

**FULL BATHROOMS**

**BUSES ENTER HERE**

**ATHLETIC TRAINERS  
IN GAZEBO**

**DROP-OFF AT  
METAL BRIDGE**

**PORT-A-POTTIES  
FOR COMPETITORS**

**TENT AREA**

**SOFTBALL  
FIELD**

**FINISH**

**START**

CAVE SPRING ROAD

DARLINGTON DRIVE

21

91

1

4

5





6

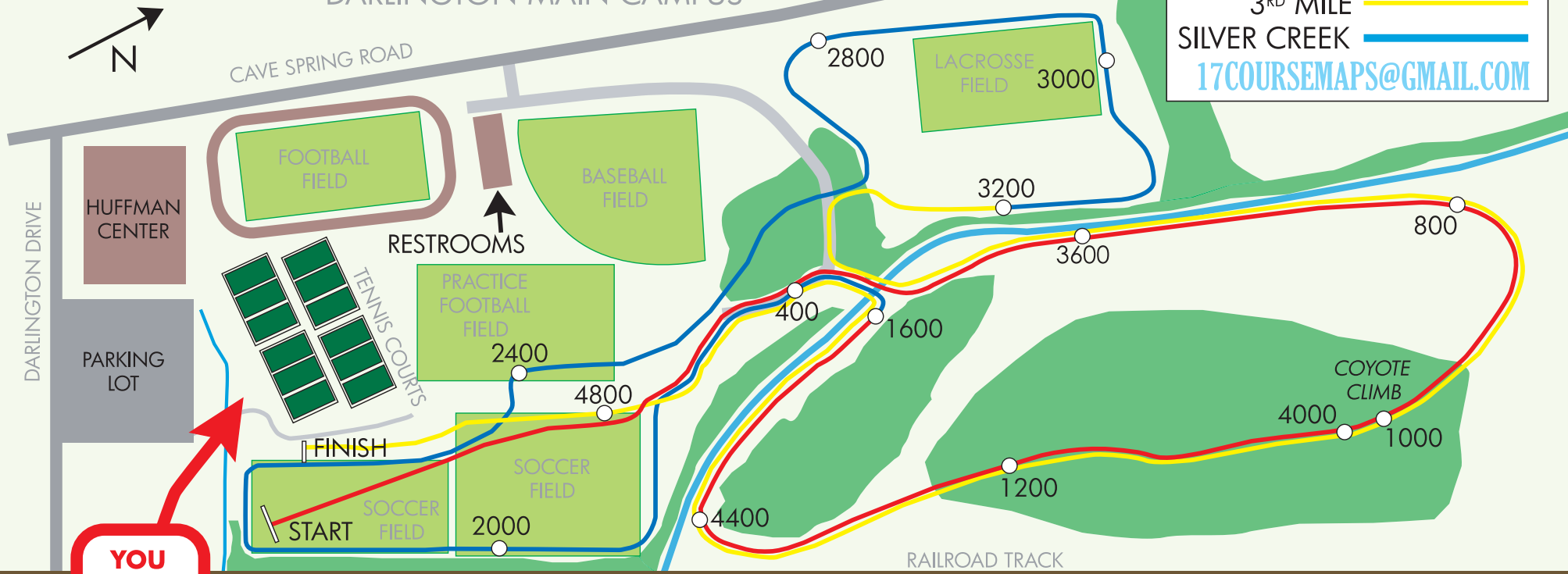
7

14

*"Let us run with endurance the race that is set before us..."*

DARLINGTON MAIN CAMPUS

1<sup>ST</sup> MILE   
2<sup>ND</sup> MILE   
3<sup>RD</sup> MILE   
SILVER CREEK   
[17COURSEMAPS@GMAIL.COM](mailto:17COURSEMAPS@GMAIL.COM)






**YOU  
ARE  
HERE**

# DARLINGTON CROSS COUNTRY 5K COURSE

*"Let us run with endurance the race that is set before us..."*

DARLINGTON MAIN CAMPUS

1<sup>ST</sup> 1/2 MILE   
2<sup>ND</sup> 1/2 MILE   
2<sup>ND</sup> MILE   
SILVER CREEK   
[17COURSEMAPS@GMAIL.COM](mailto:17COURSEMAPS@GMAIL.COM)



