



# SAINT DOMINIC ACADEMY

*Empowering Women for Leadership Since 1878*



## 19th Annual Saint Dominic Academy Spring Thaw Run

### 5K Race and 1 Mile Fun Run

**Saturday March 19, 2016**

**Liberty State Park - Jersey City, NJ**

**USATF Certified 5K Course**

**8-10AM Packet Pick-Up and Race Day Registration**

**9:30AM 1 Mile Fun Run**

**10:00AM 5K Race Start**

**11:00AM Awards Ceremony**



**All proceeds from the race will help to benefit all of Saint Dominic Academy's sports programs.**

<b>Full Name (First &amp; Last)</b>	
<b>Gender (Male or Female)</b>	
<b>Date of Birth (DD/MM/YYYY)</b>	
<b>Home Address</b>	
<b>City, State, Zip</b>	
<b>Phone Number</b>	
<b>Email Address</b>	
<b>T-Shirt Size (XS, S, M, L, XL, XXL)</b>	

**Please make checks payable to  
St. Dominic Academy and  
return to:**

**John E. Nagel, M.A.  
St. Dominic Academy  
2572 Kennedy Boulevard  
Jersey City, NJ 07304  
(201) 401 7394  
Email: nagelj@jcnj.org**

