

## ELITE CAMP COACHES

### Scott Weiser

Owner/ President of Elite Technique Track & Field LLC.  
Former Head Track & Field Coach at Millersville University.  
Served as an assistant at Kutztown, New Mexico State,  
Bucknell and Lafayette. Former head coach at Wayland Baptist  
Univ (TX) producing over 50 all-Americans, and 5 national  
championships. At Millersville he coordinates the training and  
development of all non-distance events and has been key in the  
resurgence of the program and re-writing of the record books.  
A former thrower, almost his entire career has been as a  
multi-faceted "technique" coach with the ability to develop  
athletes in almost any event.

### Nick Price

Price enters his 10<sup>th</sup> year as an assistant coach at Widener  
University in charge of the throwing events. Price in 2014 was  
named the USTFCCA Men's Indoor Assistant Coach of the  
Year. In his tenure at Widener University Coach Price has  
coached 6 DIII All Americans, 6 new school records, 33 new  
top 5 performances, and one national champion. Price's athletes  
Lauren Lucci (2008) has the 9<sup>th</sup> furthest throw in DIII history in  
the shot put and Tyler Williams (2015) has the 5<sup>th</sup> best throw in  
DIII history in the hammer throw.

### Barry Krammes

Graduate of East Stroudsburg University of '04 Krammes was a  
2 time NCAA D2 All-American. Following his collegiate career  
Barry is a 8 time USATF National Qualifier; placing 5th in  
2006 & 2007 USATF Nationals leading into a 6th place finish  
in the javelin of the 2008 Olympic Trials with a throw of 78.97  
giving him the b standard. As of late, a 77.99 throw in the 2012  
Olympic Trials and competed in the 2013 USATF Nationals  
placing 4th with a mark of 77.36.

## Participant Eligibility

Boys and girls in grades 7 through 12 are eligible and  
encouraged to participate in this camp.

## Camp Arrival

**Check-In:** 1-3pm, July 20, 2014

**Location:** Johnson Hall Kutztown University

## Camp Dismissal

**Check-out:** 1 pm, July 23, 2014 (will be announced at  
check-in; flexible if you have a unique circumstance)

## Deadlines

**Deposit:** June 25, \$100 (non-refundable; guarantees  
your spot in camp in case of too many people)

**Balance Due:**

**Late Registration:** July 8 (full fee plus \$25 late fee; not  
a guarantee there will be room; contact Ray Hoffman at  
610 683-1334 before arriving)

**Check-in Deposit:** \$50 cash key/card deposit (used to  
pay for lost room key and/or meal card; returned IN  
FULL if both are turned in at Check-out)

## Mail registration to:

**Ray Hoffman**  
Head Track & Field Coach  
Kutztown University  
Kutztown, PA 19530  
Phone: (610) 683-1334  
Email: [hoffman@kutztown.edu](mailto:hoffman@kutztown.edu)

## Registration Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State Zip: \_\_\_\_\_

Age : \_\_\_\_\_ Gender M or F T-Shirt Size \_\_\_\_\_

Grade Fall 2014: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Daytime Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

School attending: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

Event #1 Focus: \_\_\_\_\_ Perf: \_\_\_\_\_

Event #2 Focus: \_\_\_\_\_ Perf: \_\_\_\_\_

Choose one plan:

Resident Plan (Includes all meals) \$350 \_\_\_\_\_

Commuter (No Breakfast or housing) \$280 \_\_\_\_\_

How did you hear about our camp?

\_\_\_\_\_

Make Checks payable to:

ELITE TECHNIQUE TRACK AND FIELD LLC

## Parental Permission

I understand that The Elite Technique Throws Camp and/or Kutztown University **do not** provide medical insurance for campers. I also understand that in the event of illness or injury requiring treatment, hospitalization and/or surgery, the camper's family medical insurance must be used.

An athletic trainer will be on duty at all workouts, practice sessions during camp. In addition, the Kutztown University Health & Wellness center is open and available to campers in case of illness or medical emergency.

I approve of my child's attendance at camp and certify that he/she is in good health and also able to participate in all activities. If medical attention is required for illness or injury while attending camp I give permission for such care.

\_\_\_\_\_  
(Parent Signature)

## Health/Accident Insurance Coverage

Insurance Co. \_\_\_\_\_

Agreement # \_\_\_\_\_

Group # \_\_\_\_\_



Facility Features: 2 shot put circles, 2 discus circles, and ample room for javelin training

## A Typical Day

**7:00am:** Breakfast  
(all meals served in university dining hall)

**8:30am:** AM Event Session  
(split time between your 2 events)

**10:45am:** Weight room Session  
(instructional)

**11:30am:** Lunch

**1:15:** Video / Med Ball or Plyometric instruction

**2:15:** Extra event session

**3:30:** Pool time

**4:30:** Dinner

**6:15pm:** Evening Event Session  
(split between 2 events)

**8:45pm:** Weight room Session  
(if needed)

## Directions

Directions to campus, along with other University information and surrounding area, can be found at:  
[http://www.kubears.com/news/2014/4/11/MXC\\_0411144429.aspx](http://www.kubears.com/news/2014/4/11/MXC_0411144429.aspx)

# THE ELITE TECHNIQUE THROWS CAMP

July 20—23, 2014

## CAMP OFFERS:

*Throws Technique*

*Film Analysis*

*Small Group Instruction*

*Weight room Instruction*

*Training Design*

Hosted by:

