

January 11, 2012

Dear Coach:

It is our pleasure to invite you and your team to the 7th annual Souderton Cross Country Invitational. This year's meet will be run on Saturday October 6<sup>th</sup> 2012. Please note our time schedule as this will be a one of a kind "Twilight Invite". Consider bringing your team to this unique and inexpensive alternative to some of the other meets this weekend. We will have a varsity and JV race. A school must have at least five runners in a varsity race before they can be accepted in a junior varsity race.

The race will be run at the Souderton High School course which is 3.1 miles. The school is located at 625 Lower Road, Souderton Pa 18964. The course is grass so spikes are RECOMMENDED.

We will offer medals to at least the top 20 individuals in each race, and at least the top two teams in each varsity race.

We are asking that all entries be returned to John Donahue at Souderton High School by mail or email ([jdonahue@soudertonsd.org](mailto:jdonahue@soudertonsd.org)) by September 21, 2012. If you have any questions or suggestions please call 267-614-0976. T-Shirts and refreshments will be available the day of the meet.

Sincerely,

John Donahue(Boys Coach)

## Souderton Invitational Cross Country Meet

Saturday October 6<sup>th</sup> 2012

### Races:

Boys' Varsity	Limit 7
Boys' Junior Varsity	Unlimited
Girls' Varsity	Limit 7
Girls' Junior Varsity	Unlimited

### Time Schedule:

Coaches' Meeting	3:45
Girls JV	4:15
Boys JV	5:00
Girls Varsity	5:45
Boys Varsity	6:30
Awards	7:15

Please report to the starting line 10 minutes early.

### Awards:

Boys' and Girls' Varsity	Medals to top 20
Boys' and Girls' JV	Medals to top 20
Varsity Team Trophies for 1 <sup>st</sup> and 2 <sup>nd</sup> place teams	

Entry Fee: \$55.00 per girl's team, \$55.00 per boy's team  
Or \$5.00 for each individual (up to 4)

PLEASE MAKE CHECKS PAYABLE TO: Souderton Athletics

Return entry forms and fee by SEPTEMBER 21, 2012 to:

John Donahue  
Souderton High School  
625 Lower Road  
Souderton, Pa 18964

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