

OC Invitational

Track & Field Meet

Oaks Christian high school would like to invite your school to participate in an early season multiple school track & field meet. Our objective is to provide an early season "low-key" and creative meet for smaller school track team participation.

Date: Saturday, March 3, 2012

Levels: Boys Varsity Girls Varsity

Boys Frosh/Soph Girls Frosh / Soph

Start Time: 8:30 AM

Location: The Thorson Stadium and Ashton Family Track at Oaks Christian School

Facility: 9-Lane All-Weather Track, High Jump & Long Jump

Timing: FAT (Finish Lynx system)

Entries: All Entries will be submitted online through Episports.com,

beginning January 23, 7:00am and ending on March 1, 2:00pm.

THREE entries per Individual Running Event and per Relay

THREE entries per HJ, LJ, TJ, SP, DT

UNLIMITED entries per PV

Cost: \$250 per school (\$125 single gender)

Checks Payable to Oaks Christian Track & Field 31749 La Tienda Dr. – Westlake Village, CA 91362

If you are interested contact:

Fred Largent Wesley Smith

Cell (818) 802-5328 Office (818) 575-9241

Email <u>fredl@villagechristian.org</u> E-mail <u>wsmith@oakschristian.org</u>



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Schedule of Events

V DMR	8:30 AM	Triple Jump	BFS	9:00 AM	Right Pit
4x100m	9:00 AM		BV GFS GV	to follow 9:00 AM to follow	Left Pit
FS 1500m	9:15 AM	High Jump	GFS BV	9:00 AM to follow	
110HH	10:10 AM		GV BFS	to follow to follow	
100IH			220		
400m	10: 30 AM	Pole Vault	BFS GV BV GFS	9:00 AM to follow to follow to follow	
100m	10:55 AM	Shot Put	BFS	9:00 AM	
4x800m	11:25 PM		GV BV GFS	to follow to follow to follow	
Official's Lunch Break	11:55 PM	Discus	GFS	9:00 AM	
300IH	1:25 PM		BV GV BFS	to follow to follow to follow	
300LH					
V 1500m	1:45 PM	Long Jump	GV GFS	12:00 PM to follow	Left Pit
4x200m	2:20 PM		BV BFS	12:00 PM to follow	Right Pit
FS DMR	2:50 PM	ORDER OF RACES:		BFS, GFS, BV, GV	
4x400m	3:30 PM	ORDER OF HURDLE RACES:		BFS, BV, GFS, GV	
Special Awards	4:15 PM	Itinerary Subject to Change Pending Number of Entries!			



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General Information

Spectators Entrance: Main Gate. There will be a \$3.00 entry fee for all spectators

Athlete / Coach Entrance: West Gate

Concessions: Pizza, sub sandwiches, sports drinks, water, typical concession items and more

Track & Field Facility: Synthetic 9-Lane Track & Synthetic Runways and synthetic grass

Spike Length: 3/16" pyramid spikes.

Participants without appropriate spikes will not be permitted to run in spikes.

Warm Up / Team Area: The middle school synthetic grass baseball field will be available for warm up and

team canopies.. Please leave the stadium available for spectators.

Infield for competition only: Please, keep athletes not competing off the infield.

Parents, fans and coaches will not be permitted on the infield.

Track & Field Access: NW Gate: Clerk of the Meet / all field event access

E Gate: Exit only (near the PV & HJ

Reporting for Events: Field Events: With the event officials.

Track Events: Staging area near the NW Gate

Bus or Van Parking: Please use La Tienda Drive parallel to the 101 Freeway.

Bus loading & unloading must occur in the church parking lot.

Restrooms: The stadium restrooms will be available. These can be used for dressing rooms.

Please, supervise your athletes. DO NOT let athletes wander about the campus.