

CAMDEN COUNTY TRACK AND FIELD CHAMPIONSHIP

TO: All Camden County Head Men's & Women's Track Coaches
FROM: Mike Thomson-Meet Director
RE: 2015 Camden County Boys and Girls Track and Field Championship

We are pleased to invite your boys and girls track and field teams to join us at Haddon Township High School on **Saturday, May 9th, 2015 at 9:00am** for the **Camden County Track and Field Championship Meet.**

The following rules will be followed:

1. **MAXIMUM OF TWO ENTRANTS PER TEAM PER EVENT** (1 relay team)
2. No seeding meeting. Seeding will be done by the clerk on site the day of the meet.
3. **Entry form is due by Tuesday APRIL 28th, 2015----mail, email or fax** (postmarks will be accepted) **FAX #856-854-4072**
4. Please provide your own blocks, pins, and batons.
5. Field Events: Shot Put, Discus, Javelin, Long Jump, Triple Jump:
****Wheelchair field event in Javelin, Discus and Shot Put...Boy or Girl.**
****A team can add unlimited entries in the wheelchair events if need be.**
****They will throw same time with each division. Medals will be given.**
 - a. FOUR (4) attempts per competitor
 - b. NO FINALS!
6. High jump will begin at 4' 4" for girls and 5' 4" for boys.
7. Pole vault will begin at 7' for girls and 10' for boys. (The meet director and meet referee may select a lower height if the lack of competition so warrants.)
8. Scoring will be 10-8-6-4-2-1. **MEDALS TO THE FIRST FIVE PLACES IN EACH EVENT**
9. All Federation Rules will be followed.
10. SPIKES...1/4" NEEDLE, MAXIMUM.
11. **All coaches must submit a Hy-Tek roster to Chris Callinan by the end of the day April 28th. Email rosters to: tomahawktiming@yahoo.com**

PLEASE NOTE:

ENTRIES BASED ON 2014-2015 NJSIAA ENROLLMENT--NOT GROUPING

Division I (12 smaller schools)

Audubon, Bishop Eustace, Camden Catholic, Collingswood, Gloucester Catholic, Gloucester City, Haddonfield, Haddon Heights, Haddon Township, Lindenwold, Overbrook, Sterling

Division II (12 larger schools)

Camden City, CCVT, Cherry Hill East, Cherry Hill West, Eastern, Highland, Paul VI, Timber Creek, Triton, Woodrow Wilson, Winslow

COACHES--AD'S-- ATHLETES **VERY IMPORTANT NOTICE!!!**

The Camden County Meet will again run under a new format this year.
All running events of 400m and longer will be run as “blended” or
“HOT HEAT” races (fastest heat always runs last).

(400m, 400m IH, 800m, 1600m, & 3200m)

The 100m, High Hurdles, 200m, & the 4x400m relay will not change.

Simply, this means that the best competitors from both divisions will be running head to head by putting the best (and lesser) athletes in the county against each other in a championship setting.

This WILL NOT effect the team scoring. The recorder at the table will sort out the winners and place holders BY DIVISION and award the appropriate points and medals to each team within the correct division.

The Long Jump and the Triple Jump will be held as OPEN PITS.

Boys Triple Jump (both divisions) Girls Long Jump (both divisions)

9:00am – 11:00am

Boys Long Jump (both divisions) Girls Triple Jump (both divisions)

11:30am – 1:30pm

Field events,

Shot Put, Discus, Javelin, Long Jump, & Triple Jump

Wheelchair will compete same time during field events

Will be held with FOUR (4) throws per competitor...NO FINALS!

The Pole Vault and High Jump will “blend” Boys together from both divisions
and will also “blend” Girls together from both divisions.

The intent behind this is to provide the best competition possible and keep the meet moving along smoothly.

CAMDEN COUNTY TRACK AND FIELD CHAMPIONSHIP **ENTRY FORM**

SCHOOL: _____ CIRCLE: GIRLS or BOYS

HEAD COACH NAME: _____

SCHOOL PHONE # _____ COACH PHONE # _____

Please use one form for girls and another for boys...do not combine!

ENTRY FEES:

\$250.00 per team, \$500.00 per school (covers boys and girls in all track and field events and the relay)

OR

\$35.00 per single entry (up to 5 total single entries). Any more than 5 (five) individual entries will be considered a full team and billed as such.

_____ We will enter all events @\$250 per team
\$500 per school

We will enter **ONLY** the events checked below @\$35.00 per entry (with a

maximum of 5 entrants--more than 5 entrants will require full team entry fee)

_____ 100m _____ 200m _____ 400m _____ 800m _____ 1600m _____ 3200m
_____ 100/110m high hurdles _____ 400IH _____ 4 x 400 relay _____ shot _____ discus
_____ javelin _____ high jump _____ long jump _____ triple jump _____ pole vault

Please make checks payable to: **Haddon Township Board of Education**

Mail to: Todd Green, Athletic Director FAX # 856-854-4072
Haddon Township High School
406 Memorial Ave.
Westmont, NJ 08108

CONTACT INFO: Todd Green, AD: 856-869-7750 ext 7317 (856-562-0344)
Email: tgreen@haddontwpschools.com
Mike Thomson, Meet Director: 609-280-9919
Email: mthomson825@gmail.com

ALL ENTRIES DUE BY TUESDAY, APRIL 28th, 2015

ORDER OF EVENTS

****COMPETITION BEGINS AT 9:00AM SHARP****

TRACK EVENTS

400m Hurdles B/G (I with II)
100m Trials B/G
1600m Boys (I with II)
(100m semifinals, needed, between 1600m heats)
100m Finals B/G
1600m Girls (I with II)
400m B/G (I with II)
110/100m Hurdle Trials & Semifinals B/G
800m Boys (I with II)
110/100m Hurdle Finals G/B (note order change)
800m Girls (I with II)
200m B/G
3200m B/G (I with II)
4x400m Relay B/G

FIELD EVENTS

Javelin
G-II, B-II, G-I, B-I
High Jump
G-I & II followed by B-I & II
Long Jump
G-I & II followed by B-I & II
(Open Pit)
Triple Jump
B-I & II followed by G-I & II
(Open Pit)
Shot Put
G-I, B-I, G-II, B-II
Discus
B-I, G-I, B-II, G-II
Pole Vault
B-I & II followed by G-I & II