

Big Spring High School Athletic Department



To: Athletic Directors, Cross Country Coaches

From: Robert Jumper, Big Spring Head Cross Country Coach

Re: 21th Annual Ben Bloser- Bulldog Cross Country

Invitational

(Host for the 2016 District 3 XC Championship Meet)

Date: September 17, 2016 (Saturday)

Place Big Spring High School

Course: Big Spring Meet Course – High School (3.1 miles)

Middle School Course (3,000 Meters)

Time: 7:00 am – 9:00 am Walk course

9:00 a.m. Middle School Girls

9:45 a.m. Middle School Boys

10:30 a.m. Class A & AA Girls Combined

11:15 a.m. Class A & AA Boys Combined

11:45 a.m. Class AAA Girls

12:30 p.m. Class AAA Boys

1:15 p.m. JV Girls

2:00 p.m. JV Boys

Entry Fee:

High School Teams: \$100.00 for Girls Team - \$100.00 for Boys Team(both teams \$200.00)

Middle School Teams: \$80.00 for Girls Team - \$80.00 for Boys Team (both teams \$160.00)
\$10.00 for individuals.

Payment: Make Checks Payable To: Dirt Hurts Foundation

**Please send entry fees: c/o Dirt Hurts Foundation
% Robert Jumper
117 Meals Dr.
Carlisle, PA. 17015**

**All entries must be sent to runnerxc99@aol.com by Sept 9, 2016,
after Sept 11 no exceptions. Any corrections can be made by Sept. 14,**

Please send entries in excel spread sheet , as the sample on page 3

Team Awards:

1st and 2nd Place Team Trophies in classes AAA , AA, and A,
and Middle School girls and boys races.

Medals for first thirty (30) places for Girls and Boys AAA, AA, A, JV and
Middle School Races.

Middle School Awards will be awarded after Girls A girls race starts,
Class A after Girls Class AA race starts
Class AA after Girls AAA starts and AAA after Girls JV Starts.

Rules: National Federation Rule Book, Teams may enter complete Girls and Boys Team
Roster, but only 7
Runners may run in varsity races. The rest of your team can compete in JV races.

Race Scoring: Races will be scored using Computer Chips and computers.

No Dressing Facilities: Rest Rooms will be open at the High School for Runners,
Coaches and Fans

The Ben Bloser-Bulldog Invitational, will be sanctioned through the PIAA, and the National
Federation.

T-Shirts

To guarantee your school to be listed on the Invitational t-shirt, you must
have school submitted by Sept 11.

Short sleeve t-shirts \$15.00

Long sleeve t-shirts \$20.00

Shirts will be in Sm, Md, Lg, XLg.

You can also email a Team Pre-order if you would Like.

You may also come view or jog the course Friday Sept 16. After 3:15 p.m.

Please no dogs or bikes on school property, this is school Policy

Electronic Entries for Cross Country

Cross Country entries should be submitted with Microsoft Excel files using the following format. The Excel files should have the following fields in this specific order:

Column A	-	Last Name	
Column B	-	First Name	
Column C	-	Gender	(use M for male + F for female)
Column D	-	Team Code	(use listing on next page)
Column E	-	Team Name	(use listing on next page)
Column F	-	School Year	(use 9, 10, 11 or 12)

Example of Spreadsheet

A	B	C	D	E	F
Jones	Matt	M	BIG	Big Spring	12
Smith	Tim	M	BIG	Big Spring	10

Your Excel files should be attached to an e-mail and sent to Bob Jumper at:

Runnerxc99@aol.com

If your Team does not have a team code, we will assign you a team code

TEAM CODES AND SCHOOL NAMES

ANNV	Annvile-Cleona	FLEE	Fleetwood	MILT	Milton Hershey
ANTI	Antietam	GARD	Garden Spot	MUHL	Muhlenburg
BERK	Berk Christian School	GETT	Gettysburg	NEWO	New Oxford
BERM	Bermudian Springs	GOVE	Governor Mifflin	NEWP	Newport
BIBL	Bible Babtist	GREA	Greencastle-Antrim	NORE	Northeastern
BIG	Big Spring	GREW	Greenwood	NORL	Northern Lebanon
BIGL	Biglerville	HALI	Halifax	NORY	Northern York
BISH	Bishop McDevitt	HAMB	Hamburg	OLEY	Oley Valley
BOIL	Boiling Springs	HAMC	Harrisburg Christian	PALM	Palmyra
BOYE	Boyertown	HANO	Hanover	PENN	Penn Manor
BRAN	Brandywine	HARR	Harrisburg	PEQU	Pequea Valley
CAMP	Camp Hill	HARA	Harrisburg Academy	READ	Reading
CARL	Carlisle	HARC	Harrisburg Christian	RDLD	Red Land
CARS	Carson Long	HEMP	Hempfield	ESLN	Red Lion
CCLF	Cedar Cliff	HERS	Hershey	SCHU	Schuylkill Valley
CCRT	Cedar Crest	HIGH	High Point Baptist	SCOT	Scotland
CENC	Central Catholic	HOLY	Holy Name	SHIP	Shippensburg
CEND	Central Dauphin	JAME	James Buchanan	SOLA	Solanco
CNDE	Central Dauphin East	JPM	JP McCaskey	SOUT	South Western
CENT	Central York	JUNI	Juniata	SPRI	Spring Grove
CHAM	Chambersburg	JUNM	Juniata Mennonite	STEE	Steelton-Highspire
CHRI	Christian School of York	KEMP	Kempton New Church	SUST	Susquehanna Township
COCA	Cocalico	KENN	Kennard Dale	SUSK	Susquehannock
COLU	Columbia	KRAY	Kraybill Mennonite	SUSQ	Susquenita
CONC	Conestoga Christian	KUTZ	Kutztown	TRIN	Trinity
CONV	Conestoga Valley	LAMP	Lampeter-Strasburg	TULP	Tulpehocken
CONR	Conrad Weiser	LACA	Lancaster Catholic	TWIN	Twin Valley
CORN	Cornell Abraxas	LACH	Lancaster Christian	UNA	Unattached
CUMB	Cumberland Valley	LACO	Lancaster Country Day	UPPE	Upper Dauphin
DALL	Dallastown	LANM	Lancaster Mennonite	VISI	Vision Quest
DANI	Daniel Boone	LEBA	Lebanon	WARW	Warwick
DAYS	Dayspring Christian	LEBC	Lebanon Catholic	WAYN	Waynesboro
DELO	Delone Catholic	LIND	Linden Hall for Girls	WESP	West Perry

DONE	Donegal	LITI	Lititz Christian	WESY	West York
DOVE	Dover	LITT	Littlestown	WILL	William Penn
EASJ	East Juniata	LITC	Littlestown Christian	WILS	Wilson
EASP	East Pennsboro	LIVI	Living Word	WYOM	Wyomissing
EASL	Eastern Lebanon	LOWE	Lower Dauphin	YESH	Yeshiva Academy
EASY	Eastern York	MANC	Manheim Central	YRCA	York Catholic
ELIZ	Elizabethtown	MANT	Manheim Township	YRCD	York Country Day
EPHR	Ephrata	MECH	Mechanicsburg	YSOT	York School of Technology
EXET	Exeter Township	MIDD	Middletown	YRSU	York Surburban
FAIR	Fairfield	MILL	Millersburg	YVT	York Vo-Tech