

The 16th Annual
Roxbury Invitational XC Class Meet

Date: **Saturday September 10, 2011 (Rain or Shine)**

Site: Horseshoe Lake Park, 72 Eyland Ave, Succasunna, NJ

Distance: Frosh: 2.2 miles
Sophomore, Junior/ Senior: 3.1 miles

Awards: Team Trophies for each class champion
Medals to the top 30 places in Frosh & Soph. races
Medals to the top 40 place in Jr./ Sr. races
Ribbons to all finishers
Outstanding Performers Male and Female

Scoring: Top four finishers in each category make a team

Time	8:45 am	Roxbury Rec. XC 1 mile Challenge
Schedule	9:00	Frosh Girls 9:20 Frosh Boys
Permitting)	9:50	Soph. Girls 10:25 Soph. Boys
	11:00	Jr. – Sr. Girls 11:35 Jr. - Sr. Boys

Entry fee: \$ 250 per school **(unlimited entry Boys and Girls)** or
\$ 130 per team **(unlimited entry/ sex)**
\$ 10 per individual
THIS IS NOT A PARTICIPATION FEE

Entry/Hytek **Tuesday September 6, 2011**
Deadline: *Receipt of entry will be confirmed by email only*
Email to bdonegan@ptd.net
Entry will be voided if Roster is not received.

Entry Fax: **973-827-4336**

Insurance: Certificate of Insurance listing Roxbury Twp.

Meet T-shirts Long Sleeve - \$10 Short Sleeve - \$5

Send to: **Friends of Roxbury XC**
184 Plant St
Ogdensburg NJ 07439-1025

Phone: 201-230-0682 **email:** bdonegan@ptd.net

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Entry Form
FAX ENTRIES TO:
973-827-4336
No Cover Pages

School: _____ A. D.: _____

Coach: _____ School Phone: _____

Email address: _____@_____ Cell/Home Phone: _____
(Receipt of entry by email only)

Please check off to indicate entry
THIS IS NOT A PARTICIPATION FEE

School Entry x \$250 = _____ (or)

Girls Team x \$130 = _____ or # Girls Entries x \$ 10 = _____

Boys Team x \$130 = _____ or # Boys Entries x \$ 10 = _____

Total entry _____

Hy-Tek rosters **Email to bdonegan@ptd.net**

Roster deadline: Tuesday, September 6, 2011
Missing rosters will result in a voided entry

Send Entries to:

Friends of Roxbury XC
184 Plant St
Ogdensburg NJ 07439-1025

Phone: 201-230-0682 **email:** bdonegan@ptd.net

Make Checks Payable to
“Friends of Roxbury Cross Country”
(Fees do not have to accompany paper entry)

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Course Records

Frosh	Justin Naselli	Mendham	11:59.82	Roxbury XC Invit. 9/11/2010
Course:	Mary Migton	Roxbury	14:01.53	Roxbury XC Invit. 9/15/2007
Varsity	Doug Smith	Gill St. Bernard	15:19.46	Roxbury XC Invit. 9/15/2007
Course:	Lauren Penney	Roxbury	17:49 .57	Roxbury XC invit. 9/15/2007

Time Schedule (weather permitting)

8:45	Roxbury Rec. XC 1 mile Challenge
9:00 a.m.	Frosh Girls
9:20	Frosh Boys
9:50	Soph. Girls
10:25	Soph. Boys
11:00	Jr. – Sr. Girls
11:35	Jr. - Sr. Boys

Fast Facts **2010 Champions**

<u>Race</u>	<u>Meet Record</u>	<u>Individual</u>	<u>Team</u>
Fr. Boys	Justin Naselli, Mendham ** 11:59.82 (2010)	Justin Naselli, Mendham ** 11:59.82 #	CBA , 28 pts
Fr. Girls	Mary Migton, Roxbury 14:01.53 (2007)	Mackenzie Barry, Mendham 14:19.51	Morris Knolls, 14 pts
So. Boys	Brian Boyette, Parsippany Hills 15:49 (1998)	Aaron Libertore, CBA** 16:24.73	CBA, 11 pts
So. Girls	Melissa Conway, Ramsey 19:05 (1998)	Abby Seel, Mendham 19:46.54	Morris Knolls, 27 pts
Jr. Boys (only)	Geoff McGrane , Randolph 16:25.32 (2002)		
Jr-Sr. Boys	Doug Smith, Gill St. Bernard # 15:19.46 (2007)	Peter Ehmann, Mendham 16:04.54	Mendham, 29 pts
Jr./Sr. Girls	Lauren Penney, Roxbury # 17:49.57 (2007)	Mary Migton, Roxbury ** 18:54.21	E. Brunswick, 33 pts
Sr. Boys (only)	Kyle Alpaugh , Voorhees 15:56.16 (2002)		

Course Record

** Outstanding performer

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INSURANCE LIABILITY INFORMATION

Athletic Directors & Coaches:

The Roxbury Twp. Recreation Department requires that each School District attending the Roxbury XC Invitational submit proof of liability insurance.

(CERTIFICATE OF INSURANCE)

Please send all documents with your entry or separately,

Please DO NOT SEND THEM TO Roxbury Twp. Recreation Department.

Thank you,
Brendan Donegan
Meet Director

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Directions

From Northeast Jersey:

Rt. 80 West to Exit 30 Howard Blvd.
At bottom of ramp turn left onto Howard Blvd.
Proceed on Howard Blvd to RT 46.
Turn left onto Rt. 46 east
Proceed on Rt. 46 E to first Traffic light. Turn right onto Hillside Ave.
Proceed on Hillside Ave to Rt.10. (2nd light)
Turn left onto Rt. 10 E. Proceed on Rt. 10 E to next light (Eyland Ave)
Turn Right onto Eyland Ave,
Horseshoe Lake Park is ½ mile from intersection on left

From Rt. 10 Corridor

Rt. 10 west to Eyland Ave. (1st light in Roxbury)
Take jug-handle and proceed across Rt. 10. on Eyland Ave
Horseshoe Lake Park is ½ mile from intersection on left

From Shore Area

GSP N to Rt. 78 W (Union toll Plaza)
Rt. 78 W to Rt. 24 W.
Rt 24 W to Rt 287 N
Rt 287 N to Rt 10 W.
Rt. 10 west to Eyland Ave. (1st light in Roxbury)
Take jug-handle and proceed across Rt. 10. on Eyland Ave
Horseshoe Lake Park is ½ mile from intersection on left

From Rt 15 Corridor

Rt 15 S to Berkshire Valley Rd (*New Orleans Steakhouse*)
Turn right onto Berkshire Valley Rd
Berkshire Valley Rd. to Rt 46 light.
Cross over Rt 46, Berkshire Valley Rd. turns into Kenvil Ave.
Proceed on Kenvil Ave to Main St.
Turn left onto Main St.
Make Right onto Eyland Ave
Proceed across Rt. 10. on Eyland Ave
Horseshoe Lake Park is ½ mile from intersection on left

If you need other directions Map Quest

ROXBURY PARKS & RECREATION DEPARTMENT
72 EYLAND AVENUE
SUCCASUNNA NJ 07876