8:30 Coaches may begin to pick up packets
9:30 Coaches Meeting
10:00 Girls & Boys Long Jump, Boys Discus, Girls, Shot Put

Girls 100 M Hurdle

Boys 110 M High Hurdle

Girls 100 Meter Dash
Boys 100 Meter Dash
Girls 4x800 Relay
Boys 4x800 Relay
11:30 "Boys & Girls Triple Jump, Girls Discus, Boys Shot Put,
Girls Pole Vault followed by boys
12:00
Girls 4x100 Relay (sections vs. times)
Boys 4x100 Relay (sections vs. times)
Girls 1600 Meter Run
Boys 1600 Meter Run
Girls & Boys High Jump

Girls 400 Meter Dash (sections vs. time)
Boys 400 Meter Dash (sections vs. time)
Girls 400 Meter LH (sections vs. time)
Boys 400 Meter IH (sections vs. time)
Girls 800 Meter Run (sections vs. time)
Boys 800 Meter Run (sections vs. time)
Girls 200 Meter Dash (sections vs. time)
Boys 200 Meter Dash (sections vs. time)
Girls 3200 Meter Run
Boys 3200 Meter Run
Girls 1600 Meter Relay (sections vs. time)
Boys 1600 Meter Relay (sections vs. time)
Presentation of awards