



2014 High School Indoor T&F Best

MEN

100 Meter Dash

Rank	Athlete	School	2013 Best	Meet
1	Danny Bauder	12 Zeeland West	10.67	06/01/13 MHSAA State Championships LP-2
2	Alex Grace	11 Saginaw Swan Valley	10.75	06/01/13 MHSAA State Championships LP-2
3	Ted Parcher	12 Linden	10.81	06/01/13 MHSAA State Championships LP-2
4	Leverl Franklin-Potter	12 Parma Western	10.83	06/01/13 MHSAA State Championships LP-2
5	Brandon Boyt	12 St. Clair	10.88	06/01/13 MHSAA State Championships LP-2
6	Anthony Debardalaben	12 Saginaw Arthur Hill	10.93	06/01/13 MHSAA State Championships LP-2
7	Erik Chard	12 Byron Center	10.99	06/01/13 MHSAA State Championships LP-2
8	Blake Smith	12 DeWitt	11.00	04/26/13 MSU Spartan Classic
9	Marcus Samuels	12 Riverview	11.02	06/01/13 MHSAA State Championships LP-2
10	Jonathan Fife	11 Flint Southwestern Academy	11.04	06/01/13 MHSAA State Championships LP-3
11	Max Schwegman	12 Pontiac Notre Dame Prep	11.24	05/17/13 MHSAA Regional 15
12	Anthony McNichols	12 Battle Creek Harper Creek	11.25	05/17/13 MHSAA Regional 12
13	Corey Westra	11 Zeeland East	11.29	06/01/13 MHSAA State Championships LP-2
14	Cameron Love	12 Wyoming Kelloggsville	11.31	05/13/13 Ottawa-Kent Silver Conference Championship
15	James Cruz	11 Eaton Rapids	11.35	05/17/13 MHSAA Regional 12
15	Steven Linton	10 St. Johns	11.35	05/18/13 MHSAA Regional 16
17	Ross Moore	11 Orchard Lake St. Mary	11.37	05/03/13 Harold Arft Sterling Invitational
18	Javon Cooney	12 Lansing Sexton	11.41	05/18/13 MHSAA Regional 16
18	Collin Brink	10 Haslett	11.41	05/18/13 MHSAA Regional 16
20	Raeshawn Campbell	12 Hazel Park	11.44	05/17/13 MHSAA Regional 15
21	Reggie Roberts	11 Wyoming Kelloggsville	11.46	05/13/13 Ottawa-Kent Silver Conference Championship
22	Rune Kirby	11 Ludington	11.47	04/16/13 Muskegon Orchard View vs. Ludington Dual
23	Chad Reedy	12 Hastings	11.48	05/17/13 MHSAA Regional 12
24	Jacob Geter	11 Plainwell	11.49	05/21/13 Wolverine Conference Championship
25	Richard Wilson	12 Detroit Country Day	11.51	05/10/13 Cardinal Classic
25	Evan Goble	11 Grand Rapids Forest Hills Eastern	11.51	05/09/13 Ottawa-Kent Bronze Conference Championship
27	Blake Oakes	11 Essexville Garber	11.53	05/22/13 Tri-Valley East Conference Championship
27	Steven Green	12 Mt. Pleasant	11.53	05/28/13 Morning Sun Meet of Champions
29	Tait Sapienza	12 Marine City	11.55	05/24/13 BWA Meet of Champions
30	Jakary McClain	11 Lansing Sexton	11.57	05/10/13 Cardinal Classic
31	Ian VanDenBerg	10 Paw Paw	11.58	05/17/13 MHSAA Regional 11
32	Dreshon Taylor	12 Benton Harbor	11.60	05/03/13 St. Joseph-Benton Harbor Invitational
32	Dan Smaw	12 Adrian	11.60	05/25/13 MITCA Division 2 State Championship
34	Kyle Guster	12 Freeland	11.61	05/22/13 Tri-Valley Central Conference Championship
34	Brandon Wood	12 Owosso	11.61	05/22/13 CAAC Red Championship
36	Jaquay King	11 Flint Northwestern	11.62	05/18/13 MHSAA Regional 16
37	Chris Sekenske	12 Ludington	11.63	04/16/13 Muskegon Orchard View vs. Ludington Dual
37	Jay Henderson	11 Midland Bullock Creek	11.63	05/22/13 Tri-Valley Central Conference Championship
39	Avonte Bell	11 Lansing Sexton	11.64	04/26/13 Don Lukens Invitational
39	Edington Brody	12 Owosso	11.64	05/18/13 MHSAA Regional 16
41	Joshua Smith	12 Riverview	11.67	04/20/13 Mansfield Mehock Relays
41	Daniel O'Neill	11 Dearborn Divine Child	11.67	04/26/13 MSU Spartan Classic
43	Sam Ellis	11 Parma Western	11.70	05/22/13 CAAC Gold Championship
44	Mason Shinrock	12 St. Joseph	11.72	05/03/13 St. Joseph-Benton Harbor Invitational
45	Andre Price	12 Wyoming Kelloggsville	11.73	05/17/13 MHSAA Regional 26
46	Sam Effa	11 Stevensville-Lakeshore	11.74	05/03/13 St. Joseph-Benton Harbor Invitational
47	Caleb Sabri	12 Middleville-Thornapple Kellogg	11.75	05/17/13 MHSAA Regional 12
48	Joe Grunstrom	10 Mason	11.76	05/17/13 MHSAA Regional 12
48	Brandon Lewis	11 Lansing Waverly	11.76	05/18/13 MHSAA Regional 16
50	John Bardell	12 Lansing Sexton	11.77	04/26/13 Don Lukens Invitational



