

Meet of Champion Winners

BOYS 60-YARD DASH (55M)

1969	Bob Hauk, St. Joseph Montvale	6.4
1970	Charles Wells, Lincoln	6.4
1971	Carl Stewart, Rahway	6.3
1972	Charles Wells, Lincoln	6.4
1973	John Chambers, Neptune	6.2
1974	John Chambers, Neptune (6.1 Trial)	6.2
1975	Manny Small, Williamstown	6.3
1976	Dana Shelton, Hightstown	6.3
1977	Frank Kelly, Westfield	6.3
1978	Carlos Roberts, Franklin	6.42
1979	Ron Singletary, Trenton	6.4
1980	Sam Seale, Orange (55 meters)	6.4
1981	Mike Parker, Salem	6.3
1982	Clark Waddell, Franklin	6.50
1983	Dennis Mitchell, Edgewood	6.3
1984	Vernon June, St. Benedict's	6.4
1985	Lee Jerkins, Edgewood	6.4
1986	Joe Henderson, Freehold Boro	6.39
1987	Barry Bacon, Neptune	6.45
1988	Derrick Horner, Don Bosco	6.53
1989	Lamar Wright, Penns Grove	6.55
1990	Enayat Oliver, Clifford Scott	6.54
1991	Ty Adams Monmouth	6.56
1992	Eugene Hardy, Neptune	6.55
1993	Rufus Wright, Bridgeton	6.55
1994	Mike Fields, Roselle	6.59
1995	Joe Dawkins, Hackensack	6.48
1996	Albert Newkirk, Camden	6.56
1997	Albert Newkirk, Camden	6.50
1998	Richard Hubbard, Eastern	6.55
1999	Nick Brown, Bridgeton	6.57
2000	Anthony Davis, Plainfield	6.42
2001	Danny Johnson, Rahway	6.42
2002	James Townsend Holy Cross	6.57
2003	Adian Sanderson, Ewing	6.54
2004	Darren Ford, Vineland	6.47
2005	Latif Brewer, Union	6.56
2006	Reginald Dixon-Venson, Plainfield	6.52
2007	Reggie Dixon, Plainfield	6.46
2008	Damier Johnson, Long Branch	6.38
2009	James Bown, Glassboro	6.38
2010	Miles Shuler-Foster, Long Branch	6.40
2011	Miles Shuler-Foster, Long Branch	6.39
2012	Darnell Charles, Oakcrest	6.46
2013	Dominique Irons, Haddon Heights	6.42
2014	Kashif Miller, Haddon Heights	6.46

BOYS 200-METER DASH

2005	Bryant McCombs, Old Bridge	22.17
2006	Doug Cloninger, Morristown	23.06

BOYS 440-YARD RUN (400M)

1969	Keith Davis, Lincoln	50.1
1970	Keith Davis, Lincoln	49.9
1971	Dave Law, Snyder	50.3
1972	Dave Law, Snyder	49.3
1973	Dave Law, Snyder	49.0
1974	Jerry Wyche, Hackensack	50.7
1975	Mike Peniston, Neptune	50.3
1976	Mike Peniston, Neptune	49.4
1977	Darrell Jeffress, Trenton	50.8
1978	Darrell Jeffress, Trenton	49.8
1979	John Bailey, Monmouth	49.5
1980	Jack Armour, Lincoln (400 meters)	49.9
1981	Kevin Overton, West Deptford	50.1
1982	Tony Valentine, Plainfield	49.4
1983	Tony Valentine, Plainfield (48.9ht)	49.7
1984	Dennis Mitchell, Edgewood	49.3
1985	Brian Bennett, Edgewood	49.5
1986	Tony Tiller, Westfield	50.73
1987	Andrew Cameron, Eastside-Pat	50.54
1988	David Fields, Monmouth	49.86
1989	David Fields, Monmouth	49.32
1990	William Mobley, Eastern	49.80
1991	Lamont Smith, Willingboro	48.68

1992	Curt McIntire, Bridgeton	50.02
1993	Nakia Fenner, Nwk Science	50.09
1994	Royce Reed, Bridgeton	50.06
1995	Royce Reed, Bridgeton	49.92
1996	Walter King, Hackensack	50.31
1997	Tyrone Ross, Metuchen	49.90
1998	Rob Gary, Lenape	49.53
1999	Nick Brown, Bridgeton	49.76
2000	Mohamed Kann, Lenape	50.18
2001	Marvin Lewis, Willingboro	50.13
2002	Lance Wigfall, East Orange	49.61
2003	Lance Wigfall, East Orange	48.50
2004	Andrew Anderson, Montclair	50.63
2005	Shaquan Brown, JFK-Paterson	49.53
2006	Bryant McCombs, Old Bridge	49.18
2007	Charles Cox, Monmouth Reg	48.92
2008	Clayton Parros, Seton Hall	49.35
2009	Andrew Burt, Lacey Twp	49.33
2010	Clayton Gravesande, Franklin	49.31
2011	Najee Glass, St. Peter's Prep	48.48
2012	Darrell Bush, Woodbury	49.11
2013	Zyaire Clemes, Trenton	48.26
2014	Taylor McLaughlin, Union Cath	49.36

BOYS 880-YARD RUN (800M)

