



USA TRACK & FIELD THREE RIVERS ASSOCIATION
2013 OPEN and MASTERS TRACK & FIELD CHAMPIONSHIP MEET
California University PA – California, PA

DATE: June 23, 2013

PLACE: California University PA, California, PA

SPONSOR: USATF Three Rivers Association SANCTION: USA Track & Field – MEMBERSHIP REQUIRED

MEET ENTRY FEE: \$15.00 PER INDIVIDUAL (includes T-Shirt) MEET ENTRY & USATF MEMBERSHIP: \$45.00 (mail-in only)

ALL ATHLETES MUST PRE-REGISTER - NO DAY OF MEET REGISTRATION

Using Lynx Timing System requires that all athletes are entered into the meet program prior to the start of the meet

ONLINE REGISTRATION DEADLINE - THURSDAY JUNE 20; 12:00 MIDNIGHT

2013 USATF Membership # & Password required to access online registration

<https://www.usatf.org/Products---Services/Event-Registration-Form.aspx?e=101444>

MAILED ENTRIES MUST BE POSTMARKED BY JUNE 11, 2013

Mail Open & Masters entries to: TRA Champ, 109 Evans Drive, McMurray, PA 15317

Meet Information – contact Mark Schwartz – mschwartzusatf@yahoo.com or 412-362-5511

PROOF OF AGE MAY BE REQUIRED: A valid drivers license or age verified 2013 USATF Membership Card

SUNDAY JUNE 23 - MASTERS & OPEN ORDER OF EVENTS

8:30am	3000m/5000m	9:30am	100M Dash	12:00 noon	300Hurdles
8:30am	Racewalk	10:00am	1500M Run	12:30pm	Steeplechase
9:00am	80M/100M/110M Hurdles	10:45am	400M Dash	1:00pm	800M
				1:45pm	200M Dash

FIELD EVENTS SUNDAY JUNE 23 - AS SCHEDULED BELOW

Long Jump & Triple Jump - 9:30am	Pole Vault - 12:00 noon	High Jump - 12:00 noon
Shot Put - 11:30am	Discus - 12:00 noon	Javelin - 9:00am
		Hammer - 8:00am

OPEN & MASTERS ENTRY FORM

Division: Open _____ Master _____ T-Shirt Size _____ 2013 USATF Membership # _____

Name _____ Date of Birth _____ Gender _____

Address _____ Club Affiliation _____

City/Zip _____

Please indicate your events:

100M Dash _____	800M Run _____	5000M Run _____	Steeplechase _____	3000M RW _____
200M Dash _____	1500M Run _____	110M Hurdles _____	300M Hurdles _____	5000M RW _____
400M Dash _____	3000M Run _____	80M Hurdles _____	400M Hurdles _____	Relay _____
Long Jump _____	Triple Jump _____	High Jump _____	Pole Vault _____	4 X _____
Shot Put _____	Discus _____	Javelin _____	Hammer _____	

In consideration of my being accepted for participation in the 2013 Three Rivers Association Championship Meet I intend to be legally bound for myself, my heirs, executors and administrators, waive and forever discharge any and all rights and claims for damages which may hereafter occur to me against USA Track & Field, Three Rivers Athletic Association, and California University PA or their officers, agents, representatives, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with or entry in, or arising out of my travel to, participating in and returning from said competition. I further attest that I am physically fit for the competition in the event(s) I have listed above.

Athlete Signature: _____ Date: _____

Phone: _____ Email _____
(include area code) (PRINT CLEARLY)

2013 OPEN & MASTERS ENTRY FORM