2014 High School Indoor T&F Best

MEN

200 Meter Dash

Rank	Athlete	School	2013 Best	Meet
1	Max Schwegman	12 Pontiac Notre Dame Prep	22.22	06/01/13 MHSAA State Championships LP-2
2	Jonathan Fife	11 Flint Southwestern Academy	22.39	06/01/13 MHSAA State Championships LP-3
3	Danny Bauder	12 Zeeland West	22.40	05/25/13 MITCA Division 2 State Championship
4	Reggie Roberts	11 Wyoming Kelloggsville	22.50	05/21/13 Champion of Champions Scholarship Meet
5	Alex Grace	11 Saginaw Swan Valley	22.55	06/01/13 MHSAA State Championships LP-2
6	Steven Linton	10 St. Johns	22.81	05/18/13 MHSAA Regional 16
7	Blake Smith	12 DeWitt	22.86	05/22/13 CAAC Red Championship
8	Ted Parcher	12 Linden	22.97	05/22/13 Flint Metro League Championship
9	Brandon Wood	12 Owosso	23.00	05/18/13 MHSAA Regional 16
10	Leverett Franklin-Potter	12 Parma Western	23.03	05/22/13 CAAC Gold Championship
11	Colby Clark	12 Stevensville-Lakeshore	23.16	05/07/13 St. Joseph vs. Lakeshore Dual
12	Cameron Love	12 Wyoming Kelloggsville	23.19	05/13/13 Ottawa-Kent Silver Conference Championship
13	Ian VanDenBerg	10 Paw Paw	23.26	05/17/13 MHSAA Regional 11
13	Joshua Smith	12 Riverview	23.26	05/17/13 MHSAA Regional 13
15	Andrew Mitroka	11 Grosse Ile	23.27	05/17/13 MHSAA Regional 13
16	Jacob Geter	11 Plainwell	23.28	05/21/13 Wolverine Conference Championship
17	Leroy Rutherford III	12 Romulus	23.38	05/17/13 MHSAA Regional 13
18	James Cruz	11 Eaton Rapids	23.43	05/17/13 MHSAA Regional 12
19	Dan Smaw	12 Adrian	23.44	05/25/13 MITCA Division 2 State Championship
20	Brandon Boyt	12 St. Clair	23.46	05/25/13 MITCA Division 2 State Championship
21	Luke Lightcap	12 Battle Creek Harper Creek	23.48	05/17/13 MHSAA Regional 12
22	Richard Wilson	12 Detroit Country Day	23.50	05/10/13 Cardinal Classic
23	Blake Oakes	11 Essexville Garber	23.51	05/22/13 Tri-Valley East Conference Championship
24	Daniel O'Neill	11 Dearborn Divine Child	23.54	05/10/13 Siena Heights Invitational
24	Chad Reedy	12 Hastings	23.54	05/17/13 MHSAA Regional 12
24	Ishaha Collins	12 Mt. Morris	23.54	05/18/13 MHSAA Regional 16
27	Corey Westra	11 Zeeland East	23.56	05/09/13 Ottawa-Kent Black Conference Championship
28	Benny Anderson	11 Benton Harbor	23.57	05/17/13 MHSAA Regional 11
29	Kyle Guster	12 Freeland	23.60	05/22/13 Tri-Valley Central Conference Championship
30	Aaron Fielder	12 North Branch	23.62	05/22/13 Tri-Valley East Conference Championship
31	Chory Pope	12 Grand Rapids Forest Hills Eastern	23.68	05/09/13 Ottawa-Kent Bronze Conference Championship
32	Max Maher	12 Sturgis	23.72	04/26/13 Don Lukens Invitational
32	Nate Eldridge	10 Three Rivers	23.72	05/21/13 Wolverine Conference Championship
34	Tommy Herring	10 Lansing Waverly	23.76	05/18/13 MHSAA Regional 16
35	Zack Gustafason	12 Portland	23.82	05/14/13 Lake Odessa Lakewood vs. Portland Dual
35	Jared Smith	12 Fremont	23.82	05/10/13 Lakes 8 Activities Conference Championship
35	Austin Buerkel	11 Linden	23.82	05/22/13 Flint Metro League Championship
35	Shayshonne Bonner	11 Detroit Osborn	23.82	05/23/13 Detroit Public School League Championship
35	Reese Waters	12 Eaton Rapids	23.82	05/17/13 MHSAA Regional 12
40	Carl Conyers	12 Bloomfield Hills Cranbrook-Kingswood	23.84	05/17/13 MHSAA Regional 15
40	Marquiz Thurman	12 Wyoming Kelloggsville	23.84	05/17/13 MHSAA Regional 26
42	Sean Billisitz	12 Edwardsburg	23.85	05/17/13 MHSAA Regional 11
43	Brandon Davis	11 Clio	23.88	05/22/13 Flint Metro League Championship
44	Jay Jay Pigloski	12 Algonac	23.89	05/25/13 MITCA Division 2 State Championship
45	Benjamin Kramer	12 Fruitport	23.93	05/22/13 Meijer West Michigan All-Star Meet
46	Sam Ellis	11 Parma Western	23.95	05/03/13 Stockbridge Invite
47	Matthew Janca	12 Corunna	23.97	05/22/13 CAAC White Championship
47	Edington Brody	12 Owosso	23.97	05/22/13 CAAC Red Championship
49	Zack Gilson	12 Fruitport	24.00	05/10/13 Lakes 8 Activities Conference Championship
49	Warren Clark	12 St. Joseph	24.00	05/25/13 MITCA Division 2 State Championship