1969	Joe Savage, Roselle Catholic	1:55.5
1970	Joe Savage, Roselle Catholic	1:55.6
1971	Brian Guaschino, No Bergen	1:55.8
1972	Gary Trojanowski, St Joe Metuchen	1:55.5
1973	Alex Long, Hudson Catholic	1:57.9
	Don Grow, Toms River South	1:57.9
1974	Steve Mohyla, Seton Hall	1:57.0
1975	Andy Hubsch, Westfield	1:56.7
1976	Tony Uzdavines, Williamstown	1:56.0
1977	Tony Uzdavines, Williamstown	1:56.6
1978	Aubrey McKithen, Trenton	1:57.4
1979	Rich Caton, Woodbury	1:57.4
1980	John Marshall, Plainfield (800 m)	1:55.8
1981	John Marshall, Plainfield	1:54.4
1982	Dwayne Brake, Irvington	1:56.5
1983	John Carlotti, Bernards	1:57.0
1984	Mike Glenn, Trenton	1:55.6
1985	Fred Bronner, Morris Hills	1:55.4
1986	Ranjan Sinha, Bernards	1:56.87
1987	Rodney Smith, Hillside	1:58.50
1988	Rich Kenah, Imm. Conception	1:56.27
1989	Ernesto Perez, West Side	1:56.26
1990	Ernesto Perez, West Side	1:54.36
1991	Jean Destine, Elizabeth	1:53.77
1992	Robert Motz, Rahway	1:56.78
1993	Robert Motz, Rahway	1:58.52
1994	Robert Motz, Rahway	1:57.06
1995	Matt Kalwinsky, TR North	1:56.68
1996	Matt Elmuccio, Westfield	1:55.27
1997	Matt Elmuccio, Westfield	1:55.16
1998	Joe Lewis, Pleasantville	1:56.13
1999	Eric Motzenbecker, Wall	1:56.67
2000	Josh Kauke, Ridgewood	1:57.42
2001	Nat Glackin, Christian Brothers	1:57.78
2002	Ken Sinkovitz, Bergen Catholic	1:55.13
2003	Ken Sinkovitz, Bergen Catholic	1:55.16
2004	Greg Gomez, Franklin	1:55.93
2005	Rob Novak, Bordentown	1:57.52
2006	Tom Friscia, Red Bank Reg.	1:58.83
2007	John Gray, Southern Reg.	1:56.92
2008	Robert Andrews, Manalapan	1:54.85
2009	Xavier Fraction, Washington Twp	1:54.82
2010	Kevin Byrne, Red Bank Catholic	1:55.10
2011	Justin Hill, Seton Hall	1:55.87
2012	Allen Eke, Union Catholic	1:52.24
2013	Issac Clark, Pleasantville	1:51.72
2014	Joe White, DePaul	1:53.95

BOYS ONE-MILE RUN (1500/1600)

1969	Bruce Scott, Union	4:20.2
1970	Bill Sieben, Union Catholic	4:14.7

1971	Kevin Conheaney, Hackensack	4:18.7
1972	Vince Cartier, Scotch Plains	4:06.6
1973	Dave Wall, Dickinson	4:15.1
1974	Greg Stremmel, Gateway	4:18.2
1975	Kevin Byrne, Bergen Catholic	4:16.3
1976	Henry Meuke, Toms River No	4:16.2
1977	Roger Jones, Ramsey	4:16.4
1978	John Wavro, St- Joseph Met	4:21.9
1979	Dave Swatland, Columbia	4:19.9
1980	Mike Benson, TR South (1500M)	4:04.0
1981	Cliff Sheehan, Westfield	3:59.6
1982	Bill Lee, East Brunswick (1600M)	4:18.6
1983	John Carlotti, Bernards	4:16.4
1984	Mike Glenn, Trenton	4:20.2
1985	Lyle Smith, Bernards	4:22.0
1986	Lyle Smith, Bernards	4:17.79
1987	James Barnes, St. Benedict's	4:18.26
1988	Matt Mitchell, Christian Bros	4:18.93
1989	Bryan Spoonire, Asbury Park	4:19.88
1990	Bryan Spoonire, Asbury Park	4:16.86
1991	Bryan Spoonire, Asbury Park	4:19.00
1992	Chris Lear, Pingry	4:16.27
1993	Rich Morris, Jackson	4:17.75
1994	Chris Greer, Toms River So	4:26.81
1995	Matt Elmuccio, Westfield	4:21.12
1996	Isidro Pimentel, Snyder	4:23.55
1997	Steve Slattery, Mount Olive	4:16.62
1998	Nathan Sisco, North Hunterdon	4:20.15
1999	Jon Fasulo, Hunterdon Central	4:23.36
2000	Miguel Jones, Hillsboro	4:23.01
2001	Brian Boyett, Parsippany Hills	4:21.94
2002	Jeremy Zagorski, Parsippany Hills	4:21.90
2003	Chris Platt, Haddonfield	4:16.64
2004	Carmen Cavella, Washington T	4:19.09
2005	Greg Leach, Christian Brothers	4:18.35
2006	Craig Forsy, Colts Neck	4:17.11
2007	Dennie Wait, Red Bank Reg.	4:21.63
2008	Jermaine Coore, Franklin	4:18.68
2009	Liam Tansey, Morris Hills	4:11.95
2010	DJ Thornton, Union Catholic	4:12.54
2011	Erik Johnson, Ocean City	4:16.02
2012	Ben Malone, Pascack Valley	4:11.66
2013	Rob Napolitano, Red Bank Cath	4:17.84
2014	Mike McClemens, Christian Bros	4:14.20

