

# UMTS MEETS AT UNIVERSITY OF MICHIGAN – VENUE INFORMATION

## **IMPORTANT GENERAL INFORMATION**

UM AND UTS ARE NOT RESPONSIBLE FOR THEFT OR INJURY.

ALL MEETS SHUT DOWN AT 10:50 PM EVEN IF WE ARE NOT FINISHED WITH ALL EVENTS.  
THE BUILDING MUST BE VACATED AT 11:00 PM

## **PARKING AT UM MEETS! IT IS ALWAYS AN ADVENTURE!**

**PLEASE DO NOT PARK ILLEGALLY. YOU WILL BE TOWED OR TICKETED OR BOTH.**  
*ALLOW YOURSELF ENOUGH TIME TO PARK. BE SMART. BE SAFE.*

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## **ENTRANCE FEE TO ALL MEETS AT U-M IS \$8.00**

**EVERYONE PAYS – NO PASSES.**

**Children under 4 years old will be allowed in free.**

*CASH ONLY AT THE DOOR.*

*PLEASE TRY TO HAVE CORRECT CASH READY*

*This really will help speed up the entry!*

**NO CHECKS, CREDIT CARDS, ETC.**

## **THE LINE AT THE DOOR....EXPECT ONE!!! BE PATIENT!!!**

We cannot let people in until 6:00 pm. The building is in use by the UM track teams until that time.

*PLEASE NOTE / DISCLAIMER:*

*Building capacity is 1800.*

*If we reach capacity, you will have to wait outside  
until the building empties one at a time and we will let more people in.*

## **IMPORTANT NOTES:**

**All ATHLETES will have to register and have a wrist band in order to compete.**  
**ATHLETES CAN REGISTER THE NIGHT OF EACH COMPETITION OR PRE REGISTER ON**  
**MICHIGAN MILESPLIT.COM**

**Contact Mike Newton at [mnewton@milesplit.com](mailto:mnewton@milesplit.com) if you need help with pre registration.**

**Athletes must pay admission at the front gate and then need to go to registration tables.**

**BLOCKS WILL ONLY BE ALLOWED FOR THE 60 DASH AND 60 HURDLES.**  
**TIME RESTRAINTS PREVENT US FROM USING THEM IN THE 200 & 400 DASHES.**  
**NO EXCEPTIONS....PLEASE UNDERSTAND!**

## **POLE VAULT INFORMATION FOR UM UTS MEETS.**

**We anticipate having two pits operational – one for each gender.**

*If by chance this changes and we only have one pit we will post info on the [MITStrack.org](http://MITStrack.org) website.*

**If you are a vaulter.....Please read the disclaimer at the end of this document.**

**FRIDAY, JANUARY 3, 2014.**

**THIS MEET IS CO-ED.**

**DOORS OPEN AT 6:00 – NO ONE ADMITED EARLIER!**

**UM AND MITS ARE NOT RESPONSIBLE FOR THEFT OR INJURY.**

**ALL MEETS SHUT DOWN AT 10:50 PM EVEN IF WE ARE NOT FINISHED WITH ALL EVENTS.**

**THE BUILDING MUST BE VACATED AT 11:00 PM**

**EVERYONE PAYS \$8.00 AT THE DOOR**

Meet Director – Tom (Mick) Micallef

**Field Events – Begin at 6:30 – except Pole Vault – see notes below.**

WOMENS SHOT PUT – followed by Men

WOMENS HIGH JUMP – followed by Men

LONG JUMP – two pits – Men & Women will jump simultaneously.

*WEIGHT THROW to follow the Men's Shot only if we can begin by 9:30 pm.*

*TRIPLE JUMP to follow the Long Jump only if we can begin by 9:30 pm.*

**WE SHOULD HAVE TWO POLE VAULT PITS OPERATIONAL FOR THIS MEET.**

**WARMUPS FOR BOTH GENDERS WILL BE ONLY FROM 6:00 – 6:45. VAULT STARTS AT 6:45.**

**Vault will end as we approach the witching hour of 11:00 regardless of whether or not we are done.**

**Track Events – Begin at 6:30 – events will roll quickly in this order.**

**NOTE! We may run up to 24 per heat in the 800 & 1600 runs and we may box slower heats of the 400 Dash to accommodate the fact we have to exit the building by 11:00 pm.**

