



2016 Ohio AAU Region 4
Championships
Lima Stadium
Lima, Ohio
June 30-July 3, 2016



Sponsored by



MEDALS FOR THE TOP 3 FINISHERS

RATIONALE: The 2016 Regional has been designed to place an emphasis on promoting the sport of track and field in Ohio and the surrounding area.

QUALIFYING: **TRACK & FIELD / MULTI-EVENTS:** The top **6 finishers in each individual running event**, top 5 field events; top 4 relays and multi-event athletes at each 2016 AAU Track & Field National Qualifier Meet will qualify to compete at the AAU Junior Olympic Games.
CLUB CHAMPIONSHIPS: The AAU National Club Championships will be held at ESPN Wide World of Sports in Orlando, FL. Visit www.aauathletics.org for information. The **top eight (8)** finishers will qualify for the AAU Junior Olympic Games in that event only.
PRIMARY CHAMPIONSHIPS: The AAU National Primary Championships will be held at ESPN Wide World of Sports in Orlando, FL. Visit www.aauathletics.org for information. The **top eight (8)** finishers from the combined results of each age group will qualify for the AAU Junior Olympic Games in that event only.
WEST COAST AAU JUNIOR OLYMPIC GAMES: The West Coast AAU Junior Olympic Games will be held in Reno, NV. Visit www.wcaaujrogames.org for information. The **top eight (8)** finishers will qualify for the AAU Junior Olympic Games in that event only.

All athletes must declare their entry by registering online at www.aaujrogames.org no later than **July 19, 2016**. These are the only methods of qualification for competition in this event.

AWARDS: Top three (3) place finishers in each event will receive medals. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. **Medals will not be mailed home**, it is the responsibility of the competitor, coach or parent to pick up awards before leaving meet.

PACKET PICKUP: Thursday – Sunday at the track “ONLY”
Daily through the end of competition each day at the Registration table.

DATES: *Thursday – June 30th 4:00p.m.* Multi-Events- Lima Stadium
Friday – July 1st 9:00a.m. Multi-Events- Lima Stadium
Track and Field Competition
Saturday – July 2nd 8:00 a.m. Track and Field Competition
Sunday – July 3rd 8:00 a.m. Track and Field Competition

AGE DIVISIONS: Individual and Multi-Event Age Determination

Athletes must have a copy of their birth certificate available for age verification when requested. The athlete's year of birth shall determine the age division in which he/she will compete for individual events:

<u>AGE GROUPS</u>	<u>YEAR OF BIRTH</u>
8-Under	2008 & After*
9 years	2007
10 years	2006
11 years	2005
12 years	2004
13 years	2003
14 years	2002
Intermediate/15-16 years	2000-2001
Young/17-18 years	1998-1999

* No Multi-Event competition for 5-8 Age Groups

**Athletes who are still eighteen (18) years of age through the final day of the AAU Junior Olympic Game (August 6, 2016) will be eligible to compete.

**ENTRY
DEADLINE:**

The online entry deadline is **Monday, June 27, 2016 @ 8:00pm Eastern Standard Time**. Online entry can **“ONLY”** be done at – www.coacho.com
Online registration will **NOT** be reopened after closing time. Therefore, you must make all final changes and pay before closing time on Monday at 8:00pm.



Revisions to the roster and events can be made online before the registration deadline. You cannot swap one athlete for another. There will be **“NO”** exceptions to this rule. The person who registers the athlete online assumes all responsibility for what is entered online. Once the performance list is posted any questions, must be directed to Meet Director, DeCarlo Blackwell before 12:00 PM EDT, June 28, 2016. **NO CHANGES WILL BE MADE.**

ENTRY FEE:

Multi-Events - \$25.00
Track & Field Events - \$25.00

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Entry fees are per athlete, no substitutions allowed after submission. All athlete entries must be made online. VISA & MasterCard accepted.

RELAY TEAMS

There is no additional entry fee for relay events as long as the following criteria have been met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$25.00.
- 2) The relay team represents a current 2016 AAU registered club.
- 3) All competitors must have current AAU membership

ELIGIBILITY:

All athletes who have placed in the top 16 at a District Meet will be eligible to compete at the Cincinnati AAU Regional Championships (**only in the event(s) they qualified in**). Relay teams entered must have competed at the District Level. All relay member guidelines will be enforced as stated in the 2016 AAU Athletics Handbook. Athletes competing in the Multi-Events, Steeplechase and Pole Vault are **“EXEMPT”** from previously competing in a District Meet competition to be eligible to compete at this Regional Qualifier. AAU Track & Field athletes and clubs are **only eligible to compete in their assigned /area Region.**

**AAU
MEMBERSHIP:**

All athletes and coaches must present their 2016 AAU membership cards at the time of check-in. All relay teams and clubs/teams must present their current 2016 club membership at check-in.

**EVENT
LIMITATIONS:**

All competitors in the 8& under through 12 year old age divisions will be limited to a maximum of (3) three events per competitor, including relays but excluding multi-events (No multi-events in the 8 & under Age Division). All competitors in the age 13-18 divisions will be limited to a total of (4) four events per competitor, including relays but excluding multi-events.