BOYS TWO-MILE RUN (3K/3200)

1969	Mike Keogh, Essex Catholic	9:21.9
1970	Ken Medlin, Haddon Twp	9:13.6
1971	Vince Cartier, Scotch Plains	9:08.7
1972	Carlos Bazo, Essex Catholic	9:11.0
1973	Chris Inman, Essex Catholic	9:07.8
1974	Chris Hallinan, Bernards	9:09.3
1975	Brian Penn, Watchung Hills	9:14.7
1976	Ed Taylor, Edison	9:13.2
1977	Ron Gale, Christian Bros	9:19.6
1978	Mike Mantini, Gateway	9:15.0
1979	Dave Thomson, Dover	9:15.9
1980	Jim Smith, Haddonfield (3K)	8:48.1
1981	J.J. Clark, Columbia	8:45.8
1982	J.J. Clark Columbia (3200)	9:11.9
1983	Chris Blanchet, Bernards	9:24.9
1984	Brad Hudson, North Hunterdon	9:19.7
1985	Bill Kolb, Christian Brothers	9:19.3
1986	Kevin Pumphrey, Highland	9:15.76
1987	John Coyle, Christian Bros	9:23.56
1988	John Coyle, Christian Bros	9:28.40
1989	Bill Nann, Bernards	9:25.30
1990	Albert Donawa, Camden	9:27.45
1991	Matt Doherty, St. Joseph Met	9:25.57
1992	Steve Mazur, Highland	9:32.71
1993	Per Chilstrom, Columbia	9:36.25
1994	Bob Keino, Ridgewood	9:18.11
1995	Scott Muoio, Brick	9:26.53
1996	Eric Savoth, Christian Brothers	9:17.06
1997	Adam Daniels, Seton Hall	9:21.11
1998	Steve Slattery, Mt. Olive	9:18.58

Meet of Champion Winners

1999	Tim Styler, Cranford	9:22.70
2000	Brian Boyett, Parsippany Hills	9:22.99
2001	Brian Boyett, Parsippany Hills	9:14.72
2002	Dan Deichert, Eastern	9:25.86
2003	Mohamed Khadraoui, JFK-Pat	9:18.91
2004	Mohamed Khadraoui, JFK-Pat	9:06.58
2005	Joe McKenney, Cranford	9:20.77
2006	Craig Forsys, Colts Neck	9:15.11
2007	Craig Forsys, Colts Neck	9:03.58
2008	Brian Leung, W.Wind-PI South	8:59.77
2009	Sean Pohorence, Morris Hills	9:08.55
2010	Jon Vitez, Haddonfield	8:58.81
2011	Matthew McDonald, No Hunterdon	9:15.73
2012	Tim Ball, Piscataway	9:10.69
2013	Tom O'Neill, Middletown North	9:02.00
2014	Blaine Ferro, Christian Bros	9:12.70

BOYS 60-YARD HIGH HURDLES (55M)

1969	John Bykowsky, St. Joseph Mont	7.4
1970	Jim Robinson, Camden	7.3
1971	Paul Ricciardi, Iselin	7.0
1972	Reggie Blackshear, Metuchen	7.0
1973	Reggie Blackshear, Metuchen	6.9
1974	Randy Johnson, Morristown	7.1
1975	Randy Johnson, Morristown	7.3
1976	Paul Snipes, Essex Catholic	7.2
1977	Renaldo Nehemiah, Scotch PI (5H)	6.9
1978	Chris Person, Plainfield	7.49
1979	John Manley, Neptune	7.3
1980	Craig Morris, Monmouth (55 meters)	7.3
1981	Barry McClain, Trenton	7.3
1982	Stephan Fletcher, Princeton	7.4
1983	Stephan Fletcher, Princeton	7.4
1984	George Barry, Camden	7.6
1985	Jon Dickey, Penns Grove	7.6
1986	Jerry Pemberton, Hackensack	7.50
1987	George Bland, Penns Grove	7.43
1988	Todd Walthall, Seton Hall	7.51
1989	Gerard Reynolds, Willingboro	7.58
1990	Mike Anderson, Edgewood	7.56
1991	John Charley, Morristown	7.58
1992	Ed Loges, Shawnee	7.54
1993	Dudley Dorival, Ewing	7.63
1994	Jason Ellis, Lakewood	7.64
1995	Anthony DiCosmo, Paramus	7.52
1996	Sultan Tucker, Delsea	7.36
1997	Sultan Tucker, Delsea	7.44
1998	Todd Matthews, Notre Dame	7.43
1999	Danyne Brown, Camden	7.44
2000	Chris Stephens, Plainfield	7.61
2001	Anthony Acklin, Triton	7.42
2002	Aaron Ross, Clearview	7.77
2003	Jeff Porter, Franklin	7.41
2004	Reuben McCoy, Winslow Twp	7.48
2005	Chris Haley, Union	7.49
2006	William Brown, Palmyra	7.71
2007	Tykeen Fulton, Trenton	7.45
2008	Kamryn Austin, Ewing	7.48
2009	Joshua Evans, Irvington	7.40
2010	Devon Carter, Washington Twp	7.49
2011	Christian Boateng, Old Bridge	7.36
2012	Jermaine Collier, Trenton	7.19
2013	Zach Ghizzone, Union Catholic	7.51
2014	Obafemi Animashaun, Union Cath	7.44

