



# Cherokee Track and Field Invitational

## Monday, May 15, 2017

### Site

Cherokee High School  
120 Tomlinson Mill Rd  
Marlton, NJ 08053

### Entries

Unlimited entries for each event, including the 4x400 relay  
This meet is for FRESHMEN and NOVICE athletes ONLY

### Track Events

*Girls then Boys on the track, all finals on time*

*\*\*\*Note there will be no blocks used for any event*

#### Order of Events

400IH  
1600  
400  
100  
100HH (Girls)  
110HH (Boys)  
800  
200  
4x400

### Field Events

**OPEN PIT** for all competitors

Shot, Disc, Jav (2 throws each)  
LJ and TJ (2 jumps each)

HJ opening height 4'—run as 5 alive  
PV opening height 6'—run as 5 alive  
\*\*May use the 6 jump rule

#### Approximate time schedule

Shot	3:30 - 6:30
Disc	3:30 - 6:30
Jav	3:30 - 6:30
Long Jump	4:00 - 5:15
Triple Jump	5:45 - 6:30

### **Awards**

Medals will be awarded to the top 6 in each event for boys and girls.

### **Seeding**

This year we will be utilizing the Milesplit online registration service. We will pre-seed the 400IH and the 1600 before the meet begins, so when you arrive we will start by checking in the 400. We will post the 400IH and 1600 heat sheets online and at the track.

### **Send Entries**

snail mail: **Cherokee High School**  
120 Tomlinson Mill Rd.  
Marlton, NJ 08053  
Attn: Chris Callinan

fax: (856) 596-6495  
e-mail: tomahawktiming@yahoo.com

### **Entry Fees**

\$7 per event per entry  
Make checks payable to: *Cherokee High School*

### **Results**

Results of the meet will be available @ tomahawktiming.com

### **Questions or Comments**

Contact Chris Callinan with any concerns  
tomahawktiming@yahoo.com  
609-254-0826

### **Cancellation**

The meet will run, rain or shine. In the event of inclement weather, events deemed unsafe by the meet referee will not be contested.

# Entry Form

## Cherokee Invitational May 15, 2017 @ Cherokee High School

**NOTE: We will be using the milesplit online registration for this meet. Please go to [nj.milesplit.com](http://nj.milesplit.com) to register your athletes. The registration can take place after receipt of the entry form. (a password will be sent to all registered teams)**

School: \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

Coach: \_\_\_\_\_

Coach's e-mail: \_\_\_\_\_

Coach's Phone: \_\_\_\_\_

*Please indicate the number of entries in each event*

<u>Event</u>	<u>Boys</u>	<u>Girls</u>
400IH	_____	_____
100	_____	_____
1600	_____	_____
400	_____	_____
100HH (Girls)	X	_____
110HH (Boys)	_____	X
800	_____	_____
200	_____	_____
4x400	_____	_____
Shot	_____	_____
Disc	_____	_____
Jav	_____	_____
LJ	_____	_____
TJ	_____	_____
HJ	_____	_____
PV	_____	_____

Total Entries: \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_  
X \$7.00

Total Entry Fee Due: (Max Entry fee per gender: \$300/ Per school \$500) \_\_\_\_\_

\*Checks payable to Cherokee High School\* (120 Tomlinson Mill Rd. Marlton NJ 08053)