2014 High School Indoor T&F Best

MEN

400 Meter Dash

Rank	Athlete	School	2013 Best	Meet
1	Colby Clark	12 Stevensville-Lakeshore	48.99	05/25/13 MITCA Division 2 State Championship
2	Steven Green	12 Mt. Pleasant	49.96	05/17/13 MHSAA Regional 19
3	Tyler Cochran	10 Orchard Lake St. Mary	50.53	06/01/13 MHSAA State Championships LP-2
4	Taylor Graffa	12 Detroit Country Day	50.65	06/01/13 MHSAA State Championships LP-2
5	Leroy Rutherford III	12 Romulus	50.92	06/01/13 MHSAA State Championships LP-2
6	Dartanian Cook	12 Lansing Waverly	51.13	06/01/13 MHSAA State Championships LP-2
7	Kyle Guster	12 Freeland	51.33	05/17/13 MHSAA Regional 19
8	Dakota Brasseur	12 Owosso	51.35	05/22/13 CAAC Red Championship
9	Tyler Lamar	11 Williamston	51.40	05/25/13 MITCA Division 2 State Championship
10	Shawn Stewart	12 Clio	51.55	06/01/13 MHSAA State Championships LP-2
11	Chory Pope	12 Grand Rapids Forest Hills Eastern	51.69	06/01/13 MHSAA State Championships LP-2
12	Carson Nieuwenhuis	11 Wayland Union	51.85	06/01/13 MHSAA State Championships LP-2
13	James Cadena	11 Battle Creek Harper Creek	51.97	05/17/13 MHSAA Regional 12
14	Nate Eldridge	10 Three Rivers	52.32	04/26/13 Don Lukens Invitational
15	Nathan Jones	12 Mason	52.36	05/22/13 CAAC Gold Championship
16	Travis Jensen	12 Grant	52.40	05/10/13 Lakes 8 Activities Conference Championship
17	Luke Lightcap	12 Battle Creek Harper Creek	52.45	05/25/13 MITCA Division 2 State Championship
18	Charlie Warber	12 Spring Lake	52.46	05/22/13 Meijer West Michigan All-Star Meet
19	David Polzin	11 Sturgis	52.56	04/26/13 Don Lukens Invitational
20	Phillip Kovalev	12 Detroit Country Day	52.74	05/17/13 MHSAA Regional 15
21	Blake Bloomfield	12 Linden	52.81	05/22/13 Flint Metro League Championship
22	Alex Lantz	12 DeWitt	52.96	05/22/13 CAAC Red Championship
23	Paul Schneider	12 St. Clair	52.99	05/25/13 MITCA Division 2 State Championship
24	Trevor Boike	12 Riverview	53.03	05/17/13 MHSAA Regional 13
25	Wyatt Williams	12 Sparta	53.11	05/13/13 Allendale vs. Sparta Dual
26	Jeremy McNair	12 Pontiac Notre Dame Prep	53.19	05/21/13 Catholic League D1 & D2 Championship
27	Hunter Grischke	11 Williamston	53.23	05/18/13 MHSAA Regional 16
28	Dustyn Delong	11 Lansing Sexton	53.27	05/18/13 MHSAA Regional 16
29	Nick Jewell	11 St. Joseph	53.33	05/25/13 MITCA Division 2 State Championship
30	Jeffrey Bursey	12 Cheboygan	53.35	05/17/13 MHSAA Regional 19
30	Dalton Feltman	11 Jackson Northwest	53.35	05/22/13 CAAC Gold Championship
30	Tanner Niedecken	12 Birch Run	53.35	05/22/13 Tri-Valley East Conference Championship
33	Scott Binder	11 Zeeland East	53.38	05/25/13 MITCA Division 2 State Championship
34	Andrew Sweet	10 Goodrich	53.48	05/18/13 MHSAA Regional 16
35	Alex Barton	12 South Haven	53.57	05/17/13 MHSAA Regional 11
36	Austin Laskowsky	11 Adrian	53.63	05/28/13 Daily Telegram Individual Invitational
37	Brandon Wolliston	12 Remus Chippewa Hills	53.67	05/25/13 MITCA Division 2 State Championship
38	Marshal Rademacer	11 Ionia	53.69	05/22/13 CAAC Red Championship
39	Agustin Herrera	11 Auburn Hills Avondale	53.74	04/27/13 Oxford Invitational
40	Shea McKenzie	12 Eaton Rapids	53.76	05/10/13 Siena Heights Invitational
41	James Biller	12 Chelsea	53.78	05/17/13 MHSAA Regional 13
41	Jake Eaton	10 St. Johns	53.78	05/18/13 MHSAA Regional 16
43	Michael Florian	12 Charlotte	53.82	05/17/13 MHSAA Regional 12
44	Travis Delaney	12 Ovid-Elsie	53.92	05/22/13 Tri-Valley Central Conference Championship
45	David Painter	12 Remus Chippewa Hills	53.93	05/25/13 MITCA Division 2 State Championship
46	Brandon Sipka	11 Cedar Springs	54.03	05/09/13 Ottawa-Kent Bronze Conference Championship
47	Sam Villa	12 New Boston Huron	54.09	05/17/13 MHSAA Regional 13
48	Dalton Hollandsworth	10 Marysville	54.13	05/24/13 BWA Meet of Champions
49	Jacob Miller	12 Hastings	54.15	05/17/13 MHSAA Regional 12
49	Robert Finkewicz	12 Milan	54.15	05/17/13 MHSAA Regional 13