BOYS HIGH JUMP

1969	Leroy Haves, Asbury Park	6-4
1970	Henry Englebrecht, CBA	6-4
1971	Fred Zeiher, West Essex	6-2
1972	Kevin Allen, Madison Twp	6-4
1973	Ron Liteplo, East Brunswick	6-4
1974	Ron Liteplo, East Brunswick	6-9
1975	Ed Kijewski, Plainfield	6-7
1976	Barry Anderson, Rancocas Valley	6-6
1977	Bob Jones, East Brunswick	6-8
1978	Donis Marshall, Neptune	6-6

1979	Milt Goode, Monmouth	7-0
1980	Mike Pascuzzo, Lenape	6-10
1981	Kraig Sanders, Asbury Park	6-8
1982	John Howard, Elizabeth	6-6
1983	Kevin McGorty, Westfield	6-10
1984	Scott Harrison, Willingboro	6-8
1985	Kerry Vivett, Edgewood	6-8
1986	Craig Wiley, Mount Olive	6-8
1987	Terry Ferguson, Cherry Hill West	6-10
1988	Mark DeAngelis, Tenaflly	6-6
1989	Rich Robinson, St Joseph Mont	6-8
1990	Eric Taylor-Perry, Montclair	6-10
1991	Mike Loftin, North Hunterdon	6-10
1992	Ronald Thomas, Paterson Kennedy	6-6
1993	Ed Watts, South Brunswick	6-6
1994	Andrew Dambreville West Orange	6-8
1995	Derrick Ponton, Montclair	7-0
1996	Kijana Corbin, Columbia	6-6
1997	Cory Hubert, St. John Vianney	6-10
1998	Raffael Craig, Millville	6-6
1999	Raffael Craig, Millville	6-10
2000	Paul Klemic Mainland	6-10
2001	Lonnie Washington, Elizabeth	6-8
2002	Mike Morrison, Willingboro	7-1
2003	Adam Wendel, Westfield	6-6
2004	Jamal Ames, Vineland	6-6
2005	Chris Haley, Union	6-10
2006	Josh Butler, Delsea	6-6
2007	Devon Bond, Trenton	6-8
2008	Adam Bergo, Westfield	6-8
2009	Alex Smith, Rumson-Fair Haven	6-8
2010	Mark Jones, Summit	6-8
2011	Mark Jones, Summit	6-8
2012	Ryan North, Southern	6-6
2013	Zach Davis, Sparta	6-8
2014	Ian Kirk, Howell	6-7

BOYS POLE VAU LT

2005	Anthony Abitante, Berkeley Heights	14-6
2006	John Oberg, Ocean City	14-6
2007	Mike Goldwasser, Manalapan	13-6
2008	Daniel Batdorf, West Deptford	15-6
2009	Greg Kelley, Toms River North	15-0
2010	Justin Amezcuita, Gov. Livingston	15-0
2011	Dylan Spadaccini, Matawan	14-6
2012	Craig Hunter, Robbinsville	14-6
2013	Craig Hunter, Robbinsville	16-0
2014	Mike Benz, Delbarton	15-0

BOYS SHOT PUT

1969	Steve Adams, St Joe Montvale	62-8
1970	Steve Adams, St Joe Montvale	64-6.75
1971	Rudy Guevara, Essex Catholic	61-10
1972	Al Wujciak, Essex Catholic	58-3
1973	Ron Klotzer, Union	62-4
1974	Ron Klotzer, Union	60-8.5
1975	Bruce Heide, Springfield	62-9
1976	Manny Silverio, North Bergen	60-8
1977	Bob Vorhies, Our Lady/o Valley	61-9
1978	Brian Dalatri, Brick	56-10
1979	Bill Smith, Brick	55-11
1980	Mike Vuncic, Fair Lawn	57-3
1981	Scott Vrabel, Elizabeth	58-0
1982	George Dippold, Christian Bros	58-4
1983	James Gilligan, Toms R East	59-3
1984	James Gilligan, Toms R East	63-0.5
1985	Rich Lewis, Willingboro	57-9.5
1986	Mike Theuerkauf, Demarest	57-7.5
1987	David Dixon, Mainland	58-3.5
1988	Mike Theuerkauf, Demarest	59-9.25
1989	Kevin Flynn, Cedar Ridge	56-3.5
1990	Chris Robinson, Penns Grove	59-8
1991	Aaron Echternacht, Hopewell V	60-11.5
1992	Tyrone Garland, Matawan	59-1.75
1993	Tyrone Garland, Matawan	58-10
1994	Ray Wilks, Bridgeton	58-0