CAVE SPRING ROAD

LACROSSE FIELD

DARLINGTON DRIVE

HUFFMAN CENTER

FOOTBALL FIELD

BASEBALL FIELD

RESTROOMS

PRACTICE FOOTBALL FIELD

TENNIS COURTS

1600m

PARKING LOT

FINISH

COYOTE CLIMB

SOCCER FIELD

SOCCER FIELD

START

RAILROAD TRACK

**YOU ARE HERE**

# DARLINGTON CROSS COUNTRY 3200m COURSE

*"Let us run with endurance the race that is set before us..."*

DARLINGTON MAIN CAMPUS

**COURSE**   
SILVER CREEK   
[17COURSEMAPS@GMAIL.COM](mailto:17COURSEMAPS@GMAIL.COM)



CAVE SPRING ROAD

LACROSSE FIELD

DARLINGTON DRIVE

HUFFMAN CENTER

FOOTBALL FIELD

BASEBALL FIELD

RESTROOMS

PRACTICE FOOTBALL FIELD

TENNIS COURTS

PARKING LOT

COYOTE CLIMB

FINISH

START

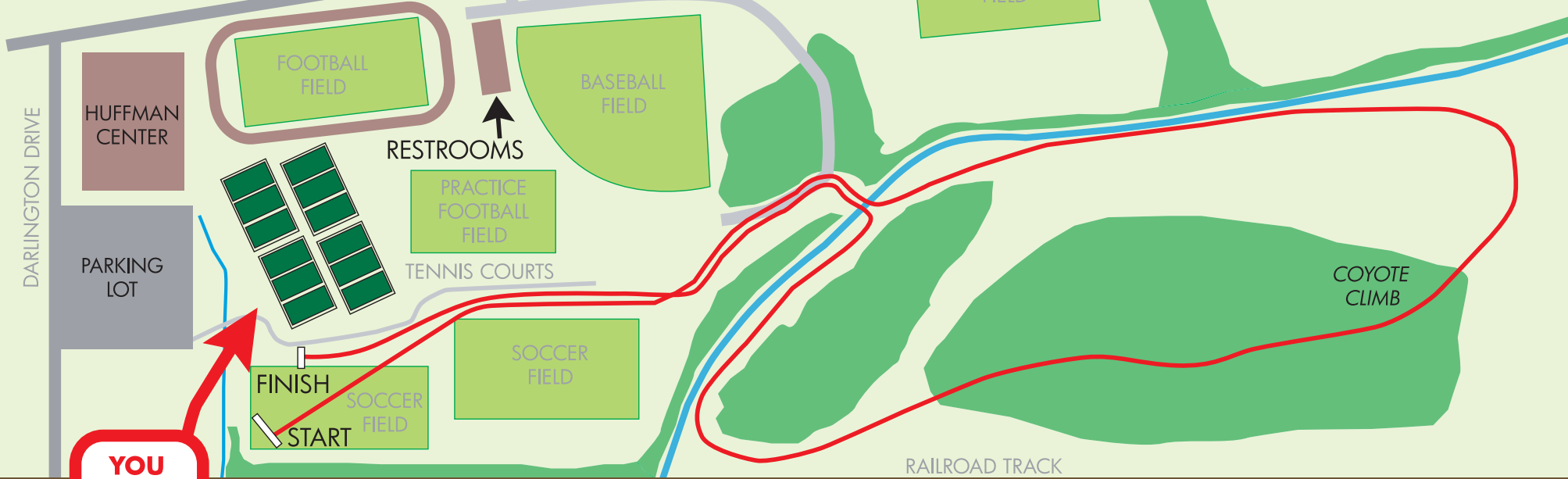
SOCCER FIELD

SOCCER FIELD

RAILROAD TRACK

**YOU ARE HERE**

# DARLINGTON CROSS COUNTRY 2K COURSE



# 9<sup>th</sup> Annual **Darlington Cross Country Festival**

## Saturday, September 29, 2012

This page contains information for HS and MS races; for info on Elementary 2K and Open 5K please see reverse.