RESULTS:

Results will be posted on line at www.aauathletics.org

**CHALLENGE
PERIOD:**

Any persons wanting to challenge the final results must do so via e-mail to the meet coordinator within 24 hours of the conclusion of the meet. This will be for just clerical errors (recording wrong mark) or eligibility issues. Any issues regarding competition rules will follow USATF rules guidelines. **NO CHANGES TO THE RESULTS WILL BE MADE FOLLOWING THE 24 HOUR CHALLENGE PERIOD.**

**JUNIOR
OLYMPIC GAMES
DECLARATION**

Qualifiers for the 2016 National Junior Olympic Games in Humble, Texas (July 30th – August 6th) must declare and register for the meet online through CoachO.com. Those athletes that qualify for the AAU Junior Olympic Games in Des Moines, IA must declare and register for the meet at www.aauathletics.org before **July 19, 2016**. **No entries will be accepted after midnight EST (9:00 PM Pacific) on July 19, 2016.** Do not jeopardize your athlete's chance of competing in the AAU JO Games by not completing this step in the registration process.

**REGISTRATION
INFORMATION:**

REGISTRATION WILL BE AVAILABLE AFTER THE 24 HOUR CHALLENGE PERIOD IS COMPLETED. Registration for the 2016 National Junior Olympic Games will begin on June 30, 2016

**FINAL NATIONAL
JO GAMES
SCHEDULE OF
EVENTS:**

PLEASE NOTE THIS: The FINAL AAU Junior Olympic Games Schedule will be posted at - www.aauathletics.org

SPECTATOR

Admission is \$7/day – children 6 & under free. 2016 AAU Membership Card must be presented at the gate for free admission for Athletes and Coaches only.

TICKETS:

AAU Memberships will “NOT” be sold at the meet.

MEDICAL:

Medical Personnel will be provided. You must bring your own athletic tape and wraps. Ice and water will be provided for injury situations.

FLUIDS:

Meet management will provide water in certain competition and clerking areas. It is advised for athletes, coaches, and parents properly hydrate before the meet.

TRACK & FIELD VENUE INFORMATION

TENTS:

Tents will only be allowed on the top rows. Meet management reserves the right to change this policy. The tents cannot be staked down, and tent tops must be removed at night or during inclement weather. **NO TENTS IN FRONT OF THE PRESS BOX.**

**SHOWER &
LOCKER ROOMS:**

There are no shower or locker room facilities available at the track & field venue; competitors must come to the track dressed and ready to compete.

**RESTROOM
FACILITIES:**

Restroom facilities will be available at the track & field venue.

**COMPETITOR
BIB NUMBERS:**

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their Bib numbers on the front of your competition singlet at all times of competition. There is a ten dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration/Awards Tent.

IMPLEMENTS:

Meet management will be supplying implements for use at this event. Athletes may bring their own implements to use during competition. However, personal implements will be required to be weighed-in prior to reporting to the event site. Implement weigh-in will occur in a tent near the finish line. Implements will be impounded and delivered to the events area. Implements will be returned to the athletes after competition. The weigh station will be open 7:00 a.m. – 9:00 a.m. and 10:00 a.m. – 12:00 p.m. daily. Failure to weigh in will disqualify the implement.

PROTESTS:

Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during

the meet. Protests relating to matters which develop during the conduct of the meet must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed on official protest forms and presented to the Protest Table. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals, accompanied by a cash deposit of \$75.00. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

- ATHLETE WARM-UP:** The athlete warm up area will be designated upon arriving at Lima Stadium. The track will close 20 minutes prior to the start of the 1st running event.
- COMPETITOR CHECK-IN:** Check-in shall be conducted as stated on the 2016 AAU National Qualifier Schedule of Events.
- COOLERS:** As part of security and safety measures coolers will be allowed as followed at the facility: (1) five gallon per team, and (1) one gallon per individual. **NO GLASS CONTAINERS.** Provisions are in place to handle medications, infant products, and special dietary foods. All coolers, bags, backpacks, and duffels will be subject to the existing security inspection process. Bar-B-Q grills will not be permitted on the Lima Senior H.S. premises.
- SCHEDULES:** The time specific "Schedule of Events" will be strictly followed as listed. Final schedule will be posted June 28th at www.black-jacktrack.com
- APPAREL:** AAU and Regional Championships apparel will be sold at the venue.
- EQUIPMENT:** Athletes are to bring their own throwing implements.
- COACHES EDUCATION** The AAU National Office is happy to announce to its members, **FREE** Coaches' Education for all **AAU Non-Athletes**. This exciting program is **MANDATORY** for all AAU Non-Athletes and will be administered by **Positive Coaching Alliance (PCA)**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the **MANDATORY** AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

HOTEL INFORMATION: Please check the www.black-jacktrack.com for additional information.

Please make sure you tell you are with the **Black-Jack Track** in order for the room to count in our block.