1995	Ray Wilks, Bridgeton	62-7.5
1996	Shaun McGregor, Bergen Cath	57-9.75
1997	Kevin DiGiorgio, Bayonne	63-10.25
1998	Kevin DiGiorgio, Bayonne	67-3
1999	Terrance Glover, Hamilton	57-4.25
2000	Glenn DiGiorgio, Bayonne	60-525
2001	Glenn DiGiorgio, Bayonne	61-10
2002	Glenn DiGiorgio, Bayonne	65-10
2003	John Langhauser, Ridge	56-3.75
2004	Dave Zaycek, Wall	58-7
2005	Steven DiGiorgio, Bayonne	57-8.5
2006	Steve D'Arcy, Hanover Park	55-9.25
2007	Mike Alleman, Scotch Plains	59-3
2008	Nicholas Vena, Morristown	62-7.5
2009	Nicholas Vena, Morristown	67-7
2010	Nicholas Vena, Morristown	69-5.5
2011	Nicholas Vena, Morristown	67-2.5
2012	Brahame Days, Bridgeton	67-8.75
2013	Brahame Days, Bridgeton	66-10.5
2014	Nick Pulli, West Deptford	61-3

BOYS ONE-MILE/1600-METER RELAY

1969	Lincoln	3:24.5
1970	Seton Hall	3:22.1
1971	Henry Snyder	3:22.3
1972-84	No Race	
1985	Edgewood	3:26.0
1986	Eastside Paterson	3:27.1
1987	Eastside Paterson	3:29.1
1988	Willingboro	3:28.35
1989	West Side	3:24.90
1990	Willingboro	3:28.80
1991	Weequahic	3:25.83
1992	Weequahic	3:24.96
1993	Franklin (4x400 meters)	3:25.90
1994	Woodrow Wilson	3:30.49
1995	Willingboro	3:27.96
1996	Woodrow Wilson	3:24.64
1997	Metuchen	3:26.41
1998	Lenape	3:24.53
1999	Camden	3:25.23
2000	Lenape	3:24.50
2001	Camden	3:22.44
2002	Eastern	3:27.04
2003	Winslow Twp	3:24.43
2004	Camden	3:27.53
2005	No Race	
2006	Old Bridge	3:28.35
2007	Monmouth Regional	3:22.42
2008	Winslow Township	3:24.32
2009	Rahway	3:23.02
2010	Bergen Catholic	3:25.78
2011	Teaneck	3:25.03
2012	Oakcrest	3:20.53
2013	Union Catholic	3:21.64
2014	Union Catholic	3:19.70

GIRLS 55-METER DASH

1979	Judy Davis, Lincoln	7.0Y
1980	Michele Glover, Willingboro	6.8M
1981	Michele Glover, Willingboro	6.8
1982	Denise Mitchell, Edgewood	7.15
1983	Denise Mitchell, Edgewood	6.9
1984	Wendy Vereen, Trenton	6.7
1985	Talisa Lawson, Roselle Cath	7.1
1986	Artrelia Turner, Wilson	7.21
1987	Talisa Lawson, Roselle Cath	7.24
1988	Michelle Samuels, Red Bank	7.25
1989	Drexel Long, Monmouth	7.28
1990	Tiffany Weatherford, Science	7.12
1991	Regina Trotter, Weequahic	7.05
1992	Tiffany Weatherford, Science	7.27
1993	Inshallah Saunders, Plainfield	7.23
1994	Tvsha Crichlow, Neptune	7.25
1995	Vanessa Lewis, Mortis Cath	7.13
1996	Dana Burnett, Williamstown	7.12

Meet of Champion Winners

1997 Aleah Williams, Montclair	7.12
1998 Aleah Williams, Montclair	6.97
1999 Amandi Rhett, Moorestown	7.13
2000 Takara Wilks, Lincoln	7.23
2001 Takara Wilks, Queen of Peace	7.26
2002 Takara Wilks, Queen of Peace	7.21
2003 Jenna Harris, Franklin	7.15
2004 Sophia Wallace, Montclair	7.30
2005 Shavon Greaves, Lakewood	7.20
2006 Ogechi Nwaneri, Chatham	7.17
2007 English Gardner, Eastern	7.08
2008 Ogechi Nwaneri, Chatham	6.93
2009 Dominique Booker, Mont Immaculate	6.92
2010 English Gardner, Eastern	7.03
2011 Myasia Jacobs, Paramus Catholic	6.96
2012 Haisha Bisiolu, Union	7.12
2013 Haisha Bisiolu, Union	7.00
2014 Torie Robinson, Winslow Twp	6.95

GIRLS 200-METER DASH

2005 Symone O'Connor, Franklin	25.22
2006 Krystal Cantey, Winslow Twp	25.07

GIRLS 400-METER RIJN

1979 Robin Stephens, Lakewood	1:02.1Y
1980 Robin Stephens, Lakewood	57.7M
1981 Robin Stephens, Lakewood	56.6
1982 Tracey Carter, Plainfield	57.79
1983 Jackie Bobien Scott	57.1
1984 Denise Mitchell, Edgewood	55.7
1985 Giselle Harris, Shabazz	56.31
1986 Giselle Harris, Shabazz	56.63
1987 Ginny Figlar, Ridgewood	58.42
1988 Shalonda Smith, Lincoln	58.45
1989 Crystal Williamson, East Orange	57.63
1991 Michelle Samuels, Red Bank	56.38
1991 Drexel Long, Monmouth	57.09
1992 Kisha Blanton, Neptune	57.61
1993 Angela Lee, Franklin	58.15
1994 Angela Lee, Franklin	58.30
1995 Dana Burnett, Williamstown	58.14
1996 Dana Burnett, Williamstown	57.69
1997 Mikele Barber, Montclair	57.42
1998 Mikele Barber, Montclair	55.45
1999 Nadia Davy, Bridgeton	56.90
2000 Tawana Watkins, Paterson Kenn	57.16
2001 Tawana Watkins, Paterson Kenn	57.60
2002 Tawana Watkins, Paterson Kenn	56.96
2003 Okechi Ogbuokiri, Willingboro	57.54
2004 Janine Dal, is, Queen of Peace	57.66
2005 Krystal Cantey, Winslow Twp	56.93
2006 Kristen Mahon, Notre Dame	56.08
2007 English Gardner, Eastern	56.29
2008 Nijgia Snapp, Oakcrest	55.19
2009 Nijgia Snapp, Oakcrest	55.74
2010 Michelle Brown, Seneca	55.96
2011 Olivia Baker, Columbia	56.41
2012 Olivia Baker, Columbia	56.31
2013 Olivia Baker, Columbia	54.72
2014 Olivia Baker, Columbia	54.09

