

PENNSAUKEN HIGH SCHOOL
Athletic Department

Cordially Invites You To The

30th Annual Camden-Gloucester County Relays

WHEN: Saturday, April 4, 2015 10:00 am

WHERE: Pennsauken High School

WHO: Division 1:

Audubon
Bishop Eustace
Camden
Camden Catholic
Clayton
Collingswood
Deptford
Gateway
Glassboro
Gloucester
Gloucester Catholic
Haddon Township
Haddon Heights
Haddonfield
Lindenwold
Overbrook
Paulsboro
Pitman
Sterling
West Deptford
Woodbury

Division 2:

Camden County VoTech-Sicklerville
Cherry Hill East
Cherry Hill West
Clearview
Delsea
Eastern
Highland
Kingsway
Paul VI
Pennsauken
Timber Creek
Triton
Washington Township
Williamstown
Woodrow Wilson
Winslow

One Division for Junior Varsity

AWARDS: Special die cast Medals 1st thru 5th varsity races; 1st thru 3rd junior varsity
Team plaque for each divisional winner
Most Valuable Player Award, 1 Boy-1 Girl per Division

SCORING: 10-8-6-4-2-1 by divisions FAT TIMING BY TOMAHAWK TIMING

HY-TEK: forward rosters to tomahawktiming@yahoo.com

FEES: \$275 per team includes one entry per varsity event/\$500 fee for a varsity boys & girls full entry
Fee for partial entry-\$20 per running relay; \$10 per field relay;
Unlimited JV entries-\$150
JV running events- \$12, JV field events \$6.
Checks made out **to PENNSAUKEN ALL SPORTS BOOSTERS CLUB**

ENTRIES: Complete and mail entry blank **ENTRIES DUE FRIDAY, MARCH 27**
NO ENTRIES ACCEPTED WITHOUT RECEIPT OF ENTRY FEE OR PURCHASE ORDER

30th Annual Camden-Gloucester County Relays

ORDER OF EVENTS

RUNNING EVENTS

Girls Division 1, Division 2, Junior Varsity; Boys Division 1, Boys Division 2, Junior Varsity

**Sub-varsity could be placed in varsity heat to balance heats*

4 x 1600 DIVISIONS COMBINED

2 x 400 IH

Super Sprint Medley (100-100-200-400)

Distance Medley {1200-400-800-1600}

4 x 100

Shuttle Hurdles

4 x 800 DIVISIONS COMBINED

4 x 200

Sprint Medley {400-200-200-800}

4 x 400

FIELD EVENTS (2 member relays-junior varsity will be conducted before change of gender competition)

Shot Put Boys 1, 2 followed by Girls 1, 2

Discus Girls 2, 1 followed by Boys 1, 2

Javelin Boys 2, 1 followed by Girls 1, 2

Long Jump Girls 1, 2 followed by Boys 1, 2

Open Pit 10-11:30am/11:45am-1:15pm/1:30-3:00pm/3:15-4:30pm

Triple Jump Boys 1, 2 followed by Girls 1, 2

Open Pit 10-11:30am/11:45am-1:15pm/1:30-3:00pm/3:15-4:30pm

High Jump Girls followed by Boys

Pole Vault Combined event Girls and Boys starting height 6'6" girls, 7'boys, bar raised at 6" increments

Each member of the relay team must clear the opening height to stay in competition.

Six total misses per competitor or 3 at the same height

Notes:

High Jump starting heights

girls 4'4" boys 5'4"

Each member of the relay team must clear the opening height to stay in competition.

Six total misses per competitor or 3 at same height

Throwing events/Long Jump;

Each member of the relay team allowed three throws/jump

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School _____

Coach's name _____

Phone # _____

Boys Girls (circle one)

	Varsity \$500 full boys & girls entry \$275 for full team entry one gender \$20 each for running \$10 each for field	Sub-varsity entries \$150 for full team entry (unlimited) or \$12 each for running \$6 each for field
4 x 1600		
2 x 400IH		
Super Sprint Medley		
Distance Medley		
Shuttle Hurdles		
4 x 100		
4 x 800		
4 x 200		
Sprint Medley		
4 x 400		
Shot Put		
Discus		
Javelin		
Long Jump		
High Jump		
Triple Jump		
Pole Vault		
# of varsity running events X \$20		XXXXXXXXXXXXXXXXXXXX
# of varsity field events entered X \$10		XXXXXXXXXXXXXXXXXXXX
# of JV running events at \$12	XXXXXXXXXXXXXXXXXXXX	
# of JV field events entered X \$6	XXXXXXXXXXXXXXXXXXXX	
Team fee of \$275 if entering all varsity events/\$500 full B & G entry		XXXXXXXXXXXXXXXXXXXX
JV entry fee	XXXXXXXXXXXXXXXXXXXX	
Total Due		

Make checks payable to:

Pennsauken All Sports Boosters Club Phone 662-8500 X7
 c/o Billy Wright 856-298-0261 (cell)
 800 Hylton Rd. 856-910-2620 (fax)
 Pennsauken, NJ 08110 bwright@pennsauken.net