

**4th Annual Mountain Range XC Invitational**

**Friday, September 13th 2013**

Dear Cross Country Coach:

 Mountain Range High School would like to invite you to compete in the 4th Annual Mountain Range XC Invitational. The meet will be held at the Adams County Fairgrounds on Friday, September 13th, 2013 with the first race starting at 3:30 p.m.

 The course will be a loop course run on grass, dirt path, and some pavement, so wear appropriate shoes. It is possible to run to the side of the pavement at some spots. We will only run 2 races, so you can determine your early season top runners on a flat, fast course. The course will be the same course that was used for the 2012 Front Range League XC Championships. We will give awards to the top 10 boys and girls individual finishers, *with special awards going to the top 3 in each category*.

GENERAL INFORMATION

Entry Fee: **- $90.00 per team or $150.00 for both boys and girls**

-Ribbons for the top 10 finishers for both boys and girls

-Trophies for the top teams

Divisions: - You will run your entire team in 2 races-boys and girls-with unlimited entries.

Course Records: Boys=Grant Fischer - Poudre HS - 15:37

 Girls=Erin Hooker - Ft. Collins HS -18:10

Please return the bottom portion of this letter via fax or mail to let us know you are coming. In late August we will send specific race information to teams who have registered. We look forward to seeing you on Friday September 13th, 2013!

Sincerely,

Chris S. Smith

Head Boys Cross Country Coach

Mountain Range High School

303-489-4124 (cell)

smithmonster@comcast.net or chris.s.smith@adams12.org

**RACE REGISTRATION: Please FAX (720-972-6529) or mail this entry form to:**

**Mountain Range High School**

**Attn: Chris S. Smith – Mountain Range XC Invitational**

**12500 Huron Street**

**Westminster, CO 80234**

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School Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Home phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teams Attending (please mark): \_\_\_\_\_BOYS \_\_\_\_\_GIRLS \_\_\_\_\_BOTH

Please make checks payable to Mountain Range Cross Country