Girls   | 1600 meter relay |    |               |               |
| 38. | Frosh Boys    | 1600 meter relay |    |               |               |

## Field Events (2 person relay)

Shot Put #1 Relay Varsity Boys then Varsity Girls

Shot Put #2 Relay Novice Girls then Novice Boys

**2011 Holiday Relay Carnival Entry Form:**

**12/27/11**

School \_\_\_\_\_ Coach's E-mail \_\_\_\_\_

Coach \_\_\_\_\_ Cell Phone \_\_\_\_\_

AD's Fax Number \_\_\_\_\_

Do NOT enter the names on the entry blank, simply the number of entries in each event.  
 Unlimited entries in every event. **(Except Varsity Relays – one per school)**

Event	Open Boys	Open Girls	Novice Boys	Novice Girls	Frosh Boys	FroshGirls
55 meter hurdles						
55 meter dash						
200 meter dash						
600 meter dash			XXXXXXXX	XXXXX	XXXXXX	XXXXXXX
800 meter run	XXXXXX	XXXXXXXX				
1600 meter run			XXXXXXXX	XXXXX	XXXXXX	XXXXXXX
800 meter relay						
1600 meter relay						
3200 meter relay						
Shot Put relay					XXXXXX	XXXXXXX

Entries Close: **December 17, 2011**

**Mail To:** Mike Glynn  
 19 E. Lewis Ave  
 Pearl River, NY 10965

\_\_\_\_\_ X \$7.00 (individual per event) = \_\_\_\_\_

\_\_\_\_\_ X \$20.00 per relay = \_\_\_\_\_

**Total Entry** = \_\_\_\_\_

**FAX # 845-735-7556**  
**NO COVER PAGES**

Make Checks Payable to: **Bergen Track & Field LLC (FED ID # 45-0600026)**

**Cards** will be provided – You **MAY NOT** use your own cards!!

# Holiday Relay Carnival

## Meet Information

### Please Read!!!!

- \* The hurdles and the dash will be run at the same time on opposite sides on the track while field events are being run on the inside of the track. In the Hurdles the **first 54** athletes will be seeded in all divisions, 55 and over will compete, but not advance. In the dash, the first 108 will be seeded in all divisions, 109 and over will compete, but not advance.
- \* **NO COACHES OR ATHLETES** on the side of the finish line - THANK YOU!!
- \* All Field Events need cards to check in.
- \* There will be **no finals** in the Shot Put – three attempts only.
- \* Medals are Six deep in all events, please pick-up when called.
- \* **No Coaches on the Infield due to the size of the meet.**

**Please keep your athletes off the infield unless they are competing in the shot put.**