

## THE COLONIAL CLASSIC

**Saturday, April 23, 2011 12:00 PM Plymouth-Whitemarsh HS**

The PTFCA in conjunction with Plymouth-Whitemarsh HS proudly announces the 17th Colonial Classic Track and Field meet. This year's meet has changed in that it will bring together a limited field for **individual events as well as the standard relays**. Here is the chance to post those outstanding marks in individual events after running just those relay carnivals and to get those relays ready for the Penn Relays. The meet will be by limited entry, the top performances accepted. Entrance **does NOT guarantee acceptance**. **Acceptances will be listed on the PTFCA website on April 17**. Medals will be awarded to the top five places in all events. **There will be no team score**. Also, all coaches will be required to help officiate. This meet will be open to any high school team athlete. The meet will be run by PIAA, National Federation and PTFCA rules.

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**ENTRY FEES:** \$7.00 per individual per event, \$20.00 per relay with a \$100.00 maximum per boys or girls team.

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**CLOSING OF ENTRIES:** All entries must be **received** by Saturday, April 16. All entries **MUST** be entered online via milesplit. Go to PennTrackXC for entry. **No late entries will be accepted**. **NO REFUNDS** will be sent for rejected athletes. Make checks payable to **"PTFCA"**. Entries **MUST** be entered also via **MileSplit Online** (<http://pa.milesplit.us/meets/56060>) by 11:59 PM on Saturday, April 16. All entries will be checked. Dates and places done must be provided. Falsified entries will be automatically rejected.

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**EQUIPMENT:** Spikes of 1/4" or less will be permitted. PTFCA will designate shots to be used. Blocks will be provided by Plymouth-Whitemarsh HS. They will be the only ones permitted. Disci, javelins, poles will be the responsibility of the individual, provided that they meet specifications. FinishLynx FAT in all running events.

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**ORDER OF EVENTS:** Field events will begin at 12:00 PM promptly. All running events will begin at 1:00 PM and will be **girls** followed by **boys**. There will be 32 accepted entrants in all running events except the 3200 meter run. 20 accepted in the 3200 and all field events but 15 in the pole vault. All events will be **a final on time**. Races will be seeded.

### **RUNNING EVENTS (Begin at 1:00 PM) FIELD EVENTS (Begin at 12:00 noon)**

300 meter hurdles

4 x 800 relay

100 meter dash

1600 meter run

400 meter dash

4 x 100 meter relay

100/110 meter hurdles

800 meter run

200 meter dash

3200 meter run

4 x 400 meter relay

High Jump - girls then boys

Long Jump - Open pit both girls and boys

(2 pits - 12:00 PM until 1:30 PM)

Shot Put – Boys then girls

Discus – Girls then boys

Javelin – Boys then girls

Pole Vault – Boys then girls

Triple Jump - Open pit both girls and boys

(2 pits - 2:00 PM until 4:30 PM)

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**Don't miss this opportunity to compete in what is always a spectacular event on a brand new lightning fast facility. For more information, call Meet Director Ron Lopresti (610) 631-5675. See you at PWHS April 23.**