**EVEN Year 2014 – Men run first!**

**1600 Meter Run**

**200 Meter Dash**

**800 Meter Run**

**60 Meter Hurdles – Timed Finals**

**60 Meter Dash – Timed Finals**

**400 Meter Run**

**3200 Meter Run**

*(maximum one heat each gender)*

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**THURSDAY, JANUARY 9, 2014.**

**THIS MEET IS CO-ED.**

**DOORS OPEN AT 6:00 – NO ONE ADMITED EARLIER!**

**UM AND MITS ARE NOT RESPONSIBLE FOR THEFT OR INJURY.**

**ALL MEETS SHUT DOWN AT 10:50 PM EVEN IF WE ARE NOT FINISHED WITH ALL EVENTS.**

**THE BUILDING MUST BE VACATED AT 11:00 PM**

**EVERYONE PAYS \$8.00 AT THE DOOR**

Meet Director – Tom (Mick) Micallef

**Field Events – Begin at 6:30 – except Pole Vault – see notes below.**

**WOMENS SHOT PUT** – followed by Men

**WOMENS HIGH JUMP** – followed by Men

**LONG JUMP** – two pits – Men & Women will jump simultaneously.

**WEIGHT THROW** to follow the Men's Shot only if we can begin by 9:30 pm.

**TRIPLE JUMP** to follow the Long Jump only if we can begin by 9:30 pm.

**WE SHOULD HAVE TWO POLE VAULT PITS OPERATIONAL FOR THIS MEET.**

***WARMUPS FOR BOTH GENDERS WILL BE ONLY FROM 6:00 – 6:45. VAULT STARTS AT 6:45.***

***Vault will end as we approach the witching hour of 11:00 regardless of whether or not we are done.***

**Track Events – Begin at 6:30 – events will roll quickly in this order.**

***NOTE! We may run up to 24 per heat in the 800 & 1600 runs and we may box slower heats of the 400 Dash to accommodate the fact we have to exit the building by 11:00 pm.***

**EVEN Year 2014 – Men run first!**

**3200 Meter Run**

*(maximum one heat each gender)*

**800 Meter Run**

**60 Meter Hurdles – Timed Finals**

**60 Meter Dash – Timed Finals**

**1600 Meter Run**

**400 Meter Run**

**200 Meter Dash**

**4 x 200 Meter Relay**

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**THURSDAY, JANUARY 16, 2014.**

**THIS MEET IS CO-ED.**

**DOORS OPEN AT 6:00 – NO ONE ADMITED EARLIER!**

**UM AND MITS ARE NOT RESPONSIBLE FOR THEFT OR INJURY.**

**ALL MEETS SHUT DOWN AT 10:50 PM EVEN IF WE ARE NOT FINISHED WITH ALL EVENTS.**

**THE BUILDING MUST BE VACATED AT 11:00 PM**

**EVERYONE PAYS \$8.00 AT THE DOOR**

Meet Director – Tom (Mick) Micallef

**Field Events – Begin at 6:30 – except Pole Vault – see notes below.**

WOMENS SHOT PUT – followed by Men

WOMENS HIGH JUMP – followed by Men

LONG JUMP – two pits – Men & Women will jump simultaneously.

*WEIGHT THROW to follow the Men's Shot only if we can begin by 9:30 pm.*

*TRIPLE JUMP to follow the Long Jump only if we can begin by 9:30 pm.*

**WE SHOULD HAVE TWO POLE VAULT PITS OPERATIONAL FOR THIS MEET.**

***WARMUPS FOR BOTH GENDERS WILL BE ONLY FROM 6:00 – 6:45. VAULT STARTS AT 6:45.***

***Vault will end as we approach the witching hour of 11:00 regardless of whether or not we are done.***

**Track Events – Begin at 6:30 – events will roll quickly in this order.**

***NOTE! We may run up to 24 per heat in the 800 & 1600 runs  
to accommodate the fact we have to exit the building by 11:00 pm.***

