

10th Annual Leon Bailey Liberty Relays at the Beautiful Jersey City Armory

- Date:** Friday December 17, 2010- 4:00 Start
- Site:** Jersey City Armory, 678 Montgomery Street
- Divisions:** Novice division is for HS athletes who have not earned a HS track & field medal prior to this meet. Please be honest in your entries so as to keep this division at the level it was intended.
- Cost:** \$16 per relay, \$300 per team (boys & girls separate) per school for blanket entry. Combined boys & girls teams may enter for the cost of \$550 per school for maximum allowed participation. SAME PRICES AS 2009!!!
- Medals:** Top 3 teams in each event and each division. Number of medals will be increased if entries warrant.
- Uniforms:** Athletes in each relay must wear identical school issued uniforms. All rules regarding jewelry and undergarments will be enforced.
- Max Entry:** One relay team per school, per event, in Varsity. Two relays maximum per school in Novice Division. We want to keep the meet at a manageable length, so this will be enforced.
- Deadline:** All entries must be in meet directors hands by - - Wednesday December 8, 2010.
- Payment:** Make checks payable to - - "Jersey City Recreation Foundation" and send to; John E. Nagel, 1 Chapel Avenue, Jersey City, NJ 07305. Any questions, call (201) 547-5870. We will close the entries when we hit our capacity number so please enter today. Do not wait. If you have an outstanding balance from last year, your entry WILL NOT be accepted.

ORDER OF EVENTS

4 x 800 Meter Relay VG, VB, NG, NB

Shuttle Hurdle Relay VG, NG, VB, NB

Distance Medley Relay: VG, VB, NG, VB
(800-400-1200-1600)

4 x 200m Relay: VG, VB, NG, NB

Sprint Medley Relay VG, VB, NG, NB
(400-200-200-800)

4 x 400m Relay: VG, VB, NG, NB

High Jump Relay

NG start @ 3' 8"

VG start @ 4' 2"

NB start @ 4' 8"

VB start @ 5' 2"

Shot Put Relay

3 throws – no finals VG, VB, NG, NB

This meet, since 2004, has been named in honor of Hudson County Hall of Famer and Olympic Official Leon Bailey, who will serve as the starter.

**10th Annual Leon Bailey Liberty Relays
Entry Form**

School: _____

Coach: _____ **Phone:** _____

Please Note: You will be billed for and allowed to compete in ONLY those events which you check off in the following entry grid. Limit one team per event in the Varsity division. Maximum of two teams, in the novice division.

EVENT	VB	VG	NB	NG
Shuttle Hurdle Relay				
4 x 200m Relay				
4 x 400m Relay				
4 x 800m Relay				
Sprint Medley Relay				
Distance Medley Relay				
High Jump Relay (2 athletes)				
Shot Put Relay (2 athletes)				

_____ Relays @ \$16each \$ _____
_____ Unlimited Boys/Girls @ \$300 \$ _____
_____ Combined Boys & Girls @550 \$ _____

TOTAL \$ _____

CHECK PAYABLE TO JERSEY CITY RECREATION FOUNDATION

**PLEASE REMEMBER THAT ALL ENTRIES MUST BE IN THE HANDS OF THE
MEET DIRECTOR BY WEDNESDAY DECEMBER 8, 2010.**

John E. Nagel
Department of Recreation
1 Chapel Avenue
Jersey City, NJ 07305
(201) 547-5870