

2016 Eddie Payne – Carter Shootout

MEET DATE: *Saturday, March 26, 2016*

MEET SITE: *Jesse Owens Athletic Complex*

CONTACT INFORMATION: William Conner, Head Boys Track & Field, Carter High School.

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Lauren Cross, Head Girls Track & Field, Carter High School.

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8:00am All COACHES' MEETING in Locker Room.

TIMES: 8:30am Varsity Field Events & 3200m Run (JVg, JVb, Vg, Vb)

9:30am 4x100m Relay (ROLLING SCHEDULE)

12:30pm Girls Pole Vault, followed by Boys

2:00pm Finals (ROLLING SCHEDULE)

DIVISIONS: Varsity Boys & Girls: UIL Event Order. JV Boys & Girls: 2 Entries per event, Finals against time.

ENTRIES DIRECTATHLETICS, will be open for registration on Thursday, February 25th at 8:00am until Thursday March 24, 2016 at 6:00pm. No Changes will be made after that time. Only Scratches will be made during the Scratch meeting.

ENTRY FEES: Varsity Boys & Girls Team: \$10.00 per Athlete / \$200.00 Maximum.
JV Boys & Girls Team: \$7.00 per Athlete / \$150.00 Maximum.
There is a \$400.00 Maximum for all 4 teams from the same school. Please make checks payable to
Carter HS Girls Track, Carter High School, 1819 W. Wheatland Rd. Dallas, Texas 75232
Carter HS Boys Track, Carter High School, 1819 W. Wheatland Rd, Dallas, Texas 75232

AWARDS: Medals for First, Second and Third Place finishers in each event. There will be trophies for 1st place teams in each division.

RULES: The meet will be governed by the National Federation of High School Associations rules, as well as University Interscholastic League rules.

TRACK & RUNWAYS: Synthetic surface requiring ¼" spikes or less.

MARKINGS: Tape used on any track surface must be removed by you or your athletes!!! You may also use tennis balls, etc.

HEAT SHEETS: Heat sheets will be provided in the morning for the preliminaries. For Finals Contestants, sheets will be posted. These sheets will be posted throughout the morning as preliminary round are concluded and certified.

Fully Automatic Timing will be used to determine times and places. All events may also be hand timed and picked for precautionary measures. The meet director will make all logistic decisions regarding placement of starting and finish lines, runway direction, and timing systems.

EXPEDIENCY: Coaches, please have your athletes ready to cooperate with the preliminary heating clerks. We will conduct this meet in an orderly and timely manner.

Boys High Jump starting height will be 5'6" and will be raised in 2" increments to 6'2". Above 6'2", the bar will be raised in 1" increments, thru conclusion. **Girls High Jump** starting height will be 4'6" and will be raised in 2" increments to 5'0". Above 5'0", the bar will be raised in 1" increments, thru conclusion.

Long and Triple Jump will be flighted, with 3 Jumps for each Varsity Contestant. We will have minimums Jumps for the Varsity division this year. **Long Jump and Triple Jump events will have Minimum Distances for marking. For Long Jump, Girls Minimum will be 15' 0", and Boys Minimum will be 19' 0". For Triple Jump, Minimums will be 30' 0" for Girls, and 39' 0" for Boys.**

Boys Pole Vault starting height will be 8'6" and will be raised in 6" increments, thru conclusion. (Coaches w/ athletes in this event, please help out)

Girls Pole Vault starting height will be 7'0" and will be raised in 6' increments, thru conclusion. (Coaches w/ athletes in this event, please help out)

Shot Put and Discus will be flighted, with all Varsity Throwers getting 3 throws, 3 Throws for JV Throwers. The sector for Shot & Discus will be marked at 40 degrees. **Shot Put and Discus will have Minimum Distances for marking. It will be determined during the coaches meeting.**

Hurdles will be run in all lanes. Curve judges will be present for the 300m Hurdles. Please make sure that your athletes understand the rules prior to racing.

LUNCH: A lunch will be provided for 2 coaches per varsity team.

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Order of Events

VARSITY & JV FIELD EVENTS

(VARSITY: 3 Jumps/Throws)

NO JV -LJ,TJ,HJ,PV

8:30am	Varsity Girls Varsity Boys	Long Jump(Pit 1), Shot Put Long Jump(Pit 2), Discus
9:45am	Varsity Girls Varsity Boys	Triple Jump(Pit 1), Discus Triple Jump(Pit 2), Shot Put
11:00am 11:45am	Varsity Girls Varsity Boys	High Jump High Jump
12:00pm	JV Girls JV Boys	Discus (followed by JV Boys) Shot Put (followed by JV Girls)
12:30pm	Pole Vault	Girls, followed by Boys <i>(Varsity Only) (Coaches w/ athletes in this event, please help out)</i>

RUNNING PRELIMS

(Rolling Schedule, BLACK= Finals vs Time/RED=Pre-Lims)

(All 4x100= Prelims & VG/VB 100m= Prelims)

CJR is Elementary School athletes

8:30am	3200m Run(final)	JVg, JVb, VG, VB
9:30am	4x100m Relay	JVg, JVb, VG, VB (CJR 4x100 G/B)
	800m Run	JVg, JVb
	100m Dash	JVg, JVb, VG, VB (CJR 100m G/B)
	400m Dash	JVg, JVb, VG, VB
	200m Dash	JVg, JVb, VG, VB (CJR 200m G/B)
	1600m Run	JVg, JVb
11:30 - 1:30pm	COACHES' LUNCH	

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Order of Events – Finals

*@ Jesse Owens Athletic Complex
(ROLLING SCHEDULE)*

1:50pm	Opening Ceremonies	Recognizing Seniors
2:00pm	4x100m Relay	JVg, JVb, VG, VB
	800m Run	VG, VB
	100m Hurdles	JVg, VG (Heats vs Times)
	110m Hurdles	JVb, VB (Heats vs Times)
	100m Dash	VG, VB
	4x200m Relay (Heats Against Time)	JVg, VG, JVb, VB (Heats vs Times)
	Throwers Relay	VG, VB
	300m Hurdles	JVg, VG, JVb, VB (Heats vs Times)
	1600m Run	VG, VB
	4x400m Relay	JVg, JVb, VG, VB (Heats vs Times)

Presentation of Awards

JV Boys & Girls Team Champion.

Varsity Boys & Girls Team Champion