

2016 Spring Break Invitational

Final Schedule					
Friday, March 25 th			Saturday, March 26 th		
Field Events: Throws			Field Events: Throws		
10:00am	Hammer (W)	Outside Cage	9:00am	Discus (HS-B)	Outside cage
1:00pm	Hammer (M)	Outside Cage		Shot Put (HS-G)	
	Shot Put (W)		12:00pm	Discus (M)	Outside cage
4:00pm	Discus (W)	Outside Cage		Discus (HS-G)	Inside Cage
	Shot Put (M)			Shot Put (HS-B)	
7:00pm	Javelin (W)		3:00pm	Javelin (M)	
Field Events: Jumps			Field Events		
12:00am	Pole Vault (W)		9:00am	Pole Vault (HS-G)	
	High Jump (M)			High Jump (HS-B)	
	Long Jump (W)			Long Jump (HS-G)	
	Long Jump (M)			Long Jump (HS-B)	
3:00pm	Pole Vault (M)		12:00pm	Pole Vault (HS-B)	
	High Jump (W)			High Jump (HS-G)	
	Triple Jump (W)			Triple Jump (HS-G)	
	Triple Jump (M)			Triple Jump (HS-B)	
Running Events			Running Ev		
11:00am	100m H (W)	Prelim	9:00am	3200m (HS-G)	
11:15am	110m H (M)	Prelim	9:20am	3200m (HS-B)	
11:30am	400m (W)		9:40am	4x800 (W)	
12:00pm	400m (M)		10:00am	4x800 (M)	
12:30pm	100m (W)	Prelim	10:15am	4x800 (HS-G)	
1:15pm	100m (M)	Prelim	10:35am	4x800 (HS-B)	
2:00pm	800m (W)		10:55am	100m H (W)	Final
2:30pm	800m (M)		11:00am	100m H (HS-G)	
3:00pm	400m Hurdles (W)		11:25am	110m H (M)	Final
3:25pm	400m Hurdles (M)		11:30am	110m H (HS-B)	
3:45pm	200m (W)		12:00pm	100m (W)	Final
4:35pm	200m (M)		12:05pm	100m (M)	Final
			12:10pm	100m (HS-G)	
5:30pm	Elite HS 1600m (G)	Top 18 entries	12:35pm	100m (HS-B)	
5:45pm	Elite HS 1600m (B)	Top 18 entries	1:05pm	1600m (HS-G)	
6:00pm	Elite HS 3200 (G)	Top 24 entries	1:25pm	1600m (HS-B)	
6:20pm	Elite HS 3200 (B)	Top 24 entries	1:45pm	4x100m (W)	
6:40pm	1500 (W)		1:55pm	4x100m (M)	
6:55pm	1500 (M)		2:00pm	4x100m (HS-G)	
7:10pm	3K Steeplechase (W)		2:15pm	4x100m (HS-B)	
7:25pm	3K Steeplechase (M)		2:30pm	400m (HS-G)	
7:45pm	5000m (W)		2:55pm	400m (HS-B)	
	5000m (M)		3:40pm	300H (HS-G)	
			4:00pm	300H (HS-B)	
			4:20pm	800m (HS-G)	
			4:40pm	800m (HS-B)	
			5:00pm	200m (HS-G)	
			5:30pm	200m (HS-B)	
			6:00pm	4x400m (W)	
			6:20pm	4x400m (M)	
			6:35pm	4x400m (HS-G)	
			6:50pm	4x400m (HS-B)	