GIRLS 800-METER RUN

1979 Mary Ellen Damutz, Highstown	2:24.7Y
1980 Judy Ruff, Highland Park	2:20.9M
1981 Gail Bryant, Columbia	2:16.2
1982 Kim Sannito, Caldwell	2:15.7
1983 Bobbie McGee, West Side	2:15.8
1984 Giselle Harris, Shabazz	2:17.5
1985 Giselle Harris, Shabazz	2:13.3
1986 Giselle Harris, Shabazz	2:15.18
1987 Jasmin Jones, Hackensack	2:11.50
1988 Lynne Collazo, Ridgewood	2:19.09
1989 Marcia Baker, West Side	2:15.84
1990 Monica Olkowski, Cherokee	2:12.45
1991 Jennifer Metz, Pascack Valley	2:17.66
1992 Jennifer Metz, Pascack Valley	2:15.55

1993 Velieta Graham, Asbury Park	2:18.99
1994 Hazel Clark, Columbia	2:18.38
1995 Hazel Clark, Columbia	2:15.55
1996 Dara Crocker, Columbia	2:18.65
1997 Dara Crocker, Columbia	2:15.37
1998 Mia Campo, St Mary's (JC)	2:14.79
1999 Mia Campo, St Mary's (JC)	2:16.92
2000 Courtney McCrudden, Eastern	2:17.15
2001 Kathleen Trotter, Red Bank	2:17.34
2002 Kathleen Trotter, Red Bank	2:16.50
2003 Kathleen Trotter, Red Bank	2:12.92
2004 Janine Davis, Queen of Peace	2:14.60
2005 Janine Davis, Queen of Peace	2:13.72
2006 Lauren Gregory, Morris Knolls	2:15.91
2007 Lauren Bariexca, Pope John 23	2:15.24
2008 Emily Carrollo, Pope John XXIII	2:14.88
2009 Ajee Wilson, Neptune	2:10.45
2010 Megan Tieran, Washington Twp	2:11.53
2011 Emmy Duffey, Lenape	2:13.51
2012 Emmy Duffey, Lenape	2:15.12
2013 Olivia Baker, Columbia	2:14.83
2014 Corine Myers, Westwood	2:10.52

GIRLS 1600-METER RUN

1979 Mary Beth Hogan, Crandford	5:21.5
1980 Joetta Clark, Columbia	1500 4:36.8
1981 Theresa Gschwind, Summit	4:40.6
1982 Michelle Rowen, Wash Twp	1600 4:55.7
1983 Michelle Rowen, Wash Twp	4:49.5
1984 Toni Ann Angione, Bergenfield	5:03.2
1985 Ruth Lockbaum, Glassboro	4:56.0
1986 Karen Ahearn, Bernards	4:58.26
1987 Anne Letko, No Hunterdon	5:09.99
1988 Cathy Feeney, Wayne Valley	5:06.92
1989 Cathy Feeney, Wayne Valley	5:09.29
1990 Cathy Feeney, Wayne Valley	5:08.81
1991 Christine Engel, Mt Olive	5:08.19
1992 Christine Engel, Mt Olive	5:02.82
1993 Martina Brosnahan, IHA	5:12.95
1994 Liz Moore, Shawnee	5:09.46
1995 Autumn Fogg, Hunterdon Central	5:03.83
1996 Autumn Fogg, Hunterdon Central	5:05.21
1997 Lorena Adams, Manchester	5:00.92
1998 Dara Crocker, Columbia	5:07.77
1999 Stephanie Snyder, Randolph	5:05.08
2000 Shannon Hawrylo, Hunterdon Cent	5:11.07
2001 Amanda Trotter, Red Bank	5:00.75
2002 Casey Nelson, Hunterdon Central	5:09.21
2003 Brittnee Bynoe, Willingboro	5:06.53
2004 Casey Nelson, Hunterdon Central	5:00.21
2005 Danielle Tauro, Southern	4:57.90
2006 Amanda Marino, Jackson Mem	4:55.21
2007 Jillian Smith, Southern Reg.	4:53.98
2008 Jillian Smith, Southern Reg.	5:00.96
2009 Jillian Smith, Southern Reg.	4:48.23
2010 Ajee Wilson, Neptune	4:58.53
2011 Molly McNamara, Red Bank Cath	4:54.41
2012 Liana Marzano, Red Bank Cath	4:58.38
2013 Emily Bushey, Vernon	5:00.25
2014 Kylene Cochrane, W Morris Cen	4:53.17

