TSTCA JV Cross Country Championship @ Mingo Park: 3:30 PM

12TH ANNUAL TSTCA JUNIOR VARSITY CROSS-COUNTRY CHAMPIONSHIP

TO: All Coaches in the WPIAL

FROM: Ed Helbig / Chuck Stout / Rich Wright

The Tri-State Track Coaches Association will hold its 12th Annual Junior Varsity Cross-Country Meet on Monday, October 20, 2014, at the Mingo Creek Park. The course will be walked at 2:30 pm. The Men's Junior Varsity Race will begin promptly at 3:30 pm. The Women's Junior Varsity Race will follow. We will assess each team attending the meet a fee of $5.00 per individual competitor. This fee will be used to pay for awards, facilities permit and for the timing chip system. The check is to he made out to 'TSTCA" and received no later than Friday, October 17th.

Please send your check to: T.S.T.C.A.
P.O. Box 18114
Pittsburgh, PA 15236

The check may also be hand delivered to Ed Helbig or Rich Wright at the TSTCA Cross-Country Championship Meet on Thursday, October 16th or at the JV Championship Meet. Each coach is responsible for registering all individuals for his/her team on-line at www.pa.milesplit.com This registration must be completed prior to Friday, October 17th, 2014, 9:00 P.M. This will allow coaches the opportunity to enter those individuals not competing in the WPIAL Cross Country Championship Meet on Thursday. You may run as many individuals as you want in each race. If you have any questions regarding this meet, please contact Ed Helbig at 412-653-47l5 (home) or 412-418-1259 (cell) or Rich Wright at 4l2-885-4439.(home) or 412-607-1794 (cell)

School_____

Coach(es)_____

J.V. MEN_____ J.V. WOMEN _____

Payment is for $_____

(Check all the teams that will be participating from your school. Please return this form with your payment)