

**Where**: *DCC High School*

*Discovery Canyon Campus*

*1810 N. Gate Blvd,*

*Colorado Springs, 80921*

**When**: *2pm February 24th*

**Cost**: *$10.00 (includes all events)*

*\*RACE DAY REGISTRATION 12:45-1:45*

**Order of Events:**

2000 M/F – High Jump

600 M/F

1000 M/F

300 M/F

Parents/Coaches Mile

DMR\* M/F/Mixed

 *\*Distance Medley Relay (1200,800,400,1600)*

*Relay batons not provided please*

*bring your own!*

Polar Bear Track Meet formerly hosted by TCA.

**Polar Bear**

**Track Meet**

**Feb. 24th 2pm**

**\***Benefit for The

ed McconNell Family

First Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Last Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:\_\_\_\_ School:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Grade:\_\_\_\_\_\_\_\_\_\_\_

Gender: \_\_\_\_Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone:\_\_\_\_\_\_\_\_\_\_\_

Please check each event you want to run and add your seed time:

High Jump\_\_\_2000m\_\_\_\_ Seed Time:\_\_\_\_\_\_ ,600m \_\_\_ Seed Time:\_\_\_\_\_

1000m\_\_\_\_\_Seed Time:\_\_\_\_\_\_,300m\_\_\_ Seed Time:\_\_\_\_\_\_\_

Parent/Coach Mile:\_\_\_\_ Seed Time:\_\_\_\_\_ DMR \_\_\_\_Team:\_\_\_\_\_\_\_\_\_\_

I, the undersigned Participant, for myself, and on behalf of my parents, guardians, heirs, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to Waive, Release and Hold Harmless Discovery Canyon Campus (“DCC”), Michael Jordan, Lisa Rainsberger, Rainsberger Athletics, LLC dba Kokopelli Racing Team, their representatives and successors from all claims of liability arising out of my participation in The Polar Bear Track Meet (the “Event”) even if that claim of liability arises from the negligence or carelessness on the part of one or more parties named in this waiver. Further, I understand and am aware of the risks and hazards of running and participating in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently physically fit and healthy enough to participate in the Event. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: DCC, Michael Jordan, Lisa Rainsberger, Rainsberger Athletics, LLC dba Kokopelli Racing Team, and any other Sponsors or Organizers and each of their respective members, agents, employees and volunteers (Individually and Collectively, the “Released Parties”), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss of expense (including court costs and reasonable attorney fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate to my participation in the Event, including claims for Liability caused in whole or in part by the negligence or carelessness of the Released Parties. I acknowledge that there is no obligation to provide me with medical attention as a result of my participation in the Event should I require such medical attention, but that ifsuch emergency medical attention is provided, all of the terms of this Release and Waiver shall apply.

Participant Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ $10.00 \_\_\_\_\_\_\_\_\_\_

Participant or Parent/Legal Guardian, if a Minor:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mail Registrations to:

Rainsberger Athletics, LLC

2658 Forest Oaks Point, Colorado Springs, CO 80906

Or email registration to lisa@traininggoals.com and bring payment race day.