### **Entry Information for High School (5000m) and Middle School (3200m) teams:**

You must submit your entries online using **Milesplit**: <http://ga.milesplit.com/meets/112313>

If you have never used Milesplit start here: [http://www.milesplit.us/pages/Online\\_Meet\\_Reg\\_Instructions](http://www.milesplit.us/pages/Online_Meet_Reg_Instructions)

**Deadline:** Online entry must be completed by Wednesday, September 26 at midnight.

**Cost:** **\$60 per team** (girls and boys, HS and MS are separate teams. For example, if you are entering a HS boys **and** a HS girls team it would be \$120; HS **and** MS, boys **and** girls would be \$240.)

Make checks payable to Darlington School and mail to Alan Parish, Darlington School, 1014 Cave Spring Rd SW, Rome, GA 30161.

**Roster:** **Everyone** in all races must be listed on your Milesplit roster (JV runners included. MS coaches please add any elementary runners for the 2K race to your roster). You do not need to state your top 10 or which race a runner will participate in. It is best to put as many names on your roster as possible, even if some of them end up not running. Adding names late is difficult, but having extra names in the computer system is no problem. *All runners in all races must wear a bib number.*

**Schedule:** 7:45 a.m. Open 5K Race (\$10 per runner, open to anyone. **Coaches run free!** See page 2)

8:30 1A- 2A Girls 5K (top 10 runners)

9:10 3A- 6A Girls 5K (top 10 runners)

**Course record: 19:44, Maggie Henderson, Marietta, 2010**

9:50 1A- 2A Boys 5K (top 10 runners)

10:30 3A- 6A Boys 5K (top 10 runners)

**Course record: 16:15, Jesse Baker, Darlington, 2011**

11:10 High School JV Girls 5K (non-scoring, unlimited runners)

11:50 High School JV Boys 5K (non-scoring, unlimited runners)

12:30 Elementary Boys & Girls (1<sup>st</sup>-5<sup>th</sup> grades) **2K** (1.24 miles) race (See page 2)

**\*\*\*Runners in Middle School races must be in 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup> grade\*\*\***

1:00 Middle School Varsity Girls 3200m (top 10 runners)

**Course record: 12:14, Megan Gavin, North Cobb Christian, 2011**

1:30 p.m. Middle School Varsity Boys 3200m (top 10 runners)

**Course record: 11:07, Frank Pittman, Sutton, 2011**

2:00 Middle School JV Combined Boys & Girls 3200m (no team awards, unlimited runners)

**Awards:** Awards will be presented throughout the day between races...

Top three teams in all four of the HS varsity races will receive trophies

Top three teams in the MS varsity races will receive trophies

Top three individuals in all varsity (HS & MS) races will receive trophies

Top 20 runners in all races (varsity and JV, boys and girls) will receive medals

There are no team awards in JV races. *Please do not enter your top runners in JV races!*

**Info: Timing by Fast Feet Timing Services** \* All HS races are GHSA sanctioned \* Open 5K race (7:45 am) is not sanctioned and open to anyone \* Course is 50% grass, 50% crushed gravel, flat and fast. Spectator friendly, almost entire course is easily visible \* All competitors will wear race numbers and electronic results will be available online the day of the race \* T-shirts will be sold and designed on site by Eagle Sportz \* Concessions: food and drinks will be for sale \* Qualified medical trainer will be available \* Directions available online; parking at the Huffman Athletic Center on Darlington Drive

**Contact:** Alan Parish; [aparish@darlingtonschool.org](mailto:aparish@darlingtonschool.org); 615-480-6138; [www.darlingtonschool.org](http://www.darlingtonschool.org)

# 9<sup>th</sup> Annual **Darlington Cross Country Festival**

Saturday, September 29, 2012

[www.darlingtonschool.org](http://www.darlingtonschool.org)

This page contains information for Elementary 2K and Open 5K races; for info on HS and MS please see reverse.

Community/Open 5K race, 8:00 a.m.

Elementary (1<sup>st</sup> -5<sup>th</sup> grades) 2K race, 11:30 a.m.

**LOCATION:** Starts on the Darlington soccer fields, park at the Huffman Athletic Center.

**REGISTRATION:** By mail or register on race day from 7:30 to 8:00 a.m. Elementary one-mile participants can continue to register up until 10:30 a.m. on race day but it helps us significantly if you register in advance. (Coaches of HS and MS teams, please add elementary runners to your Milesplit roster.)