Hotels:

*Howard Johnson Lima-\$94 (419)222-0004	1920 Roshman Ave. Lima, Ohio 45804
Hampton Inn \$99 (419)225-8300	1933 Roshman Lima, Ohio 45804
Wingate Inn-\$83 (419)228-7000	175 Market Ave. Lima, Ohio 45901

***The Howard Johnson is the Host Hotel. Please register under Black-Jack Track or AAU Track block.**

Saturday July 2, 2016 8:00-11:00 p.m. Social event for parents, coaches and officials at the Howard Johnsons

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event .
- AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership. * Be Prepared! Adult and non athlete memberships are no longer instant and cannot be applied for at the event. Please allow at least 10 days for memberships to be processed.



2016 AAU Region 4 Multi-Event Schedule



Multi-Events will start at the designated time listed. It is recommended that you check in with your designated Multi-Event official at least 30 minutes before the time listed. Athletes not checked-in at their designated venue and start time will be scratched from the event.

All Multi field events are measured in meters!

Thursday – June 30th

4:00 PM	13/14Boys	Pentathlon – 100MH, High Jump #1, Shot Put #1, Long Jump #1, 1500M
	13/14Girls	Pentathlon – 100MH, High Jump #2, Shot Put #2, Long Jump #2, 800M
	15-18/Girls	Heptathlon – 100MH, High Jump, Shot Put #2, 200M
4:15 PM	15-18 Boys	Decathlon – 100m, Long Jump #1, Shot Put #1, High Jump#1, 400M

Friday – July 1st

9:00 AM	11/12Boys	Pentathlon – 80M H, Long Jump #2, Shot Put #1, High Jump #1, 1500M
	11/12Girls	Pentathlon – 80M H, Long Jump #1, Shot Put #2, High Jump #2, 800M
	15-18Boys	Decathlon – 110M H, Disc, Pole Vault, Javelin, 1500M
9:15AM	15-18Girls	Heptathlon – Long Jump, Javelin, 800M
12:00 PM	9/10Boys	Triathlon – High Jump #1, Shot Put #1, 400M
	9/10Girls	Triathlon – High Jump #2, Shot Put #2, 200M



2016 AAU Region 4 Championships



After the initial event all events will be on a ROLLING SCHEDULE. Listen to announcements and check-in to the designated check-in area. Any athlete that does not check-in before their schedule heat is run will be scratched from the event.

Friday Morning – July 1st

- 9:30 AM 1500 Meter Race-walk – All Age Groups Combined 9-12
 3000 Meter Race-walk – All Age Groups Combined 13-18
- 10:30 AM 2000m Steeple Chase
- 11:30 AM 3000 Meter Run – Starting with 11-18 Boys/Girls Age Groups will be combined
- 12:00 PM Pole Vault- 13-18 Boys Combined. Followed by 13-18 Girls combined age groups.
 Boys Long Jump 13/14
 Boys Long Jump 15-16/ 17-18
 Girls Long Jump 15-16/ 17-18
- 3:00 PM Triple Jump (after the long jump) All Boys age groups (youngest to oldest)
 All girls age groups (youngest to oldest)

Saturday July 2nd

- 9:00 A.M 4 x 800 Meter Relay – Age Groups will be combined by gender
 80 / 100 / 110 Meter Hurdles – TIMED FINALS - In the following order:
 80mh – 11G / 11B / 12G / 12B (30")
 100mh – 13/14G (30"); 100mh- 13B/14B (33"); 15-16G/17-18G (33"); 110B – 15-19
 100 Meter Dash Prelims – Starting with 5-8 girls. Top 8 times advance to Finals
 800 Meter Run- Starting with youngest 5-8 girls- Timed Final.
 Scholarship Presentation
 400 Meter Dash – Starting with 5-8 girls – TIMED FINAL.
 200 Meter Dash Prelims – Starting with 5-8 girls – Top 8 times advance to Finals

Sunday – July 3rd

- 9:00 A.M 200 / 400 Meter Hurdles – TIMED FINALS - In the following order:
 200H – 13G/ 13B/ 14G/ 14B (30") 400H – 15-16/17-18G (30"); 15-16B/17-18 (36")
 100 Meter Dash Finals – Starting with PG
 1500 Meter Run – Starting with 5-8G – Age Groups may be combined by gender
 4 x 100 Meter Relay – Starting with 5-8G
 200 Meter Dash Finals - Starting with 5-8G
 4 x 400 Meter Relay – Starting with 9-10G



2016 Ohio AAU 4 Region Championships Athlete Waiver Form

**** Waiver of Liability ****

PLEASE PRINT

First Name

Last Name

Address

City

State

Phone

Date of Birth

____ / ____ / ____
month day year

Circle: Male Female

Age Group:

4-8

9, 10

11, 12

13, 14

15, 16

17, 18

Athlete's Participation Release:

I do, hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damage which may have or may hereafter accrue to me against AAU Track and Field, Ohio AAU T & F, Black-Jack Track, Lima City Schools, City of Lima or their respective officers, agents, representatives, successors and/or assigns for any and all damages which may be sustained by me in connections with my association with or entry in the OHIO AAU Region 4 Championships, or which may arise out of traveling to or participating in, and returning from said meet.

Athlete's Signature _____

Parent's Signature _____

Track Club _____

