



2011 Saddle Up Invitational

SPONSORED BY:



Meet Date: *Saturday March 5th, 2011* Meet will begin at 8:30am

Location: Vista Murrieta High School
28251 Clinton Keith Road
Murrieta, CA 92563

Divisions: Varsity & F/S competition for both Boys & Girls

Events: Please see separate Schedule of Events – *time schedule is tentative*

Awards: Custom Medals will be awarded to 1st through 6th places per event in each division. There will be no team scoring or team trophy.

Entries: Entries will be done online through *Finished Results* at www.finishedresults.com
Entries open February 15th and close on Tuesday March 1st (midnight)

Each team will be allowed four (4) athletes per division per event for all track and field events except the Pole Vault, which will allow three (3) athletes per level. Athletes without known marks please list as NM (no-mark) or make a realistic guess (We understand it is an early season meet)

Cost: \$350 (*Boys & Girls Team*) \$200 (*Boys or Girls Only*)

Please make checks payable to: *Vista Murrieta Track & Field*

Check-In: Team check-in will begin at 7 A.M. by the visitor's ticket booth. Packets and heat sheets will be available at this time. All payments of entry fees must be paid at this time, if your school has not already mailed payment. The meet will begin at 8:30.

Participant/Team Seating:

All participants should sit in the north stands during the meet. Access to the warm-up area and back to the stands will be around the east side of the track through the gate adjacent to the south stands. Shade structures are allowed only in upper portion of the stands.

Spikes: 3/16" needle or pyramid spikes or smaller are required on our track. Please alert your athletes prior to arriving. Packet of spike will be sold at the gate for \$3.

Scratches: Late scratches or name changes can be made prior to Friday March 5th by e-mailing Coach Candaele at ccandaele@murrieta.k12.ca.us or calling (951)-894-5750 x 6710. On the day of the meet you may substitute athletes, but no additions will be allowed.



2011 Saddle Up Invitational

SPONSORED BY:



Athlete Admission:

Athletes in uniform or sweats will be admitted at the team check-in gate. Weight event athletes and those returning to the team area must be in uniform and identify themselves as a participant. The athlete gate for the warm-up area is adjacent to the spectator stands.

Starting heights/ Field events:

Starting heights will be determined after the fields for the high jump and pole vault are completed. In the other field events we will conduct them in flights. Athletes in each individual flight will rotate until all three trials are completed. Please have athletes remain close to their venue as we will do our best to hustle the field events to get all completed in a timely manner.

Alley Starts:

A one turn alley start will be utilized in the distance events.

Athletic Trainer:

We will have our athletic trainer Lance, on site all day. Please be aware that we will not provide tape for your athletes. If a school provides tape, we will tape them.

Spectator Admission:

Costs to spectators will be \$5.00 for adults \$3.00 for students (with school ID), and \$1.00 for kids under 12. Small children will be admitted free. PASSES: Only official CIF passes will be honored at the gate. Spectator seating will be on the south side bleachers away from the press box.

Snack bar:

A fully stocked snack bar will be utilized. Drinks, breakfast snacks and lunch items will be for sale. We will also have healthy snacks available.

Coaches Hospitality Room:

Come join your fellow coaches in the all-day (or until the food runs-out) hospitality room. It will be located on the athlete's side inside the main team room next to the snack bar. This room has a restroom available for adults only. Please do not allow any athletes to join you in this room.

Warm-up Area:

The warm-up area will be located on the JV baseball outfield area. This is located behind the shot put area. Please only utilize the outfield area and have students stay off the infield and out of the team bench areas. Please listen for event calls from the stadium public address system as they are made. A small grass warm-up area is available next to the clerk/ staging area for continued warm-up as other heats are being run. Please be aware of the pole vaulters who will be adjacent to this warm-up area. No warm-up will be permitted on the infield area of the track.



2011 Saddle Up Invitational

SPONSORED BY:



CLERK OF THE COURSE:

The clerk of the course will be located in the south west corner of the stadium. Field event athletes should report to their respective event area to check in for competition. Athletes are responsible for checking in with the clerk at the last call for their event. If this is not done, an athlete will be replaced by an alternate. Please have your athlete, or a coach, listening for these calls from the clerk.

Clerk Event Calls: All Laned Races will be re-seeded at the clerk to minimize heats

Please have just stop by to check in and then continue their warm-up

CALL SCHEDULE:

40 minutes prior to event – first call

30 minutes prior to event – second call

25 minutes prior to event – third call/ CHECK-IN CLOSES for RE-SEEDING!!!

Athletes in BOTH a field event and running event must keep up on the time schedule and calls for their events. A field event athlete must return and check-in with the clerk and go to the staging area if in a track event. Failure to do so will result in a scratch. ALL athletes in running events must check-in with the clerk of the course in the staging area. Field athletes checking out from a field event to run must return immediately after running to finish their event trials. Athletes will be assigned lanes, given hip numbers for the finish Lynx timing system and then taken to the start.

Programs/Heat Sheets:

OFFICIAL PROGRAMS: Programs will be sold all day (each coaches packet will contain one program)

Directions to school:

From San Diego: I-15 North through Temecula, Veer onto I-215 into Murrieta, exit Clinton Keith road, Turn right “East” school on right side.

From Riverside: I-215 south through Menifee, exit Clinton Keith Road, turn left “east” school on right side.

From Corona: I-15 south through Elsinore, exit Clinton Keith road turn left “east” cross over I-215, school is on the right side.

BUS DROP-OFF BEHIND THE SCORE BOARD IN THE STADIUM PARKING LOT. TURN IN IMMEDIATELY PAST STADIUM BEHIND SNACK BAR. ONCE ATHLETES ARE DROPPED OFF PLEASE PARK BUSES BEHIND TENNIS COURTS IN LOT ADJACENT TO LOWER SOFTBALL FIELDS.