



# LUMBERJACK INVITATIONAL

11th Annual

**Date/Time:** Saturday, September 3, 2016

## Tentative Schedule

8:00am	Varsity Girls	5,000 meters
8:35am	Varsity Boys	5,000 meters
9:10am	Varsity Girls	3,200 meters
9:40am	JV Boys	5,000 meters
10:15am	JV Girls	3,200 meters
10:45am	MS Girls	3,200 meters
11:15am	MS Boys	3,200 meters

\*Meet Time Schedule Subject to Change

**Location:** Pecan Acres City Park on Starr Avenue across from the SFA Intramural Fields

**Confirmation:** **The confirmation page should be e-mailed** to Coach Cody Clark (clarkcody@sfasu.edu). After confirmation page is received you will be guaranteed entry into the meet along with complimentary shirt for the head coach only. Additional shirts for assistant coaches will depend on availability after the meet is over.

**Entry Fee:** \$100 per gender (one fee for JV and Varsity) for the high school competition. The fee for the middle school race is an additional \$50, which includes both the boys and girls. A team bringing both high school boys and girls with a middle school team would pay \$250 total. Unattached individuals (\$25) that have e-mailed Coach Clark (clarkcody@sfasu.edu) and have been approved will be accepted. Payment can be made on race day by cash or check, filled out to "SFA Cross Country." Please make sure you have the correct amount on your check, no refunds will be issued.

**Entry Deadline:** Entries will be due on **Tuesday August, 30th by Noon.**

**Entry Process:** Entries must be e-mailed to Coach Brionne Clark (clarkby@sfasu.edu). Please divide your entries into a boy's varsity, boy's junior varsity, and boy's junior high along with girl's varsity, girl's junior varsity, and girl's junior high. **No entries will be accepted by mail or fax.** Any 10 will be allowed to run in the varsity races with only 7 counting. There will be unlimited entries in the JV and middle school races.

**Minimum Times:** This year we will be using minimum times to keep each race starting on time. We will stop the timing clock once the clock hits: VG(5K) - 30min, VB -30min, VG(3200m) - 25min, JVB - 30min, JVG(3200m) - 25min, JHG(3200m) - 25min, JHB(3200m) - 25min





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**Course:**

The race will be held in Pecan Acres Park which is located across from the intramural fields on Starr Avenue. It is a loop cross country course that consists of all dirt/grass, 75% of which is shaded. The boys and girls 5k course will consist of two and one half loops and the 3,200m course will be one and one half loops. Course maps will be posted on [www.sfajacks.com](http://www.sfajacks.com) => cross country page=>“more links” tab. Last year’s event featured great competition from more than 30 high schools and 1,200 athletes.

**Meet Information:**

All updated meet information can be found on [www.sfajacks.com](http://www.sfajacks.com). Go to the cross country page then click on the “more links” tab. The meet’s information is located by clicking on 2016 HS Lumberjack Invitational.

**Results:**

Results will be available shortly after the completion of each race and posted on the results coke trailer by the park pavilion.

**Concession:**

Powerade, soft drinks, and water will be for sale by park pavilion.

**Awards:**

The top ten individuals and top two teams in each of the seven divisions will receive awards. The head coach from each high school will receive a free shirt. Shortly after final results are posted for each race, all awards can be picked up at the Coke trailer. There will not be a formal awards ceremony.

**Medical:**

Stephen F. Austin will provide a full training staff for the race. They will be set up one hour before the start of the first race.

**Parking:**

**Only school buses** will be allowed to park in the main lot at Pecan Acres. Spectators will be able to park on Wilson Drive, which is across the street. Those spectators will have to use caution crossing the road into the park due to heavy traffic. Coaches please advise athletes and parents of this issue.

**Please contact the Stephen F. Austin Cross Country office with any questions at 936-468-4062**

**We look forward to your school’s participation**





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## High School Entry Confirmation

**Confirmation:** Please confirm your team's entry by emailing form it to Coach Clark (clarkcody@sfasu.edu)

**Website:** All updated meet information can be found on the can be found on [www.sfajacks.com](http://www.sfajacks.com). Go to the cross country page then click on the "more links" tab. The meet's information is located by clicking on 2016 HS Lumberjack Invitational.

**Contact:** Please contact the cross country office with any questions at 936-468-4062

**Date/Time:** September 3, 2016—Races will tentatively start between 8:00am and 11:20am

**School:** \_\_\_\_\_

**Coach's Name(s):** \_\_\_\_\_

**Coach's Email(s):** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Please mark on the line of the races you will be competing and CIRCLE the designated race you want to run for the Varsity Girls Race:**

**Varsity Boys**

**Varsity Girls (5K or 3,200m)**

**JV Boys**

**JV Girls**



STEPHEN F. AUSTIN STATE UNIVERSITY



# LUMBERJACK INVITATIONAL

11th Annual

## Jr. High Entry Confirmation

**Confirmation:** Please confirm your team's entry by e-mailing Coach Clark (clarkcody@sfasu.edu).

**Website:** All updated meet information can be found on the can be found on [www.sfajacks.com](http://www.sfajacks.com). Go to the cross country page then click on the "more links" tab. The meet's information is located by clicking on 2016 HS Lumberjack Invitational.

**Contact:** Please contact the cross country office with any questions at 936-468-4062

**Date/Time:** September 3, 2016—Races will tentatively start between 8:00am and 11:20am

**Jr. High:** \_\_\_\_\_

**Coach's Name(s):** \_\_\_\_\_

**Coach's Email(s):** \_\_\_\_\_

**Office Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Please mark on the line of the races that you be competing in:**

\_\_\_\_\_

**Jr. High Boys**

\_\_\_\_\_

**Jr. High Girls**

