The Peaks X-C Invite

When: Saturday, September 3, 2011

Where: Buffalo Park, 2400 N Gemini Dr., Flagstaff, AZ 86001

Course: 5k loop course on hard pack dirt urban trail

Races: We offer a novice race for beginning cross country runners that is not team scored. It will be about 2.2 miles in length. Open is for non-varsity runners and is the same 5k course as the varsity races. We also offer two varsity races, with the Summit division being slightly faster. You can not run the same gender in both Ascent or Summit, please choose one division for varsity.

8:00am

Entry Fee: \$120 per single gender team or \$200 for both boys/girls teams.

Payable to: Flagstaff HS, c/o XC 400 W Elm, Flagstaff, AZ 86001

Buses/Vans: You may unload at the park entrance, but busses and school vans must park off site at Coconino HS.

Parking: There is limited parking on site for spectators only. Additional parking is located at Coconino HS.

EZ Up Tents: MUST be weighted down per City of Flagstaff rules.

Jewelry: Is not allowed and must be removed before the start.

Schedule

Novice Boys (2.2 miles) Novice Girls (2.2 miles) 8:05am 8:45am *Ascent Girls (varsity) 9:30am *Ascent Boys (varsity) 10:15am Open/JV Girls 11:00am Open/JV Boys 11:45am *Summit Girls (faster varsity) 12:15pm *Summit Boys (faster varsity) Awards & College races to follow *You may only enter one varsity race.

Awards

Novice: Top 10 individuals (no team score) Open: Top 15 individuals + top team Ascent: Top 20 individuals + top two teams Summit: Top 25 individuals + top three teams

Contact: Trina Painter: trinap1@msn.com FHS: (928) 773-8100 Fax (928) 773-8146

Entry Information

You must enter online at: www.wingfootfinish.com (register your school and enter your roster)

Entries close on Aug. 29th at 8pm. *Print your entries for verification.

Confirmed teams will be listed on the www.wingfootfinish.com

Varsity races will be capped at 25 teams.

The first 25 confirmed teams will be placed on the front line, all others will be lined up in a 2nd row of starting boxes.