**COST:** \$10 per person for Open 5K, Elementary 2K race is free (but you must still register)! Make checks payable to Darlington School and mail to Alan Parish, Darlington School, 1014 Cave Spring Rd SW, Rome, GA 30161.

*Note: there is no free t-shirt for this event, but you will be able to purchase one after your race.*

**5K AWARDS:** Trophies to top 3 male and top 3 female finishers (no age group awards)

**ELEMENTARY AWARDS:** Top 10 girls and top 10 boys will receive medals as they cross the finish line.

## Other info:

- Course is 50% grass, 50% crushed gravel, flat and fast.
- Spectator friendly; almost the entire course is easily visible.
- All competitors in all races must wear race/bib numbers and electronic results will be posted quickly.
- T-shirts will be sold and designed on site by Eagle Sportz.
- Concessions: food and drinks will be for sale.
- Qualified medical trainer will be available.
- Directions available online; parking at the Huffman Athletic Center.

**Contact:** Alan Parish, Head Varsity Cross Country Coach; [aparish@darlingtonschool.org](mailto:aparish@darlingtonschool.org); cell: 615-480-6138

ATTENTION: Please read carefully and print all information. Waiver must be signed. If under 18 years of age, applicant must have signature of parent or guardian in addition to his/her own. Illegible or incomplete entries will not be accepted. No refunds. Race will be held rain or shine.

---

## DARLINGTON CROSS COUNTRY FESTIVAL

Circle:        -Open 5K race (\$10)-        -Elementary 2K race (free)-        -I am a coach (FREE entry)-

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M or F (circle one)

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email address: \_\_\_\_\_

**Waiver:** I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Darlington School, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I certify that I am 18 years of age or older, or that I am the Parent/Guardian of the entrant and am granting permission for him/her to participate.

---

Signature

Date

Parent/Guardian (if under 18)

Date

<b>NO DESIGNATED BOXES FOR OPEN OR JV RACES</b>		
<b>1A-2A Races: 8:30 Girls, 9:50 Boys</b>	<b>Class (Rank)</b>	<b>Box #</b>
Temple	2A	4
Excel Christian	1A	5
King's Ridge	1A	6
Mount Vernon	1A	7
Walker	1A	8
Coosa	2A (Girls #7)	9
Our Lady of Mercy	1A (Girls #10)	10
Holy Innocents'	1A (Boys #5, Girls #6)	11
Darlington	1A (Girls #2, Boys #2)	12
Mount Pisgah	1A (Boys #4, Girls #8)	13
Model	2A (Boys #4, Girls #9)	14
Bremen	2A (Girls #10)	15
North Cobb Christian	1A	16
Trion	1A	17
Morris Initiative	1A	18
Chattooga	2A	19
St. Francis	1A	20
<b>3A-6A Races: 9:10 Girls, 10:30 Boys</b>	<b>Class (Rank)</b>	<b>Box #</b>
Cedartown	4A	3
River Ridge	4A	4
Woodland	5A	5
North Cobb	6A	6
Kell	5A	7
Etowah	6A	8
Rome	5A (Girls #9)	9
Centennial	6A (Boys only)	10
Wesleyan	2A (Boys #2, Girls #2)	11
Blessed Trinity	3A (Girls #1, Boys #6)	12
Marietta	6A (All-Class Boys #2)	13
Marist	4A (Not full squad)	14
Pickens County	4A (Boys #9, Girls #9)	15
Cherokee	6A	16
Habersham Central	6A	17
Kennesaw Mountain	6A	18
Sprayberry	5A	19
Rockmart	3A	20
Decatur	3A	21
<b>Middle School Races:</b>	<b>Box #</b>	
Excel	2	
Temple	3	
Unity Christian	4	
Renfroe Middle	5	
High Meadows	6	
Etowah	7	
Villa Rica	8	
Rome	9	
Model	10	
Junior Mustangs	11	
Westminster	12	
Junior Hoyas	13	
Junior Warriors	14	
Pace	15	
Darlington	16	
Holy Innocents'	17	
Decatur	18	
North Cobb Christian	19	
Saint Mary's	20	
Central	21	
Cherokee Junior Warriors	22	
North Cherokee	23	