2014 High School Indoor T&F Best

MEN

800 Meter Run

Rank	Athlete	School	2013 Best	Meet
1	Andrew O'Connor	12 Croswell-Lexington	1:54.50	06/01/13 MHSAA State Championships LP-2
2	Nathan Jones	12 Mason	1:54.95	06/01/13 MHSAA State Championships LP-2
3	Dakota Brasseur	12 Owosso	1:55.05	06/01/13 MHSAA State Championships LP-2
4	Ben Thoenes	12 Williamston	1:57.03	06/01/13 MHSAA State Championships LP-2
5	Sam Plaska	11 Zeeland West	1:57.08	06/01/13 MHSAA State Championships LP-2
6	Tyler Cochran	10 Orchard Lake St. Mary	1:57.29	06/27/13 AAU Area 12 National Qualifier
7	Charlie Felton	12 St. Joseph	1:59.16	06/01/13 MHSAA State Championships LP-2
8	Benny Briseño	11 Grand Rapids Christian	1:59.32	06/01/13 MHSAA State Championships LP-2
9	Trevor Wilezynski	11 Croswell-Lexington	1:59.43	06/01/13 MHSAA State Championships LP-2
10	Patrick Jonker	11 Grand Rapids Christian	1:59.78	05/09/13 Ottawa-Kent White Conference Championship
11	Tyler Davis	11 Charlotte	2:00.48	05/17/13 MHSAA Regional 12
12	Amir Joseph	12 Romulus	2:00.75	05/17/13 MHSAA Regional 13
13	Paul Pioszak	12 Mason	2:01.25	05/17/13 MHSAA Regional 12
14	Austin Sargent	11 Cedar Springs	2:01.29	05/09/13 Ottawa-Kent Bronze Conference Championship
15	Grant Postma	12 Zeeland West	2:01.51	05/25/13 MITCA Division 2 State Championship
16	Parker Cruz	12 Marshall	2:01.90	05/17/13 MHSAA Regional 12
17	Justin Jones	11 Cedar Springs	2:02.07	05/09/13 Ottawa-Kent Bronze Conference Championship
17	Quinton Jennings	12 Allendale	2:02.07	05/21/13 Champion of Champions Scholarship Meet
19	Marc Crew	10 Bloomfield Hills Cranbrook-Kingswood	2:02.44	06/01/13 MHSAA State Championships LP-2
20	Drake Vandenberg	12 Tecumseh	2:02.57	05/17/13 MHSAA Regional 13
21	Alex Marshall	12 Parma Western	2:02.97	05/28/13 Selby Classic
22	Jacob Hanson	12 Mason	2:03.71	05/03/13 Golden Triangle Invitational
23	Zack Chodnicki	12 Armada	2:03.78	04/27/13 Oxford Invitational
24	Nasredinne Younes	10 Lansing Sexton	2:03.86	05/18/13 MHSAA Regional 16
25	Hakeem Weatherspoon	12 Detroit Denby	2:03.91	06/01/13 MHSAA State Championships LP-2
26	Sean Lang	11 East Grand Rapids	2:03.97	05/09/13 Ottawa-Kent White Conference Championship
26	Tanner Rydleski	11 St. Joseph	2:03.97	05/25/13 MITCA Division 2 State Championship
28	Trestin Mancillas-Finnerty	11 Lansing Waverly	2:04.04	05/18/13 MHSAA Regional 16
29	John Alberts	11 Cadillac	2:04.13	05/27/13 Cadillac News Meet
30	Brandon Wolliston	12 Remus Chippewa Hills	2:04.36	05/28/13 Morning Sun Meet of Champions
31	Matt Cramer	11 Zeeland East	2:04.82	05/25/13 MITCA Division 2 State Championship
32	Kimani Dooley	12 Livonia Clarenceville	2:04.87	05/17/13 MHSAA Regional 15
33	Zachary Welker	12 Dearborn Divine Child	2:04.89	05/21/13 Catholic League D1 & D2 Championship
34	Peter Pelon	11 Ionia	2:05.35	05/22/13 CAAC Red Championship
35	Matthew Ritter	12 Ludington	2:05.52	05/10/13 Lakes 8 Activities Conference Championship
36	Collin Nurenberg	12 St. Johns	2:05.55	05/22/13 CAAC Red Championship
37	Keegan Biegalski	12 Trenton	2:05.61	05/17/13 MHSAA Regional 13
38	Miles Kelleher	12 St. Joseph	2:05.62	05/25/13 MITCA Division 2 State Championship
39	Brennan Steenhoek	12 Wayland Union	2:05.74	05/04/13 Hopkins Invitational
40	Tim Letarte	12 Eaton Rapids	2:06.12	05/17/13 MHSAA Regional 12
41	Chris Snow	12 Ludington	2:06.42	05/10/13 Lakes 8 Activities Conference Championship
42	David Rose	11 Dearborn Divine Child	2:06.44	05/10/13 Siena Heights Invitational
43	Jalen Alexander	11 Niles	2:06.64	05/03/13 St. Joseph-Benton Harbor Invitational
44	Paul Schneider	12 St. Clair	2:06.81	05/03/13 Harold Arft Sterling Invitational
45	Ian Everitt	12 South Haven	2:06.94	05/21/13 Wolverine Conference Championship
46	David Mccriston	12 Three Rivers	2:06.99	05/21/13 Wolverine Conference Championship
46	Jason Fisher	12 Richland Gull Lake	2:06.99	05/17/13 MHSAA Regional 12
48	Nathan Pung	11 Portland	2:07.15	05/22/13 CAAC White Championship
49	Niko Guajardo	12 Grant	2:07.18	05/02/13 Ludington vs. Spring Lake vs. Grant Tri
50	James Ruff	10 Goodrich	2:07.25	05/18/13 MHSAA Regional 16



