HERB WYRE INVITATIONAL

Palmdale High School Host

Dear Coach,

Palmdale High School is proud to host the <u>21th Annual Herb Wyre Invitational</u> on <u>Saturday, March 3rd, 2012</u> at <u>AntelopeValley College.</u> This meet will be held rain or shine. Antelope Valley College's track is a Mondo Super X Performance facility... Please contact Angel Duen (Meet Director) via E-mail <u>angel.duen@gmail.com</u> or at Palmdale High School (661) 273-3181, ext. 223, for more information.

<u>Divisions:</u> There will be two divisions this year: **Varsity and Junior Varsity** (small schools may decide to run varsity or junior varsity)

Awards: Top three finishers in each event overall.

Entry Information:

Entry Fees: \$350, for both boys and girls teams. \$200 boys only, or \$200 girls only. Checks payable to Palmdale Track Club

Late fee of \$50.00 cash will be charged if not paid by the day of the meet.

Spectators \$5, Children \$2, 4 and under Free.

Contract is due by February 17, 2012.

All entries are to be entered on <u>directathletics.com</u> Direct Athletics will open on Februrary 1, noon, and close on Feb. 29, 2012, 7 p.m.

Events:

RELAYS: 4x100, 4x800, 4x400, Distance Medley (1200, 400, 800, 1600), Sprint Medley (100, 100, 200, 400)

RUNNING EVENTS: 100-1 athlete per school. 300-2 athletes per school 1500-2 athletes per school.

3000-unlimited entries

FIELD EVENTS: Shot put, Discus, Triple Jump, Long Jump, High Jump, Pole Vault (4 attempts, no finals) (3 athletes per event, unlimited J.V. entries)

To help speed to meet up there are 2 LJ/TJ pits, 2 HJ Pits, 2 PV runways and 2 SP rings.

Time: All events start at 9:00 A.M. Meet should end by 3:45.

Concessions, tee shirts, and spikes will be available for purchase. Spikes required are 3/16 pyramid.

NEEDLE SPIKES WILL NOT BE ALLOWED

All athletes will have their shoes checked at the entrance, at the clerk's table and the starting line. Order of Events

Order of Events

4 x 100m Relay

Distance Medley

Sprint Medley (800m)

1500m (Varsity Only 2 per school)

300m (Varsity Only 2 per school)

*100m (Varsity only 2 per school)

4 x 800m Relay

4 x 200m Relay

3000m (Unlimited Entries)

4 x 400m Relay

Big Man Relay

Field Events

Shot Put

Discus

High Jump (2 Pits)

Pole Vault (2 Pits)

Long Jump (2 Pits)

Triple Jump (2 Pits)