# SJVSC Pole Vaulting Camp Kutztown University Kutztown, PA July 20 - 23, 2014

# **Sky Jumpers Vaulting Camps**

Directed by Olympic bronze medalist and former world record holder Jan Johnson. His SJVSC camps system is legendary for offering the finest, most up to date teaching system possible in a high energy, fun atmosphere. He has coached hundreds of world and national caliber vaulters.

### Costs

<u>Commuters</u> - \$415 Includes instruction, meals, insurance, t-shirt, booklet, etc. Does not include room.

Residents - \$495 Includes all of the above plus room and board. Refunds subject to \$50 processing fee. No refunds after July 1, 2013 Substitutes acceptable. No refunds if dismissed for disciplinary or injury reasons.

**APPLICATION DEADLINE: July 10, 2014** 

# Program

Three sessions daily, small groups and a large staff on campus the entire camp. Variety of activities including vaulting, gymnastics, imitative exercises, vaulting drills, videotaping, rope vaulting, videos, biomechanical analysis, competitions and other recreational activities.

## Housing and Meals

Housing for campers will be at the University residence hall facilities. Each dorm room accommodates 2 people. If you have a preference for a roommate, please specify on your application. All campers and staff will eat at the University dining facilities.

### Registration

A check for \$100 down payment should accompany your registration form. The balance of your camp fee will be due at check-in. Cash, money order or a cashierís check only. Participation in the camp is available on first-come, first-serve basis. You will be mailed a detailed confirmation letter with complete instructions upon receipt of your application and deposit.

# What To Bring

Each vaulter should bring his\her own helmet (optional), poles, shoes, shorts, sweats, towels, toiletries, pillow, sheets, blanket, alarm clock, tape and extra spending money. Arrangements can be made to borrow poles but it is best if you bring your own.

# **Coaching Education Program**

Coaches, who participate in a Sky Jumpers Vaulting Camp either as a participant or registered observer, may receive a \$100 tuition discount. Coach's discounts are limited to a first come first serve basis only. Coaches must be at least 21 years of age with a high school or college coaching job.

### **Pole Vault Coaches Certification**

Jan Johnson is co-director of the Pole Vault Safety Certification Board. All SJVSC camps are now formatted to help their participants to pass the national pole vault certification test on line at www.pvscb.com.



All in the family - Chelsea Johnson Berlin Silver Medalist. Jan Johnson 72 Bronze Medalist.

# Check In

Both residents and commuters should check inbetween 1:00 and 2:30pm Sunday, July 20, 2014 at the Kutztown Universitys residence hall facilities. Directions will be provided in your confirmation letter.

# **Departure**

The camp ends Wednesday July 23, 2014 at 1pm. Please arrange your transportation accordingly. Lunch is included on the last day.

## **Location and Transportation**

Kutztown University is located exactly half way between Reading and Allentown on PA Hwy 222 in eastern Pennsylvania. It is easily accessible by plane, bus or train. If you need carpool or ground transportation, please contact Ray Hoffman at Kutztown track and field office - phone (610) 683-1334 or, email at hoffman@kutztown.edu

Sky Jumpers Philosophy We take great pride in offering a wide variety of challenging vault related activities. We stress step by step skill development with a safety first motto. Come prepared to make huge gains in your vaulting. Camaraderie, self respect and good clean fun are all important aspects of our system. Drugs, tobacco and alcohol are not tolerated.

# Eligibility

All vaulteris ages 12 and up.









# SJVSC Kutztown PA. Pole Vaulting Camp. July 20 - 23, 2014

Parental Consent / Participation Waiver

I hereby grant permission for my child to attend the Kutztown University Vaulting Camp. I verify that my child has had a physical exam in the past year and is capable of participating in the activities related to the clinic. I agree to indemnify, hold harmless and defend Jan Johnson, Sky Jumpers Kutztown University and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child. Should medical treatment for my child be necessary, I hereby authorize any physician or trainer selected by camp personnel to order and conduct medical or surgical procedures necessary. In addition, I hereby grant permission for Sky Jumpers to use any photography or videotape of related camp activities for advertising or educational video materials.

# **Health and Accident Insurance Company**

Policy #	
Parent or Guardian Signature	
Parent or Guardian Telephone	
Date	
For Office Use Only	
Date Received	Amount
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# Illustrated History of the Pole Vault

Available at skyjumpers.com



Jan Johnson @ Facebook

Safetymax Box Collar Is The Only Collar Which Meets The ASTM F2949 Specification For Pole Vault Collars.

# Order at vsathletics.com

10% Discount Code: skyjumpers



polevaultsafety@facebook

# July 20-23, 2014 Kutztown University, Kutztown, PA

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# 2014 Pole Vault Camps and Clinic Schedule

3 Day Camp, Atascadero, Ca

Day Clinic Atascadero, Ca

Maine South HS, Park Ridge, Illinois

Day Clinic Atascadero, Ca

Day Clinic Atascadero, Ca

Centerville HS, Ohio

University of Wisconsin, Stevens Po

Atascadero, Ca Summer Camp

Kutztown University, Pennsylvania

3 Day Camp, Atascadero, CA



Dec 28 - 30, 2013

Feb 9, 2014 Feb 15 - 16, 2014

March 9, 2014

March 16, 2014 June 19 - 22, 2014

June 25 - 28, 2014 July 13 - 16, 2014

July 20 - 23, 2014

Dec 28 - 30, 2014



# **DIRECTED BY** Jan Johnson

NATIONAL SAFETY CHAIRMAN FORMER WORLD RECORD HOLDER OLYMPIC BRONZE MEDALIST M.S. BIOMECHANICS

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