

## **Gulf Coast Relays**

### **GENERAL INFORMATION**

DATE: March 24, 2016

PLACE: Hopper Field Freeport, Texas

PRELIMS: ( NO PRELIMS )

FINALS: FIELD EVENTS – 1:00 ( 4 THROWS AND 4 JUMPS -- NO PRELIMS )

3200m Run ----3:00 PM.

RUNNING EVENTS -- 30 min after last field event.

ENTRY FEE:

\$150.00 FOR EACH VARSITY TEAM  
MAKE CHECKS PAYABLE TO :

#### ***BRAZOSPORT HIGH SCHOOL BOOSTER CLUB***

A MEAL FOR COACHES WILL BE SERVED AT THE BREAK.  
CONTESTANTS LUNCHES CAN BE PURCHASED FROM THE BOOSTER  
CLUB FOR \$5.00 ( burger, chips, and a drink. ) Need a count by 3/17/16

PARKING: STUDENT PARTKING LOT

FACILITIES:

WE HAVE A BRAND NEW ALL-WEATHER 8 LANE TRACK. 1/4 INCH SPIKES OR LESS  
ARE REQUIRED. SHOT AND DISCUS RINGS ARE CONCRETE. STARTING  
BLOCKS WILL BE FURNISHED FOR EACH LANE. EACH SCHOOL WILL  
NEED THEIR OWN BLOCK SETTERS.

AWARDS:

1. TEAM CHAMPION
2. INDIV. MEDALS: 1ST SIX PLACES IN ALL EVENTS

# GULF COAST RELAYS 2016 EVENTS SCHEDULE

3/24/2016

12:00-1:00                      SCRATCH  
MEETING

1:00 P.M.                      FIELD EVENTS

Pole Vault	VG/VB		
Shot put	VB/VG	(4 Throws )	*
Discus	VG/VB	(4 Throws )	*
Long Jump	VG/VB	(4 Jumps )	
High Jump	VB/VG		
Triple Jump	VB/VG	(4 Jumps )	

3:00 P.M.                      3200m Run                      VG/VB

\*\*\*\*\* BREAK (30 MIN AFTER LAST FIELD EVENT) \*\*\*\*\*

4:00 P.M.                      RUNNING EVENTS                      ( finals only )

4 X 100m Relay	VG/VB
800m dash	VG/VB
100m hurdles	VG
110m hurdles	VB
100m dash	VG/VB
4X 200m Relay	VG/VB
400m dash	VG/VB
300m hurdles	VG/VB
200m dash	VG/VB
1600m run	VG/VB
4 X 400m Relay	VG/VB

\* Medals, trophies and meet results can be picked up in the press box.