**EVEN Year 2014 – Men run first!**

**1600 Meter Run**

**200 Meter Dash**

**Distance Medley Relay (1200 – 400 – 800 – 1600)**

***MAXIMUM ONE HEAT PER GENDER***

**60 Meter Hurdles – Timed Finals**

**60 Meter Dash – Timed Finals**

**800 Meter Run**

**4 x 800 Relay**

**4 x 400 Meter Relay**

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**THURSDAY, JANUARY 23, 2014.**

**THIS MEET IS CO-ED.**

**DOORS OPEN AT 6:00 – NO ONE ADMITED EARLIER!**

**UM AND MITS ARE NOT RESPONSIBLE FOR THEFT OR INJURY.**

**ALL MEETS SHUT DOWN AT 10:50 PM EVEN IF WE ARE NOT FINISHED WITH ALL EVENTS.**

**THE BUILDING MUST BE VACATED AT 11:00 PM**

**EVERYONE PAYS \$8.00 AT THE DOOR**

Meet Director – Tom (Mick) Micallef

**Field Events – Begin at 6:30 – except Pole Vault – see notes below.**

**WOMENS SHOT PUT** – followed by Men

**WOMENS HIGH JUMP** – followed by Men

**LONG JUMP** – two pits – Men & Women will jump simultaneously.

*WEIGHT THROW to follow the Men's Shot only if we can begin by 9:30 pm.*

*TRIPLE JUMP to follow the Long Jump only if we can begin by 9:30 pm.*

**WE SHOULD HAVE TWO POLE VAULT PITS OPERATIONAL FOR THIS MEET.**

***WARMUPS FOR BOTH GENDERS WILL BE ONLY FROM 6:00 – 6:45. VAULT STARTS AT 6:45.***

***Vault will end as we approach the witching hour of 11:00 regardless of whether or not we are done.***

**Track Events – Begin at 6:30 – events will roll quickly in this order.**

***NOTE! We may run up to 24 per heat in the 1600 run and we may box slower heats of the 400 Dash to accommodate the fact we have to exit the building by 11:00 pm.***

**EVEN Year 2014 – Men run first!**

**3200 Meter Run**

*(maximum one heat each gender)*

**4 x 800 Meter Relay**

**4 x 200 Meter Relay**

**400 Meter Run**

**60 Meter Hurdles – Timed Finals**

**60 Meter Dash – Timed Finals**

**1600 Meter Run**

**200 Meter Dash**

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**Wednesday, January 29, 2014**

**THIS MEET IS CO-ED**

**DOORS OPEN AT 6:00 – NO ONE ADMITED EARLIER!**

**UM AND MITS ARE NOT RESPONSIBLE FOR THEFT OR INJURY.**

**ALL MEETS SHUT DOWN AT 10:50 PM EVEN IF WE ARE NOT FINISHED WITH ALL EVENTS.**

**THE BUILDING MUST BE VACATED AT 11:00 PM**

**EVERYONE PAYS \$8.00 AT THE DOOR**

Meet Director – Tom (Mick) Micallef

**Field Events – Begin at 6:30 – except Pole Vault – see notes below.**

**WOMENS SHOT PUT** – followed by Women

**WOMENS HIGH JUMP** – followed by Men

**LONG JUMP** – two pits – Men & Women will jump simultaneously.

**WEIGHT THROW** to follow the Men's Shot only if we can begin by 9:30 pm.

**TRIPLE JUMP** to follow the Long Jump only if we can begin by 9:30 pm.

**WE SHOULD HAVE TWO POLE VAULT PITS OPERATIONAL FOR THIS MEET.**

**WARMUPS FOR BOTH GENDERS WILL BE ONLY FROM 6:00 – 6:45. VAULT STARTS AT 6:45.**

***Vault will end as we approach the witching hour of 11:00 regardless of whether or not we are done.***

**Track Events – Begin at 6:30 – events will roll quickly in this order.**

**NOTE! We may run up to 24 per heat in the 1600 and 800 runs to accommodate the fact we have to exit the building by 11:00 pm.**

**EVEN Year 2014 – Men run first!**

**1600 Meter Run**

**FRESHMAN 1600 Meter Run**

**4 x 400 Meter Relay**

**60 Meter Hurdles – Timed Finals**

**60 Meter Dash – Timed Finals**

**800 Meter Run**

**4 x 200 Meter Relay**

**Distance Medley Relay (1200 – 400 – 800 – 1600)**

**200 Meter Dash**

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**Wednesday – February 12, 2014**