2014 High School Indoor T&F Best

MEN

1600 Meter Run

Rank	Athlete	School	2013 Best	Meet
1	Austin Sargent	11 Cedar Springs	4:20.70	05/09/13 Ottawa-Kent Bronze Conference Championship
2	John Sattler	12 Byron Center	4:22.45	06/01/13 MHSAA State Championships LP-2
3	David Walter	12 Middleville-Thornapple Kellogg	4:23.80	06/01/13 MHSAA State Championships LP-2
4	Andrew O'Connor	12 Crosswell-Lexington	4:25.57	05/24/13 BWA Meet of Champions
5	Charlie Felton	12 St. Joseph	4:27.49	05/17/13 MHSAA Regional 11
6	Blake Watson	10 Corunna	4:28.63	05/18/13 MHSAA Regional 16
7	Matthew Ritter	12 Ludington	4:28.92	05/22/13 Meijer West Michigan All-Star Meet
8	Stephen Pfahler	12 St. Joseph	4:29.49	05/17/13 MHSAA Regional 11
9	Jake Morey	12 Alma	4:29.98	05/22/13 Tri-Valley Central Conference Championship
10	Ben Yagiela	11 Essexville Garber	4:30.48	05/17/13 MHSAA Regional 19
11	Jacob Stubbs	12 Chelsea	4:31.09	05/17/13 MHSAA Regional 13
12	Codey Cook	11 St. Johns	4:31.25	05/18/13 MHSAA Regional 16
13	Brad Hoekstra	12 Allendale	4:32.16	05/21/13 Champion of Champions Scholarship Meet
14	Skyler Arthur	11 St. Joseph	4:32.18	05/17/13 MHSAA Regional 11
15	Aaron King	10 Fruitport	4:32.77	05/22/13 Meijer West Michigan All-Star Meet
16	Cal Morgan	12 Grand Rapids Forest Hills Northern	4:33.51	05/09/13 Ottawa-Kent Bronze Conference Championship
17	Cody Smith	12 St. Clair	4:34.07	05/25/13 MITCA Division 2 State Championship
18	Joey Humes	10 Milan	4:34.23	05/17/13 MHSAA Regional 13
19	Jamey Cunningham	12 East Grand Rapids	4:34.43	05/09/13 Ottawa-Kent White Conference Championship
20	Ben Thoenes	12 Williamston	4:34.50	04/26/13 MSU Spartan Classic
21	Erik Edwards	11 St. Joseph	4:34.54	05/17/13 MHSAA Regional 11
22	James Sira	12 Midland Bullock Creek	4:35.28	05/22/13 Tri-Valley Central Conference Championship
23	Keaton Smith	11 Whitehall	4:35.53	05/22/13 Meijer West Michigan All-Star Meet
24	Miles Garn	11 Charlotte	4:35.96	05/22/13 CAAC Gold Championship
25	Morgan Beadlescomb	10 Algonac	4:36.15	05/25/13 MITCA Division 2 State Championship
26	Alex Dennis	10 Whitehall	4:36.16	05/22/13 Meijer West Michigan All-Star Meet
27	Nathan Vanderroest	12 South Haven	4:37.10	05/21/13 Wolverine Conference Championship
28	Alex Stowell	11 Freeland	4:37.29	05/22/13 Tri-Valley Central Conference Championship
29	Buddy Brosky	10 St. Clair	4:37.41	05/03/13 Harold Arft Sterling Invitational
30	Kyle Sousley	12 Allegan	4:37.60	05/21/13 Wolverine Conference Championship
31	Trevor Curtis	12 Belding	4:37.89	05/09/13 Ottawa-Kent Blue Conference Championship
32	Luke Corder	12 Haslett	4:38.52	04/26/13 MSU Spartan Classic
33	Zach New	11 Ferndale	4:38.59	05/17/13 MHSAA Regional 15
34	Frank Kurtz	12 Milan	4:39.08	05/28/13 Larry Steeb Meet of Champions
35	Jeremy Pletcher	10 Wayland Union	4:39.21	05/17/13 MHSAA Regional 12
36	Robbie Heyboer	12 Grand Rapids Forest Hills Eastern	4:40.06	05/09/13 Ottawa-Kent Bronze Conference Championship
37	Ian Everitt	12 South Haven	4:40.18	05/21/13 Wolverine Conference Championship
38	Clyde Anderson	12 Clio	4:40.23	05/22/13 Flint Metro League Championship
39	Tom Mammel	9 Tecumseh	4:40.59	05/28/13 Daily Telegram Individual Invitational
40	Jacob Spencer	11 Eaton Rapids	4:40.77	05/22/13 CAAC Gold Championship
41	Jordan Dack	12 Parma Western	4:41.11	05/17/13 MHSAA Regional 12
42	Mark Dejong	12 Grand Rapids Christian	4:41.23	05/25/13 MITCA Division 2 State Championship
43	Roger Champion	11 Whitehall	4:42.68	05/22/13 Meijer West Michigan All-Star Meet
44	Jack Abernethy	12 Chelsea	4:42.70	05/22/13 SEC Boys Championship
45	Amir Joseph	12 Romulus	4:42.85	05/03/13 Golden Triangle Invitational
45	Kapo Suarez	11 Coopersville	4:42.85	05/09/13 Ottawa-Kent Blue Conference Championship
47	Sam Butler	12 Richland Gull Lake	4:42.93	04/26/13 Don Lukens Invitational
48	Andrew Truskowski	12 Grand Rapids Catholic Central	4:42.96	05/21/13 Champion of Champions Scholarship Meet
49	Jacob Starr	10 Otsego	4:43.00	05/25/13 MITCA Division 2 State Championship
50	Chance Miller	11 Hastings	4:43.24	05/17/13 MHSAA Regional 12



