

11th Annual San Rafael Twilight Relays

Saturday, March 3, 2012

San Rafael High School

185 Mission Ave.

San Rafael, CA 94901

www.TwilightRelays.com

** Where the Stars Come Out to Shine **

4:00 PM Start

How to Enter

Entry is limited to the first 30 schools.

Please check back for the entry deadline

Entry Fees: \$15.00 per relay team.

How to Enter:

Email Entries to: jjacobson6000@gmail.com

Example Entry

School: San Rafael High School

Coach: Jason Jacobson

Email: jjacobson6000@gmail.com

List race and estimated time of each relay team.

Girls Sprint Medley Relay

Team A: 2:10

Team B: 2:15

Team C: 2:20

Boys Sprint Medley Relay

Team A: 1:50

Team B: 2:00

Girls Distance Medley Relay

Team A: 14:00

Boys Distance Medley Relay

Team A: 12:00

Team B: 12:30

Coed 4x200 meter Relay

Team A: 1:50

Team B: 2:00

Team C: 2:10

Coed 4x800 meter Relay

Team A: 11:00

Total Entry Fees: 12 relay teams x \$15 each = \$180.