

COUGAR THROWING RELAYS

Site: Arthur P Schalick High School , 718 Centerton Rd, Pittsgrove NJ 08094

Date: Saturday, May 16th 2015

Time: 10:30am Weigh-In/ 11 am start

This is a fun and unique meet intended to give throwers of both genders a chance to compete in a 3-person relay while also allowing non-varsity throwers the chance to compete and score points. Each event will have a boys and girls throwing sectors so the events can take place simultaneously. There will be a maximum of 3 relay teams per event. Bring your WHOLE throwing team, as multiple teams CAN score in each event.

Order of events

1. Boys Discus B,C,A beginning at 11:00am
Girls Discus A,B,C
2. Boys Shot A,B,C
Girls Shot C,A,B
3. Boys Javelin C,A,B
Girls Javelin B,C,A

The shot put circles are located near the football stadium. The discus cages are near the Tennis courts. Our goal is to have officials at each event so there is no delay. If you only plan to enter one relay team you can enter them as A, B or C, they all have the ability to place.

Amenities:

1. Top 8 teams score, top 6 relays medal.
2. Three (3) throws for each relay member. No Finals, No minimums
3. Relay teams must match
4. Implements will be weighed and approved prior to the competition.

TEAM SCORING: 1st:15pts 2nd:13pts 3rd: 11pts 4th: 9pts 5th: 7pts 6th: 5pts 7th: 3pts 8th: 1pt

The combined point total winner of all three throwing events of each gender will receive the throwing relays plaque.

MEET RECORDS:

Boy's Javelin: Stephen Benigno	194'5	Cherry Hill East	2014
Boy's Shot Put: Felton Blackwell	47'25	Cedar Creek	2014
Boy's Discus: Jalil Burrell	135'6	Cedar Creek	2014
Girl's Javelin: Megan Sax Vanderwyden	122'10	Pennsville	2014
Girl's Shot Put: Onnie Coles	34"	Delsea	2014
Girl's Discus: Cassie Thomas	95'6	Cedar Creek	2014

LAST YEARS WINNERS Boys: Cherry Hill East 51 Points Girls: Bridgeton 56 points



COUGAR THROWING RELAYS
ENTRY FORM

School: _____ **Coach:** _____

Home Phone: _____ **School Phone:** _____

Coach's Email: _____

Entries:

Boy's Shot: _____

Girl's Shot: _____

Boy's Discus _____

Girl's Discus _____

Boy's Javelin _____

Girl's Javelin _____

Boy's Total Relays: _____ X \$25 per relay = \$ _____

Girl's Total Relays: _____ X \$25 per relay = \$ _____

TOTAL ENTRY FEE \$ _____ **(\$190 maximum fee per gender)**

Make fees payable to "Arthur P Schalick High School" and send to:

**Schalick High School
Mike Clarke
718 Centerton Rd
Pittsgrove, NJ 08318**

Entries due May 8th, 2015

**Entries may be faxed
(856) 358-7512**

PHONE: (856) 358-2054 X4119