33nd ANNUAL

2017 CAMGLO INDIAN RELAYS

Hosted by



Sponsored by the PENNSAUKEN ALL-SPORTS BOOSTER CLUB

SATURDAY APRIL 1st, 2017 Vince McAneny Stadium Pennsauken High School

NEW THIS YEAR

MEET IS OPEN TO ANY SCHOOL, NOT JUST CAMDEN & GLOUCESTER COUNTIES

ALL ENTRIES DONE ONLINE THROUGH MILESPLIT MEET REGISTRATION OPEN UNTIL MARCH 29th

camglo.milesplit.com

- You can enter 4 alternates per relay, and decide the morning of the meet who which 4 will run.
- There are no race-day additions, only scratches.
- Meet will be pre-seeded once it begins. Any scratches after will result in open lanes.
- Enter an honest seed time for your relays. If there is no seed time, relay will run in a slower heat with an unseeded time.

YOU STILL MUST MAIL OR FAX THE ENTRY FORM & PAYMENT/P.O. by MARCH 29th

TWO DIVISIONS FOR VARSITY

NJSIAA Groups 1 & 2 - DIVISION 1 NJSIAA Groups 3 & 4 - DIVISION 2

ONE DIVISION FOR JUNIOR VARSITY

AWARDS: Medals 1st - 5th in Varsity Races (each division)

Medals 1st - 3rd in JV Races

Team plaque for each divisional winner

MVP - 1 girl & 1 boy, per division

SCORING: 10-8-6-4-2-1 by division

TIMING: FAT Timing by <u>2L RACE SERVICES</u>

FEES: FULL VARSITY TEAM (1 entry per event) - \$275 per team or \$500 for both girls & boys teams

INDIVIDUAL VARSITY EVENTS - \$30 per running event, \$15 per field event

UNLIMITED JV ENTRIES - \$150

INDIVIDUAL JV ENTRIES - \$15 per running event, \$10 per field event

Checks made out to PENNSAUKEN ALL SPORTS BOOSTER CLUB

ENTRIES: ENTRIES DUE WEDNESDAY, MARCH 31st

NO ENTRIES ACCEPTED WITHOUT RECEIPT OF ENTRY FEE OR PURCHASE ORDER

PAYMENT:Pennsauken All Sports Booster Club856-662-8500, ext 7c/o PHS Athletic Office856-910-2620 (fax)

c/o PHS Athletic Office 800 Hylton Road Pennsauken, NJ 08110

Email: emossop@pennsauken.net (Athletic Director)

mimi.monteleone@pennsauken.net

make checks payable to PENNSAUKEN ALL SPORTS BOOSTER CLUB

ORDER OF EVENTS

RUNNING EVENTS - Events start at 10:00am

- all events GIRLS D1, D2, JV followed by BOYS D1, D2, JV)
- junior varsity could be placed in varsity heat to balance heats

4 x 1600m	DIVISIONS COMBINED
2 x 400m IH	
1600m SMR (4-2-2-8)	CALIFORNIA START
4 X 100m	
4 x 800m	DIVISIONS COMBINED
800m SMR (1-1-2-4)	
Shuttle Hurdle Relay	
4 X 200m	
DMR (12-4-8-16)	DIVISIONS COMBINED
JV 4 x 400m	GIRLS JUNIOR VARSITY, FOLLOWED BY BOYS JUNIOR VARSITY
4 x 400m	GIRLS D1, GIRLS D2, BOYS D1, BOYS D2

FIELD EVENTS - Events start at 10:00am

- 2 member relays
- Junior Varsity will be conducted before change of gender

Shot Put	Boys 1,2 followed by Girls 1, 2 <i>(3 throws per member)</i>		
Discus	Girls 2, 1 followed by Boys 1, 2 <i>(3 throws per member)</i>		
Javelin	Boys 2, 1 followed by Girls 1, 2 <i>(3 throws per member)</i>		
Jong Jump	Girls 1, 2 followed by Boys 1, 2 <i>(3 jumps per person)</i> Open Pit 10:00am-11:30am / 11:45am-1:14pm / 1:30pm-3:00pm / 3:15pm-4:30pm		
Triple Jump	Boys 1, 2 followed by Girls 1, 2 <i>(3 jumps per person)</i> Open Pit 10:00am-11:30am / 11:45am-1:14pm / 1:30pm-3:00pm / 3:15pm-4:30pm		
High Jump	Girls followed by Boys Girls open at 4'4", Boys open at 5'4" Each member of a relay must clear opening height to stay in the competition 6 total misses per competitor or 3 at the same height		
Pole Vault	Combined event Girls and Boys Girls open at 4'4", Boys open at 5'4" Each member of a relay must clear opening height to stay in the competition Bar raised at 6" increments 6 total misses per competitor or 3 at the same height		

33rd Annual CamGlo Indian Relays

School:			
Coach:	Phone#:	Phone#:	
Email:	BOYS GIRLS BOTH (circle one)		
Use this table to help calculate your entry fee if you are not entering as a FULL TEAM	Varsity \$500 (full B&G) or \$275 (one gender) \$30 per running event, \$15 per field event	Junior Varsity \$150 for full team (unlimited entries) \$15 per running event, \$10 per field event	
4 x 1600m (varsity divisions combined)			
2 x 400m IH			
1600m SMR (4-2-2-8); California start			
4 x 100m			
4 x 800m (varsity divisions combined)			
800m SMR (1-1-2-4)			
Shuttle Hurdle Relay			
4 x 200m			
DMR (12-4-8-16) (varsity divisions combined)			
4 x 400m			
Shot Put			
Discus			
Javelin			
Long Jump			
High Jump			
Pole Vault			
Individual Totals (ONLY COMPLETE IF NOT ENTERING A FU	II TEAM)		
# of Varsity running events x \$30 : +	# of Varsity field events x \$15:	= Varsity Total:	
# of JV running events x \$15: +	# of JV field events x \$10:		
	H OF JV HEID EVENTS X 3 TO.	- JV IOLAI:	
Team Totals Varsity team fee \$275 (1 team) or \$500 (B&G): +	JV team fee \$150 (unlimited):	= Team Totals:	
Pennsauken All Sports Booster Club c/o PHS Athletic Office 800 Hylton Rd. Pennsauken, NJ 08110 856-662-8500, x 7 856-910-2620 (fax) emossop@pennsauken.net			
PAPERWORK DUE BY WEDNESDAY, MARCH 29th ONLINE ENTRY OPEN LINTIL FRIDAY MARCH 29st	TOTAL DUE:		