2014 High School Indoor T&F Best

MEN

3200 Meter Run

Rank	Athlete	School	2013 Best	Meet
1	Cal Morgan	12 Grand Rapids Forest Hills Northern	9:38.62	06/01/13 MHSAA State Championships LP-2
2	Jake Morey	12 Alma	9:41.83	05/03/13 Shepard Bluejay Invite
3	Erik Edwards	11 St. Joseph	9:47.68	05/25/13 MITCA Division 2 State Championship
4	John Sattler	12 Byron Center	9:47.92	05/21/13 Champion of Champions Scholarship Meet
5	Kapo Suarez	11 Coopersville	9:48.26	06/01/13 MHSAA State Championships LP-2
6	Nathan Vanderroest	12 South Haven	9:48.69	06/01/13 MHSAA State Championships LP-2
7	James Sira	12 Midland Bullock Creek	9:49.73	06/01/13 MHSAA State Championships LP-2
8	Sam Butler	12 Richland Gull Lake	9:51.34	06/01/13 MHSAA State Championships LP-2
9	Miles Garn	11 Charlotte	9:51.66	05/17/13 MHSAA Regional 12
10	Cody Smith	12 St. Clair	9:51.70	05/03/13 Harold Arft Sterling Invitational
11	Alex McCormick	12 Haslett	9:52.00	05/18/13 MHSAA Regional 16
12	Justin Starr	12 Otsego	9:52.81	06/01/13 MHSAA State Championships LP-2
13	David Walter	12 Middleville-Thornapple Kellogg	9:53.69	05/17/13 MHSAA Regional 12
14	Keaton Smith	11 Whitehall	9:53.88	06/01/13 MHSAA State Championships LP-2
15	Matthew Ritter	12 Ludington	9:55.22	05/17/13 MHSAA Regional 19
16	Mark Smith	12 Petoskey	9:56.88	05/17/13 MHSAA Regional 19
17	Codey Cook	11 St. Johns	9:57.61	05/22/13 CAAC Red Championship
18	Jacob Spencer	11 Eaton Rapids	10:00.37	05/17/13 MHSAA Regional 12
19	Andrew Schneider	10 St. Clair	10:01.06	05/24/13 BWA Meet of Champions
20	Mitch Kolito	11 DeWitt	10:01.91	05/18/13 MHSAA Regional 16
21	Stephen Pfahler	12 St. Joseph	10:04.64	05/07/13 St. Joseph vs. Lakeshore Dual
22	Trevor Curtis	12 Belding	10:07.38	05/09/13 Ottawa-Kent Blue Conference Championship
23	Alexander Krantz	12 Williamston	10:07.41	05/25/13 MITCA Division 2 State Championship
24	Stephen Sheffey	12 Flint Southwestern Academy	10:08.18	06/01/13 MHSAA State Championships LP-3
25	Andrew Hyatt	12 St. Johns	10:09.09	05/22/13 CAAC Red Championship
26	Clyde Anderson	12 Clio	10:09.17	05/22/13 Flint Metro League Championship
27	Buddy Brosky	10 St. Clair	10:09.40	05/03/13 Harold Arft Sterling Invitational
28	David Trimas	11 Chelsea	10:09.91	05/10/13 Jonathan Nugent Memorial Invitational
29	Tyler Starr	12 Otsego	10:10.01	05/25/13 MITCA Division 2 State Championship
30	Mark Dejong	12 Grand Rapids Christian	10:10.76	06/01/13 MHSAA State Championships LP-2
31	Matthew Levitt	10 East Grand Rapids	10:12.73	05/09/13 Ottawa-Kent White Conference Championship
32	Nathan Mylenek	10 Pontiac Notre Dame Prep	10:12.81	05/17/13 MHSAA Regional 15
33	Jeremiah Gossett	12 Linden	10:12.88	04/26/13 MSU Spartan Classic
34	Jack Keais	10 Marine City	10:13.86	05/24/13 BWA Meet of Champions
35	Ben Yagiela	11 Essexville Garber	10:14.72	05/17/13 MHSAA Regional 19
36	Brad Hoekstra	12 Allendale	10:15.25	05/09/13 Ottawa-Kent Blue Conference Championship
37	Adam Gizowski	12 St. Clair	10:15.52	05/24/13 BWA Meet of Champions
38	Jamey Cunningham	12 East Grand Rapids	10:15.57	05/09/13 Ottawa-Kent White Conference Championship
39	Paul Pioszak	12 Mason	10:16.67	05/03/13 Golden Triangle Invitational
40	Zak Longo	12 East Grand Rapids	10:16.94	05/09/13 Ottawa-Kent White Conference Championship
41	Jacob Starr	10 Otsego	10:17.07	05/25/13 MITCA Division 2 State Championship
42	Jacob Trowbridge	10 Corunna	10:17.55	05/18/13 MHSAA Regional 16
43	Andrew Wittland	11 Grand Rapids Forest Hills Northern	10:18.00	05/09/13 Ottawa-Kent Bronze Conference Championship
44	Joey Deboer	11 Grand Rapids Forest Hills Eastern	10:18.49	05/09/13 Ottawa-Kent Bronze Conference Championship
45	Joe Vermilye	11 Chelsea	10:18.76	05/03/13 Stockbridge Invite
46	Brandon Urban	11 Carleton Airport	10:19.36	05/17/13 MHSAA Regional 13
47	Colin Herrmann	11 Orchard Lake St. Mary	10:19.81	05/17/13 MHSAA Regional 15
48	Harrison Coe	11 Orchard Lake St. Mary	10:19.86	05/17/13 MHSAA Regional 15
49	Luke Corder	12 Haslett	10:20.86	05/10/13 Jonathan Nugent Memorial Invitational
50	Alex Stowell	11 Freeland	10:21.00	05/22/13 Tri-Valley Central Conference Championship



