

THE LUKE PARLATORE XC INVITATIONAL

@ Clove Lakes Park

Saturday September 13, 2014

Join us for a spirited day of cross country action at beautiful Clove Lakes Park on Staten Island, New York. The course layout features grass, woodchips & asphalt so we strongly recommend athletes do not use spikes!

We will be using index cards & pins. Please write the school name, athlete's name & race on a 3x5 inch index card. All index cards will be collected at the finish line.

TIME SCHEDULE

10:00 AM	Varsity Boys 5K	Plaques to the Top 3 teams, Top 20 earn medals
10:30 AM	Varsity Girls 5K	Plaques to the Top 3 teams, Top 20 earn medals
11:00 AM	Frosh Boys 1.5M	Plaques to the Top 3 teams, Top 20 earn medals
11:30 AM	Frosh Girls 1.5M	Plaques to the Top 3 teams, Top 20 earn medals
12:00 PM	JV Boys 5K	Plaques to the Top 3 teams, Top 20 earn medals
12:30 PM	JV Girls 5K	Plaques to the Top 3 teams, Top 20 earn medals

RACE ENTRY

OF ATHLETES

VARSITY BOYS 5K (Max of 7)	_____	x \$5.00 each runner =	_____
VARSITY GIRLS 5K (Max of 7)	_____	x \$5.00 each runner =	_____
FROSH BOYS 1.5M (Unlimited)	_____	x \$5.00 each runner =	_____
FROSH GIRLS 1.5M (Unlimited)	_____	x \$5.00 each runner =	_____
JV BOYS 5K (Unlimited)	_____	x \$5.00 each runner =	_____
JV GIRLS 5K (Unlimited)	_____	x \$5.00 each runner =	_____

Questions?

E-MAIL COACHMANCUSI@AOL.COM

_____ **TOTAL ENTRY FEE**

MAIL ENTRY AND CHECK TO:

LUKE PARLATORE XC INVITATIONAL
C/O CHRIS MANCUSI
132 DEMOPOLIS AVE
STATEN ISLAND, NY 10308

ENTRIES DUE BY MON SEPT 8th

ALL CHECKS PAYABLE TO:

"THE LUKE PARLATORE FOUNDATION"

SCHOOL NAME

ADDRESS

CITY

STATE

ZIP

COACH NAME

COACH PHONE

COACH E-MAIL