GIRLS 3200-METER RUN

1979 Ann Gladue, Bayley-Ellard (2-m)	11:17.5
1980 Theresa Gschwind, Summit (3K)	10:11.5
1981 Michelle Rowen, Wash Twp (3K)	10:18.9
1982 Janet Smith, North Edison (3200)	10:59.3
1983 Megan Waldron, Bernards	11:03.6
1984 Jen Van Horn, Wayne Valley	10:55.7
1985 Jen Van Horn, Wayne Valley	10:47.1
1986 Anne Letko, North Hunterdon	10:39.6
1987 Anne Letko, North Hunterdon	10:51.3
1988 Sandra Tignor, Princeton	10:58.72
1989 Cathy Feeney, Wayne Valley	10:59.72
1990 Monal Chokshi, Bridgewater	10:47.92
1991 Monal Chokshi, Bridgewater	10:56.13
1992 Monal Chokshi, Bridgewater	11:03.12

1993 Cathy McGuigan, Bridgeton	11:21.96
1994 Jessica King, Glen Ridge	11:15.66
1995 Loretta Adams, Manchester Twp	10:53.52
1996 Ann Klocke, Bishop Eustace	10:58.93
1997 Amy Beykirch, Pinelands	10:57.81
1998 Cate Guiney, Middletown South	10:57.36
1999 Cate Guiney, Middletown South	10:43.25
2000 Kris Meyer, Hillsboro	11:08.50
2001 Erin Donohue, Haddonfield	10:38.90
2002 Amanda Trotter, Red Bank	10:41.63
2003 Amanda Trotter, Red Bank	10:38.87
2004 Jennifer Clausen, Jackson	10:54.67
2005 Ashley Higginson, Colts Neck	10:52.72
2006 Ashley Higginson, Colts Neck	10:36.74
2007 Ashley Higginson, Colts Neck	10:26.53
2008 Melanie Thompson, Voorhees	10:42.82
2009 Melanie Thompson, Voorhees	10:39.39
2010 Megan Venables, Highland Reg.	10:42.68
2011 Megan Venables, Highland Reg	10:38.31
2012 Dana Giordano, Bernards	10:24.73
2013 Mackenzie Barry, W M Mendham	10:38.54
2014 Dena Klein, Gill St. Bernard's	10:37.70

GIRLS 55-METER HURDLES

1979 Cheryl Morrison, Lincoln	8.0Y
1980 Carol Lewis, Willingboro	7.9M
1981 Carol Lewis, Willingboro	8.0
1982 Sharon Hughley, Monmouth	8.35
1983 Zonya Cross, Edgewood	8.2
1984 Wendy Vereen, Trenton	7.8
1985 Leticia Beverly, Newark Science	8.4
1986 Hope Wright, Columbia	8.29
1987 Dawn Bowles, Neptune	8.19
1988 Dawn Bowles, Neptune	7.95
1989 Melissa Langlois, Madison Boro	8.48
1990 Alnisa Tucker, Newark Science	8.35
1991 Helen Wilks, Bridgeton	8.45
1992 Nichole Belcher, Wilson	8.13
1993 Helen Wilks, Bridgeton	8.36
1994 Joycelyn Harris, Franklin	8.36
1995 Melanie Gonzalez, Lakewood	8.37
1996 Charmaine Walker, Plainfield	8.04
1997 Charmaine Walker, Plainfield	7.86
1998 Carlene Cummings, Englewood	8.11
1999 Bridgette Ingram, Columbia	8.30
2000 Alethia Jenkins, Pennsauken	8.21
2001 Amber Williams, Roxbury	8.22
2002 Jennifer Whitlock, Montclair	8.36
2003 Porscha Dobson, Kent Place	8.07
2004 Sonya Sullivan, Manchester Twp	8.28
2005 Trier Young, Neptune	8.04
2006 Nia Ali, Pleasantville	8.15
2007 Racquel Vassell, East Orange	8.11
2008 Samantha Sharper, W. Wilson	8.09
2009 Briana Feldhaus, Randolph	8.12
2010 Stephanie Hicks, Hamilton North	8.21
2011 Fiona Paladino, Montgomery	8.20
2012 Stey'ce McNeil, Winslow Twp	7.94
2013 Patrycja Dziekonska, WWP-No	8.07
2014 Patrycja Dziekonska, WWP-No	7.99

GIRLS HIGH JUMP

1979 Connie Pollack West Windsor	5-2
1980 Rita Christopher, Linden	5-6
1981 Carol Lewis, Willingboro	5-8
1982 Tish Edwards, Mater Dei	5-8.5
1983 Tatiana Smolin, Randolph	5-8
1984 Tatiana Smolin, Randolph	5-10.5
1985 Tatiana Smolin, Randolph	5-8
1986 Karen Way, Southern Ocean	5-6
1987 Erin Halpin, Cherry Hill East	5-6
1988 Shelley Mitchell, Lakewood	5-6
1989 Dawn Ellery, West Windsor	5-2
1990 Sandrine Tokoto, Moorestown	5-6
1991 Sandrine Tokoto, Moorestown	5-4
1992 Elena Chomiszak, Linden	5-4

