# Big Spring High School <br> Athletic Department 

To: Athletic Directors, Cross Country Coaches
From: Robert Jumper, Cross Country Coach
Re: 19th Annual Ben Bloser- Bulldog Cross Country Invitational

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Date: September 13, 2014 (Saturday)
Place: Big Spring High School
Course: Big Spring Meet Course - High School (3.1 miles)
Time: 7:00 am -9:00 am Walk course
9:30 am Girls Varsity Race (be at starting line 10 min before start)(only 7 runners in Varsity Race)
10:15 am Boys Varsity Race (be at starting line 10 min before start)(only 7 runners in Varsity Race)
11:00 am Girls JV ( For all girls not running in the Varsity Race)
11:45 pm Boys JV ( For all boys not running in the Varsity Race)
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All awards will be given, after the conclusion of the Boys JV race.

## Format of this meet could change, if we keep getting larger, <br> You will be notified as soon as we can. <br> Example we could have a boys and girls race in AAA, AA, and A <br> If we get more than 50 teams and there is enough teams in each class.

Entry Fee: High School Teams $\$ 100.00$ for Girls Team - $\$ 100.00$ for Boys Team (both team $\$ 200.00$ ) Middle School Teams $\$ 75.00$ for the Girls Team - $\$ 75.00$ for the Boys Team-both $\$ 150.00$ Individual Runners are $\$ 10.00$ each, both high school and middle school.

Payment: Make Checks Payable To: Big Spring High School

## Please return entries \& entry fees by Sept.6, 2014

## Team Entries: Please email to; Runnerxc99@aol.com <br> If you have any questions call (717-385-9621)

Team Awards: - Trophy and Runners-ups Teams in classes AAA , AA, and A, both girls and boys races.

- Medals for first thirty (30) places for Girls and Boys- Varsity Races, JV Races Middle School Races- Top thirty (30) in Girls and Boys race, Team Trophy to top Girls and Boys Middle School Teams.

Rules: National Federation Rule Book, Teams may enter complete Girls and Boys Team Roster, but only 7 Runners may run in varsity races. The rest of your team can compete in JV races.

Race Scoring: Races will be scored using computer chips to be worn on the Torso.

## Electronic Entries for Cross Country

Cross Country entries should be submitted with Microsoft Excel files using the following format. The Excel files should have the following fields in this specific order:

| Column A | - | Last Name |  |
| :--- | :--- | :--- | :--- |
| Column B | - | First Name |  |
| Column C | - | Gender | (use M for male + F for female) |
| Column D | - | Team Code | (use listing on next page) |
| Column E | - | Team Name | (use listing on next page) |
| Column F | - | School Year | (use 9, 10, 11 or 12) |

Example of Spreadsheet

| A | B | D | E | F |  |
| :--- | :--- | :---: | :---: | :---: | :---: |
| Jones | Matt | M | BIG | Big Spring | 12 |
| Smith | Tim | M | BIG | Big Spring | 10 |

Your Excel files should be attached to an e-mail and sent to Bob Jumper at:

TEAM CODES AND SCHOOL NAMES

| ANNV | Annville-Cleona | FLEE | Fleetwood | MILT | Milton Hershey |
| :---: | :---: | :---: | :---: | :---: | :---: |
| ANTI | Antietam | GARD | Garden Spot | MUHL | Muhlenburg |
| BERK | Berk Christian School | GETT | Gettysburg | NEWO | New Oxford |
| BERM | Bermudian Springs | GOVE | Governor Mifflin | NEWP | Newport |
| BIBL | Bible Babtist | GREA | Greencastle-Antrim | NORE | Northeastern |
| BIG | Big Spring | GREW | Greenwood | NORL | Northern Lebanon |
| BIGL | Biglerville | HALI | Halifax | NORY | Northern York |
| BISH | Bishop McDevitt | HAMB | Hamburg | OLEY | Oley Valley |
| BOIL | Boiling Springs | HAMC | Harrisburg Christian | PALM | Palmyra |
| BOYE | Boyertown | HANO | Hanover | PENN | Penn Manor |
| BRAN | Brandywine | HARR | Harrisburg | PEQU | Pequea Valley |
| CAMP | Camp Hill | HARA | Harrisburg Academy | READ | Reading |
| CARL | Carlisle | HARC | Harrisburg Christian | RDLD | Red Land |
| CARS | Carson Long | HEMP | Hempfield | ESLN | Red Lion |
| CCLF | Cedar Cliff | HERS | Hershey | SCHU | Schuylkill Valley |
| CCRT | Cedar Crest | HIGH | High Point Baptist | SCOT | Scotland |
| CENC | Central Catholic | HOLY | Holy Name | SHIP | Shippensburg |
| CEND | Central Dauphin | JAME | James Buchanan | SOLA | Solanco |
| CNDE | Central Dauphin East | JPM | JP McCaskey | SOUT | South Western |
| CENT | Central York | JUNI | Juniata | SPRI | Spring Grove |
| CHAM | Chambersburg | JUNM | Juniata Mennonite | STEE | Steelton-Highspire |
| CHRI | Christian School of York | KEMP | Kempton New Church | SUST | Susquehanna Township |
| COCA | Cocalico | KENN | Kennard Dale | SUSK | Susquehannock |
| COLU | Columbia | KRAY | Kraybill Mennonite | SUSQ | Susquenita |
| CONC | Conestoga Christian | KUTZ | Kutztown | TRIN | Trinity |
| CONV | Conestoga Valley | LAMP | Lampeter-Strasburg | TULP | Tulpehocken |
| CONR | Conrad Weiser | LACA | Lancaster Catholic | TWIN | Twin Valley |
| CORN | Cornell Abraxas | LACH | Lancaster Christian | UNA | Unattached |
| CUMB | Cumberland Valley | LACO | Lancaster Country Day | UPPE | Upper Dauphin |
| DALL | Dallastown | LANM | Lancaster Mennonite | VISI | Vision Quest |
| DANI | Daniel Boone | LEBA | Lebanon | WARW | Warwick |
| DAYS | Dayspring Christian | LEBC | Lebanon Catholic | WAYN | Waynesboro |
| DELO | Delone Catholic | LIND | Linden Hall for Girls | WESP | West Perry |
| DONE | Donegal | LITI | Lititz Christian | WESY | West York |
| DOVE | Dover | LITT | Littlestown | WILL | William Penn |
| EASJ | East Juniata | LITC | Littlestown Christian | WILS | Wilson |
| EASP | East Pennsboro | LIVI | Living Word | WYOM | Wyomissing |
| EASL | Eastern Lebanon | LOWE | Lower Dauphin | YESH | Yeshiva Academy |
| EASY | Eastern York | MANC | Manheim Central | YRCA | York Catholic |
| ELIZ | Elizabethtown | MANT | Manheim Township | YRCD | York Country Day |
| EPHR | Ephrata | MECH | Mechanicsburg | YSOT | York School of Technology |
| EXET | Exeter Township | MIDD | Middletown | YRSU | York Surburban |
| FAIR | Fairfield | MILL | Millersburg | YVT | York Vo-Tech |

