

THE MAROON INVITATIONAL

GARRET MOUNTAIN

FRIDAY September 30, 2011

Dear Coach,

Your school is invited to a cross country meet sponsored jointly by Clifton and Ridgewood High Schools. Thank you for your interest in our meet.

Meet Directors: Lou Fraulo
John Pontes
Jacob Brown
Mike Glynn

ORDER OF EVENTS AND TIME SCHEDULE

4:00pm	Frosh Boys Group 3&4
4:05	Frosh Girls Group 3&4
4:10	Varsity Boys Group 3&4
4:25	Varsity Girls Group 3&4
4:40	Junior Varsity Boys - 3&4
4:50	Junior Varsity Girls - 3&4
5:15	Junior Varsity Boys - 1&2
5:25	Junior Varsity Girls - 1&2
5:40	Frosh Boys Group 1&2
5:50	Frosh Girls Group 1&2
6:00	Varsity Boys Group 1&2
6:10	Varsity Girls Group 1&2

2011 MAROON CROSS COUNTRY INVITATION AT GARRET MOUNTAIN
FRIDAY , September 30, 2011

1. **Awards:** Medals to top 30 in each race. 1 team trophy each race.
2. **Entry Fees:** \$35 per team (7 runners). \$7 per individual.
3. **Entries Close:** Tuesday, September, 27, 2011,
mail Entry Form and Fees to: Lou Fraulo
58 Broadale Road
Clifton, NJ 07013
E-mail Hy-Tek roster file to: fraulotiming@optonline.net
3. Team rosters must be submitted to Lou Fraulo in Hy-Tek format. Either on disc or by e-mail.
If you don't have or understand Hy-Tek, Lou will type your roster names for an additional \$50 fee.
4. Results will be posted: <http://www.lfrauloracingsystems.com/>
5. **Questions:** Lou Fraulo – 973-859-0958
Or on the Web: <http://www.jacobbrown.com/EntryForms/meetinfo.htm>
6. Please bring **Pins.**
7. Hy-Tek will be used to time and score the meet. Coaches will receive information on the day of the meet as to how the system works.
8. **Directions to Garret Mountain:** Route 80, Squirrelwood road exit. Up the hill past the park, left on Weaseldrift Road, continue up the hill and head left into the park.

ENTRY TO MAROON INVITATIONAL 9/30/11

We desire to enter the following events in the Maroon Cross Country Invitational at Garret Mt:

<u>Event</u>	<u># of teams</u>	<u>individuals</u>
Boys Varsity Race	_____	_____
Boys Junior Varsity Race	_____	_____
Boys Frosh Race	_____	_____
Girls Varsity Race	_____	_____
Girls Junior Varsity Race	_____	_____
Girls Frosh Race	_____	_____

All Must Send team roster in Hy-Tek format to:

fraulotiming@optonline.net

E-mail must include School Name, meet you are entering, and coaches Name.

If you don't have Hy-Tek Lou Fraulo will type your names in for an additional \$50.

ENTRIES CLOSE 9/27/11

Entries Payable to: "The Maroon Invitational"

Entry Fee: **\$35 per team, \$7 per individual.**

Total entry fees enclosed: _____

School _____ NJSIAA Group _____

Address _____

Coach _____

Phone (home) _____ (school) _____

e-mail _____

Mail Entries to:

Lou Fraulo
58 Broadale Road
Clifton, NJ 07013

MAROON INVITATIONAL

9/30/11