



# Cherokee Track and Field Invitational

## Monday May 12, 2014 --- 4pm.

**Entries:** Unlimited entries for each event, including the 4x400 relay

This meet is for FRESHMEN and NOVICE athletes ONLY

**Site:** Cherokee High School  
120 Tomlinson Mill Rd.

\*\*\*Note there will be no blocks used for any event

**Order of** (on track all events are Girls then Boys and all finals on time)  
**Events:** 400IH

1600

400

100

100HH (Girls)

110HH (Boys)

800

200

4x400

(Field Events are **OPEN PIT** for all competitors: Shot, Disc, Jav (2 Throws ea.), LJ and TJ (2 Jumps ea.)

Shot 4:30-6:30

Disc 4:30-6:30

Jav. 4:30-6:30

Long Jump 4:30-5:45

Triple Jump 5:50-6:45

HJ opening height 4'—run as 5 alive

PV opening height 6'—run as 5 alive

**Awards:** Medals will be awarded to the top 6 in each event for boys and girls.

**Seeding:** All coaches must submit a roster to Meet Director Chris Callinan by the end of the day May 5<sup>th</sup>.  
E-mail rosters to: [tomahawktiming@yahoo.com](mailto:tomahawktiming@yahoo.com).

The day of the meet coaches will be receiving a copy of their submitted rosters and cards for the meet. We will be using advanced seeding for the meet so once you arrive at the meet please turn in all athletes cards. This will allow the meet to run fast and smooth. For the field events, please bring cards right to the event area. Any card without an athlete's number will not appear in the results.

**Send Entries:** via. snail mail to: Cherokee High School  
120 Tomlinson Mill Rd.  
Marlton NJ 08053  
Attn: Chris Callinan  
  
or fax: (856) 596-6495  
or e-mail: [tomahawktiming@yahoo.com](mailto:tomahawktiming@yahoo.com)

**Entry Fees:** The fee is \$7 per event per entry.  
All checks are to be made to: **Cherokee High School**

**Results:** Results of the meet will be available @ [www.sjtrack.org](http://www.sjtrack.org) & [www.ccctf.com](http://www.ccctf.com) after the meet.

**Questions:** All questions should be directed to Chris Callinan @ the following:  
**or** [tomahawktiming@yahoo.com](mailto:tomahawktiming@yahoo.com)  
**Comments** 609-254-0826

**Cancellation:** The meet will run, rain or shine. In the event of inclement weather, events deemed unsafe by the meet referee will not be contested.

**Cherokee Invitational May 12, 2014**  
**4pm. Start @ Cherokee High School**  
**Entry Form**

**Note:** Completing this form will enable us to determine the number of boys and girls entries and the number of entry cards you will receive in your packet when you arrive. The boys cards may be used by any male athlete in any boys event, while the girls cards may be used by any female athlete in any girls event.

School: \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

Coach:

Coach's e-mail: \_\_\_\_\_

Coach's Phone: \_\_\_\_\_

<u>Event</u>	<u>Boys</u>	<u>Girls</u>
400IH		
100		
1600		
400		
100HH (Girls)	X	
110HH (Boys)		X
800		
200		
4x400		
Shot		
Disc		
Jav		
LJ		
TJ		
HJ		
PV		

Total Entries: \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_  
X \$7.00

Total Entry Fee Due:(Max Entry fee per gender: \$275/ Per school \$450) \_\_\_\_\_

\*Checks payable to Cherokee High School\* (120 Tomlinson Mill Rd. Marlton NJ 08053)