Meet of Champion Winners

1993 Michelle Dudzinski, Passaic Valley	5-6
1994 Shatich Rivers, Moorestown	5-6
1995 Kathy Kilar, North Edison	5-4
1996 Kathy Kilar, North Edison	5-6
1997 Tamika Toppin, South Plainfield	5-8
1998 Cheryl Burdick, Ramsey	5-8
1999 Cheryl Burdick, Ramsey	5-8
2000 Patty Dudek, Bordentown	5-6
2001 Alison Shepherd, Oakcrest	5-4
2002 Debra Vento, Freehold Boro	5-8
2003 Debra Vento, Freehold Boro	5-10
2004 Marcene Jack, Mainland	5-6
2005 Alaina Alfano, Hanover Park	5-6
2006 Lashonda Carter, Rahway	5-6
2007 Lataya Dixon, J.P. Stevens	5-8
2008 Lindsey Walsh, Lenape	5-6
2009 Emily Kianka, Hopewell Valley	5-6
2010 Emily Kianka, Hopewell Valley	5-10
2011 Alexa Williams, Dayton	5-10
2012 Kyaira Wright-Harm, Franklin	5-8
2013 Alicia Terrell, Timber Creek	5-7
2014 Nnenna Ibe, North Brunswick	5-6

GIRLS POLE VAULT

2005 Kristen Hafford, Warren Hills	12-0
2006 Natalie Gengel, Princeton	12-3
2007 Chrissey Finkel, Montville	11-6
2008 Jen Holly, Barnegat	12-6
2009 Chrissy Finkel, Montville	12-6
2010 Catherine Shih, Bernards	12-0
2011 Dana Schweiger, Toms River No.	12-0
2012 Chelsea Vaughan, Southern	12-6
2013 Marlena Sabatino, Hillsborough	11-6
2014 Nicole Macco, Matawan	

GIRLS SHOT PUT

1979 Beth Bittel, TR North (8 lb.)	41-06.75
1980 Rena Antanclis, Randolph	40-04.00
1981 Elaine Rose, Monmouth	42-08.50
1982 Pam Dukes, Freehold Twp	42-09.50
1983 Regina Weinpahl, Westwood	40-08.00
1984 Lillian Rivera, Pemberton	41-10.00
1985 Audra Corson, Monmouth	40-11.50
1986 Erica Jones, Plainfield	41-03.50
1987 Kirsten Christiansen, Ruthford	39-10.00
1988 Shawn Walsh, Toms R East	40-02.50
1989 Karen Harris, Hillside	38-01.50
1990 Nicole Sims, Plainfield	44-09.25
1991 Nicole Sims, Plainfield	49-09.75
1992 Nicole Sims, Plainfield	47-07.25
1993 Nicole Sims, Plainfield	47-06.00
1994 Robvn Lowe, Passaic	41-09.50

1995 Nicole Adams, Hillside	40-05.50
1996 Melinda Boykin, Bridgeton	42-11.00
1997 Melinda Boykin, Bridgeton	42-00.75
1998 Melinda Bovkin, Bridgeton	42-04.00
1999 Sarah Herskee, Mendham	42-06.50
2000 Nacole Moore, Bridgeton	45-03.00
2001 Jackie Hudgins, Hightstown	44-10.50
2002 Jessica Fazekas, Demarest	45-10.75
2003 Kelly Fazekas, Demarest	44-06.50
2004 Sylvia Galarza, Millville	44-01.50
2005 Daria Zivanovic, St. Dominic	41-03.75
2006 Mercedes Hicks, Atlantic City	43-08.75
2007 Taryn O'Connor, Hillsborough	46-03.00
2008 DeAnn Hahn, Brick Township	46-01.50
2009 Shannon Watt, Jackson Mem	42-06.75
2010 Alana Pantale, Wayne Valley	42-00.75
2011 Theresa Picciallo, Immaculate H46	44-04.50
2012 Theresa Picciallo, Immaculate H47	47-08.00
2013 Carrie Wasdyke, Jefferson	41-03.50
2014 Cheyenne Bellerand, Eerson	43-08-00

GIRLS ONE-MILE/1600 METER RELAY

1979 Plainfield (Mile Relay)	4:17.5
1980 Plainfield	4:00.1
1985 Plainfield	4:02.4
1986 Shabazz	4:00.61
1987 Plainfield	4:02.4
1988 Monmouth	4:01.43
1989 Science	4:02.41
1990 Clifford Scott	4:06.47
1991 Monmouth/Columbia	4:09.6
1992 Willingboro	4:04.93
1993 Willingboro (1600m Relay)	4:04.20
1994 Camden	4:03.99
1995 Columbia	3:55.73
1996 Columbia	3:56.72
1997 Columbia	4:01.73
1998 Montclair	3:55.24
1999 Willingboro	4:10.15
2000 Trenton	4:01.08
2001 Willingboro	4:00.34
2002 Willingboro	4:01.33
2003 Eastern	3:57.94
2004 Willingboro	4:01.90
2005	No Race
2006 East Orange	3:59.30
2007 East Orange	3:59.03
2008 Southern Regional	3:56.76
2009 Camden	3:55.08
2010 Columbia	3:53.50
2011 Washington Twp	3:57.96
2012 Columbia	3:57.35
2013 Columbia	3:48.30
2014 Columbia	3:52.76

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