**THIS MEET IS CO-ED**

**DOORS OPEN AT 6:00 – NO ONE ADMITTED EARLIER!**

**UM AND MITS ARE NOT RESPONSIBLE FOR THEFT OR INJURY.**

**THE MEET SHUTS DOWN AT 10:50 PM EVEN IF WE ARE NOT FINISHED WITH ALL EVENTS.**

**THE BUILDING MUST BE VACATED AT 11:00 PM**

**EVERYONE PAYS \$8.00 AT THE DOOR**

Meet Director – Tom (Mick) Micallef

**Field Events – Begin at 6:30 – except Pole Vault – see notes below.**

**WOMENS SHOT PUT** – followed by Men

**WOMENS HIGH JUMP** – followed by Men

**LONG JUMP** – two pits – Men & Women will jump simultaneously.

*WEIGHT THROW to follow the Women's Shot only if we can begin by 9:30 pm.*

*TRIPLE JUMP to follow the Long Jump only if we can begin by 9:30 pm.*

**WE SHOULD HAVE TWO POLE VAULT PITS OPERATIONAL FOR THIS MEET.**

***WARMUPS FOR BOTH GENDERS WILL BE ONLY FROM 6:00 – 6:45. VAULT STARTS AT 6:45.***

***Vault will end as we approach the witching hour of 11:00 regardless of whether or not we are done.***

**Track Events – Begin at 6:30 – events will roll quickly in this order.**

**NOTE! We may run to 24 per heat in the 1600 and 800 runs and may box slower heats of the 400 run to accommodate the fact we have to exit the building by 11:00 pm.**

**EVEN Year 2014 – Men run first!**

**1600 Meter Run**

**60 Meter Dash – Timed Finals**

**60 Meter Hurdles – Timed Finals**

**Distance Medley Relay (1200 – 400 – 800 – 1600)**

*(Maximum one heat per gender)*

**400 Meter Run**

**4 x 400 Meter Relay**

**4 x 200 Meter Relay**

**4 x 800 Relay**

**800 Meter Run**

**IF YOU ARE A VAULTER – PLEASE READ THIS CAREFULLY SO THERE ARE NO SURPRISES!**  
**POLE VAULT ...IF WE ONLY HAVE ONE PIT OPERATING ANY NIGHT...**

*The state qualifying standards for 2013 were 9' 09" for women and 13' 00" for men.*

**WE WILL BASE THE FOLLOWING PROCEEDURE BASED UPON THE  
QUALIFYING STANDARDS BEING THE SAME AGAIN THIS YEAR.  
SLIGHT ADJUSTMENTS WILL BE MADE IF THERE ARE  
ADUSTMENTS TO THE QUALIFYING STANDARDS.**

*Women will vault first. Women / men will vault simultaneously once we reach the men's starting height of 9' 00".*

*Starting Height for women will be 6' 00". First 3 raises will be 12 inch increments to 7' 00" / 8' 00" / 9' 00".*

*The fourth raise will be 9 inches to 9'09" which is the state qualifying standard.*

*The fifth raise will be 9 inches to 10' 06" and all subsequent raises will be 6 inches for women.*

*Men will be worked in with the women beginning at 9'00".*

*The first four raises for men will be 12 inch increments also. 10' 00" / 11' 00" / 12' 00" / 13' 00".*

*(Men will not be allowed to jump at girls heights of 9' 09" or 10' 06" or any other 6 inch raises women compete at)*

*(Women will not be allowed to jump at men's height of 10' 00")*

*All subsequent raises for men after 13' 00" will be 6 inch increments as long as time allows.*

*ALSO – The vault takes priority over all other events. If you check out and the bar goes up you will not be allowed to vault at the lower height. If you check out – check out carefully and pay attention to the raises!*

**WARMUPS FOR BOTH GENDERS WILL BE ONLY FROM 6:00 – 6:45. VAULT STARTS AT 6:45.**

***Vault will end as we approach the witching hour of 11:00 regardless of whether or not we are done.***