

North East Valley Regional Track & Field Meet

Monday April 28, 2014 and Wednesday April 30, 2014
Horizon High School 5601 E. Greenway Rd. Scottsdale, AZ 85254

Meet Director

- Mike Gleason- Horizon High School
- As meet director, I promise to have all results posted and sent to David Hines before I go home.

Admission:

- Adults- \$5.00 Students- \$4.00 AIA passes welcomed, Children under 13 are free.

Entries

- All entries will be submitted online through Athletic.net. Please ensure that you have entered all of your athletes correctly as we will not be allowing any changes the day of the meet. You must have all of your entries submitted to Athletic.net by 11 PM on Sunday April 27, 2014.
- Each school will be allowed to enter four competitors in each event and one relay. A fast and slow heat will be run for all track races that do not have prelims.
- There will be no changes the day of the meet.
- Heat and Flight assignments will be made available on Monday April 28, 2014

Facilities

- Finish Lynx timing system with finish line clock.
- 8 lane all weather track
- All weather runways for LJ, TJ and PV
- Concrete shot and discus rings
- All weather take off area for HJ

Track Events

- Lanes will be assigned for the preliminary races in the 100, 200, 400 and hurdle races.
- The 8 fastest times will advance to finals.
- The track event check in area is located on the infield by the south end zone.
- The 1600 m relay will be run using a 3 turn stagger.

Field Events

- Long and Triple Jump: We will have an open pit. Each athlete will get 3 preliminary jumps, with the top 9 marks advancing to finals where they will receive 3 additional jumps.
- High Jump: Starting height for Girls 4'0" and Boys 4'10".
- Pole Vault: Starting height for Girls 6'0" and Boys 8'6".
- Shot and Discus: Athletes will be put into flights of 6. Each athlete will get 3 preliminary throws with the top 9 marks advancing to finals where they will receive 3 additional throws.

Entry Fee

- \$300 for both Girls and Boys teams. Make checks payable to Horizon.

Scoring and Awards

- The top eight places will be scored as 10-8-6-5-4-3-2-1.
- Medals will be awarded to the top three athletes and relay teams.
- Team plaques will be given to the top Girls and Boys teams.

Schedule

Monday, April 28, 2014

2:30	Long Jump	Girls
3:00	Pole Vault	Boys
	High Jump	Girls
	Discus	Girls
	Shot Put	Boys
	Triple Jump	Boys (after LJ)

Wednesday, April 30, 2014

2:30	Long Jump	Boys
3:00	Pole Vault	Girls
	High Jump	Boys
	Discus	Boys
	Shot Put	Girls
	Triple Jump	Girls (after LJ)

Running Events

5:00	100m Hurdles	Girls
	110m Hurdles	Boys
	4x800m Relay	Girls
	100m Dash	Girls
	100m Dash	Boys
	1600m Run	Boys
	4x100m Relay	Girls
	4x100m Relay	Boys
	400m Dash	Girls
	400m Dash	Boys
	300m Hurdles	Girls
	300m Hurdles	Boys
	800m Run	Boys
	200m Dash	Girls
	200m Dash	Boys
	3200m Run	Girls
	4x400m Relay	Girls
	4x400m Relay	Boys

Running Events

5:00	100m Hurdles	Girls
	110m Hurdles	Boys
	4x800m Relay	Boys
	100m Dash	Girls
	100m Dash	Boys
	1600m Run	Girls
	4x100m Relay	Girls
	4x100m Relay	Boys
	400m Dash	Girls
	400m Dash	Boys
	300m Hurdles	Girls
	300m Hurdles	Boys
	800m Run	Girls
	200m Dash	Girls
	200m Dash	Boys
	3200m Run	Boys
	4x400m Relay	Girls
	4x400m Relay	Boys

* **Bold Events are Finals**