



OC / VC Invitational Track & Field Meet

Oaks Christian and Village Christian high schools would like to invite your school to participate in an early season multiple school track & field meet. Our objective is to provide an early season "low-key" and creative meet for smaller school track team participation. Lane five was dedicated by the track parents through fund raising with the stadium renovation and is now the "Malachi Smith Champion Lane" and is highlighted in yellow. There will be a 40m race in honor of Malachi Smith at the beginning of the meet.

Date: Saturday, March 5, 2011

Levels: Boys Varsity Girls Varsity
Boys Frosh/Soph Girls Frosh / Soph

Start Time: 8:30 AM

Location: The Thorson Stadium and Ashton Family Track at Oaks Christian School

Facility: 9-Lane All-Weather Track, High Jump & Long Jump

Timing: FAT (Finish Lynx system)

Entries: All Entries will be submitted online through Episports.com, beginning February 1 and ending on March 1.
THREE entries per Individual Running Event and per Relay
THREE entries per HJ, PV, SP, DT
TWO entries per LJ
Fax (818) 767-1660

Cost: \$250 per school (\$125 single gender)
Checks Payable to Oaks Christian Track & Field
31749 La Tienda Dr. – Westlake Village, CA 91362

If you are interested contact:

Fred Largent
Office (818) 767-8382 ext. 293
Cell (818) 802-5328
Email fredl@villagechristian.org



OC / VC Invitational Track & Field Meet

Schedule of Events

V DMR 8:30 AM

4x100m 9:00 AM

FS 1500m 9:15 AM

110HH 10:10 AM

100IH

400m 10:30 AM

100m 10:55 AM

4x800m 11:25 AM

Official's
Lunch Break 11:55 AM

300IH 1:25 PM

300LH

V 1500m 1:45 PM

4x200m 2:20 PM

FS DMR 2:50 PM

4x400m 3:30 PM

Special Awards 4:15 PM

Long Jump BFS 9:00 AM
GFS to follow
BV to follow
GV to follow

High Jump GFS 9:00 AM
BV to follow
GV to follow
BFS to follow

Pole Vault BFS 9:00 AM
GV to follow
BV to follow
GFS to follow

Shot Put BFS 9:00 AM
GV to follow
BV to follow
GFS to follow

Discus GFS 9:00 AM
BV to follow
GV to follow
BFS to follow

Triple Jump GV 9:00
BV to follow
GFS to follow
BFS to follow

ORDER OF RACES: BFS, GFS, BV, GV

ORDER OF HURDLE RACES: BFS, BV, GFS, GV

Itinerary Subject to Change Pending Number of Entries!

Oaks Christian Home Meet Information

General Information

Spectators:

There will be a \$3.00 entry fee for all non athletes and coaches. All athletes and coaches please enter in the west gate. There will be a full concession stand. We will also be selling a limited amount of OC/VC T- shirts (while supplies last).

Track & Field Facility:

Synthetic 9-Lane Track & Synthetic Runways

Spike Length:

3/16" – NO EXCEPTIONS:

Participants without appropriate spikes will not be permitted to run (or will run in trainers). On Track will have the spikes and other track related items for sale.

Warm Up Area:

Warm-up will be on the Middle School football field on the west side of the campus.

Team Area(s):

Set up team area(s), tents, etc. in the stands (upper 2 rows of the bleachers) or outside the perimeter fence of the stadium or lower level of the parking structure.

Athlete Check In:

Field Events: With the event officials.

Track Events: Staging area.

Bus or Van Parking:

Please use La Tienda Dr parallel to the 101 Freeway. Busses will not be granted access to the parking structure.

Restrooms & Dressing Rooms:

The stadium restrooms will be available. These can be used for dressing rooms.

Please, supervise your athletes. DO NOT let athletes wander around the campus. Thank you.