2014 High School Indoor T&F Best

MEN

110 Meter Hurdles

Rank	Athlete	School	2013 Best	Meet
1	Jamar Hardy	12 Saginaw Arthur Hill	14.47	06/01/13 MHSAA State Championships LP-2
2	Fred Boyd	12 Dearborn Divine Child	14.82	05/17/13 MHSAA Regional 13
3	Jason Tran	12 Zeeland West	15.02	06/01/13 MHSAA State Championships LP-2
4	Joey Seghi	12 Crosswell-Lexington	15.11	06/01/13 MHSAA State Championships LP-2
5	Kevin Kirkland	12 Lansing Waverly	15.20	06/01/13 MHSAA State Championships LP-2
6	Justin Farah	12 Grand Rapids Forest Hills Northern	15.26	05/09/13 Ottawa-Kent Bronze Conference Championship
7	Emanuel Kirkland	12 Lansing Waverly	15.38	06/01/13 MHSAA State Championships LP-2
8	Shane Miedzielec	12 Sparta	15.42	05/09/13 Ottawa-Kent Blue Conference Championship
9	Charlie Dejonge	12 East Grand Rapids	15.50	05/02/13 Caledonia vs. East Grand Rapids Dual
10	Nick Carl	12 Mason	15.53	05/17/13 MHSAA Regional 12
11	Derek Troxell	11 Mason	15.56	05/17/13 MHSAA Regional 12
12	Nate Couturier	11 Allendale	15.60	05/09/13 Ottawa-Kent Blue Conference Championship
13	Rod Lewis	12 Lansing Sexton	15.66	05/18/13 MHSAA Regional 16
14	George Sawaya	11 Dearborn Divine Child	15.78	05/17/13 MHSAA Regional 13
15	Devin Butler	11 Zeeland East	15.84	05/25/13 MITCA Division 2 State Championship
16	Quinn Schelske	12 South Lyon East	15.86	05/10/13 KLAA Kensington Conference Championship
17	Chase Rohrer	12 Ludington	15.89	05/10/13 Lakes 8 Activities Conference Championship
18	Jurell Parrish	12 Adrian	15.94	05/28/13 Daily Telegram Individual Invitational
18	Marshall Walters	11 Corunna	15.94	05/18/13 MHSAA Regional 16
20	John Wixson	10 Remus Chippewa Hills	15.96	05/25/13 MITCA Division 2 State Championship
21	Skylar Jackson	12 Lansing Waverly	15.97	05/18/13 MHSAA Regional 16
22	Liam Ward	12 Vicksburg	16.07	05/21/13 Wolverine Conference Championship
22	Dylan Brooks	11 Owosso	16.07	05/18/13 MHSAA Regional 16
24	Tyler Horn	11 Marshall	16.16	05/17/13 MHSAA Regional 12
25	Mitchell Nickolaas	12 Plainwell	16.25	05/21/13 Wolverine Conference Championship
26	Mitchell Mueller	11 Algonac	16.29	05/25/13 MITCA Division 2 State Championship
27	Tyriek Lewis	12 Lansing Sexton	16.32	05/18/13 MHSAA Regional 16
28	Tom Garlock	12 Allegan	16.33	05/17/13 MHSAA Regional 11
29	Terrance London	10 Melvindale	16.35	05/17/13 MHSAA Regional 13
30	Tristan Bloomer	12 Zeeland East	16.41	05/25/13 MITCA Division 2 State Championship
31	Wyatt Williams	12 Sparta	16.42	05/09/13 Ottawa-Kent Blue Conference Championship
32	Jacob Pohl	12 Portland	16.45	05/17/13 MHSAA Regional 12
33	Alex Fast	12 Eaton Rapids	16.49	05/22/13 CAAC Gold Championship
34	Matt Russell	12 Whitehall	16.50	05/22/13 Meijer West Michigan All-Star Meet
35	Austen Gentner	11 Yale	16.51	05/24/13 BWA Meet of Champions
36	Steven Fitzek	11 Gaylord	16.59	05/17/13 MHSAA Regional 19
37	Bj Chatterson	11 Petoskey	16.60	05/22/13 Big North Conference Championship
37	Rex Wagner	12 Monroe Jefferson	16.60	05/17/13 MHSAA Regional 13
39	Matt Yeagley	12 Mt. Pleasant	16.62	05/17/13 MHSAA Regional 19
39	Jim Whalen	12 Comstock Park	16.62	05/09/13 Ottawa-Kent Blue Conference Championship
41	Rex Siskaninetz	11 Paw Paw	16.63	05/17/13 MHSAA Regional 11
42	Keyon Thomas	11 Redford Union	16.64	05/17/13 MHSAA Regional 15
43	Austin Siegel	12 Coldwater	16.71	05/28/13 Branch County Area Best Meet
44	Brandon Hutson	11 Battle Creek Harper Creek	16.77	05/17/13 MHSAA Regional 12
45	Noah VanReesema	10 Chelsea	16.80	05/11/13 River Rat Invite
45	Zack Conrad	12 Grand Rapids Forest Hills Eastern	16.80	05/09/13 Ottawa-Kent Bronze Conference Championship
45	Gabe Lopez	11 Tecumseh	16.80	05/28/13 Daily Telegram Individual Invitational
48	Tim Symons	12 Lake Fenton	16.83	05/18/13 MHSAA Regional 16
49	Christopher Jackson	10 Detroit Country Day	16.84	05/17/13 MHSAA Regional 15
50	Remington Rohrer	12 Ludington	16.86	05/02/13 Ludington vs. Spring Lake vs. Grant Tri



