

The Clarke Massey Relays
March 3th 2012
At
Cordova High School

Cordova High School will be hosting its annual early season track meet “The Clarke Massey Memorial Relays”. We would like to invite your team to participate in our great annual fun meet. In order to ensure that the meet is of reasonable size we will be limiting the size of the meet. It will be determined by the first **25** full teams to sign up. (Partial schools will, of course, be allowed).

There are (3) classifications for your athletes (JV Boys, Varsity Girls, and Varsity Boys). A list of events is included with this letter. You will be allowed Only 2 relay teams per Track & 1 relay field event team, but only the first team will medal. (in the 3200 individual event only 3 athletes per team max will be allowed in each classification) The Pole Vault is only 2 person relay! High jump is back to a 3 person relay Please make a note of that. Being an early season meet, we will be seeding at the line, so no times will be needed in order to be entered. We will be using a XC style finish for the 3200 meter races.

The Clarke Massey medals will be given to the top three relays in each event. In the individual distance race the top 6 will be awarded medals.

When you arrive at Cordova High School you will receive a packet. In each packet you will have another copy of the schedule, a large trash bag, and field event relay cards. **Each relay card needs to be filled out BY THE COACH** and brought to the field event or the athletes may not be allowed to compete with first and last names on the cards.

Entry fees for the meet will be \$180.00 per school (\$75.00 per classification - \$150.00 for two classifications and \$180.00 for a school competing in all three of the classifications.

Remember – Only the first **25** schools entering full teams will be considered so send in your response via email to smjackso@fcusd.org . Include in your response the following information

- A. School Name
- B. Coaches name or contact person
- C. Contact persons Email or phone number
- D. Classifications you will be bringing.

For further information please contact Meet Manager Shane Jackson at 916-362-1104 x 447 at Cordova High School or 916-743-9062 cell. Email is Smjackso@fcusd.org or Mail me at **Cordova High School c/o Coach Shane Jackson: 2239 Chase Drive, Rancho Cordova, CA 95670**

The Cordova High Lancers looks forward to seeing you on a great day for competition.

On a side note: Any team that wants to run an event for the full day please contact me and we can set up a reduced fee for the meet. smjackso@fcusd.org

Clarke Massey Memorial Relays
Order of Events
Beginning At 8:45 AM

FROSH/SOPH 3200 METERS
 VARSITY GIRLS 3200 METERS
 VARSITY BOYS 3200 METERS

VARSITY BOYS 4 X 65 HIGH HURDLES
 FROSH/SOPH 4 X 65 INT HURDLES
 VARSITY GIRLS 4 X 60 HIGH HURDLES

FROSH/SOPH 4 X 100m RELAY
 VARSITY GIRLS 4 X 100m RELAY
 VARSITY BOYS 4 X 100m RELAY

FROSH/SOPH 4 X 800m RELAY
 VARSITY GIRLS 4 X 800m RELAY
 VARSITY BOYS 4 X 800m RELAY

FROSH/SOPH SPRINT MEDLEY (100-100-200-400)
 VARSITY GIRLS SPRINT MEDLEY (100-100-200-400)
 VARSITY BOYS SPRINT MEDLEY (100-100-200-400)

FROSH/SOPH 4 X 200m RELAY
 VARSITY GIRLS 4 X 200m RELAY
 VARSITY BOYS 4 X 200m RELAY

FROSH/SOPH DISTANCE MEDLEY (1200-400-800-1600)
 VARSITY GIRLS DISTANCE MEDLEY (1200-400-800-1600)
 VARSITY BOYS DISTANCE MEDLEY (1200-400-800-1600)

FROSH/SOPH 4 X 400m RELAY
 VARSITY GIRLS 4 X 400m RELAY
 VARSITY BOYS 4 X 400m RELAY

LONG JUMP - PIT # 1
 VARSITY BOYS - 9:00AM
 FROSH/SOPH - at completion of VB
 VARSITY GIRLS - at completion of F/S

SHOT PUT
 VARSITY BOYS - 9:00AM, Ring # 1
 VARSITY GIRLS - at completion of V/B
 FROSH/SOPH - at completion of F/S Discus, Ring # 2

HIGH JUMP
 FROSH/SOPH - 9:00AM
 VARSITY GIRLS - at completion of F/S
 VARSITY BOYS - at completion of VG

TRIPLE JUMP - PIT #2
 VARSITY GIRLS - 9:00AM
 VARSITY BOYS - at completion of VG
 FROSH/SOPH - at completion of VB

DISCUS
 VARSITY GIRLS - 9:00AM, RING # 1
 VARSITY BOYS - at completion of VG
 FROSH/SOPH - 9:00AM, RING #2

POLE VAULT
 VARSITY GIRLS - 9:00AM
 FROSH/SOPH - at completion of VG
 VARSITY BOYS - at completion of F/S