2014 High School Indoor T&F Best

MEN

300 Meter Hurdles

Rank	Athlete	School	2013 Best	Meet
1	Nate Couturier	11 Allendale	38.91	06/01/13 MHSAA State Championships LP-2
2	Shane Miedzielec	12 Sparta	39.55	06/01/13 MHSAA State Championships LP-2
3	Jason Tran	12 Zeeland West	39.84	06/01/13 MHSAA State Championships LP-2
4	Mitchell Nickolaas	12 Plainwell	40.16	06/01/13 MHSAA State Championships LP-2
5	Joey Seghi	12 Croswell-Lexington	40.52	06/01/13 MHSAA State Championships LP-2
6	Charlie Dejonge	12 East Grand Rapids	40.75	06/01/13 MHSAA State Championships LP-2
7	Derek Troxell	11 Mason	40.99	05/17/13 MHSAA Regional 12
8	Quinn Schelske	12 South Lyon East	41.10	05/10/13 KLAAs Kensington Conference Championship
9	John Wixson	10 Remus Chippewa Hills	41.35	05/17/13 MHSAA Regional 19
10	Johne Stewart	11 Three Rivers	41.36	05/17/13 MHSAA Regional 11
11	Jurell Parrish	12 Adrian	41.57	05/28/13 Daily Telegram Individual Invitational
12	Tait Sapienza	12 Marine City	41.81	05/20/13 Macomb Area Conference White Championship
13	Fred Boyd	12 Dearborn Divine Child	41.88	04/26/13 MSU Spartan Classic
14	Wyatt Williams	12 Sparta	41.90	05/09/13 Ottawa-Kent Blue Conference Championship
15	Christopher Womack	11 Auburn Hills Avondale	41.94	04/27/13 Oxford Invitational
16	Doug Pollard	12 Carleton Airport	42.00	05/17/13 MHSAA Regional 13
17	Remington Rohrer	12 Ludington	42.18	05/22/13 Meijer West Michigan All-Star Meet
18	Rod Lewis	12 Lansing Sexton	42.23	05/18/13 MHSAA Regional 16
19	Micah Grigsby	11 Orchard Lake St. Mary	42.28	04/27/13 Oxford Invitational
20	Dorian Whaley	12 Dearborn Heights Robichaud	42.36	05/17/13 MHSAA Regional 13
21	Cruz Martinez	12 Adrian	42.39	05/25/13 MITCA Division 2 State Championship
22	Gabe Lopez	11 Tecumseh	42.45	05/22/13 SEC Boys Championship
23	Liam Ward	12 Vicksburg	42.46	05/21/13 Wolverine Conference Championship
24	Isaiah Smith	10 Three Rivers	42.55	05/21/13 Wolverine Conference Championship
25	Nick Carl	12 Mason	42.62	05/22/13 CAAC Gold Championship
26	Jamar Hardy	12 Saginaw Arthur Hill	42.83	05/17/13 MHSAA Regional 19
27	Dylan Brooks	11 Owosso	42.84	05/22/13 CAAC Red Championship
28	Justin Farah	12 Grand Rapids Forest Hills Northern	42.85	05/09/13 Ottawa-Kent Bronze Conference Championship
29	Ryan Bennet	12 Otsego	43.06	05/25/13 MITCA Division 2 State Championship
30	Bradley Stauffer	12 South Lyon East	43.18	06/01/13 MHSAA State Championships LP-2
31	Kevin Kirkland	12 Lansing Waverly	43.27	05/18/13 MHSAA Regional 16
32	Blake Ryan	11 Jackson Northwest	43.31	05/28/13 Selby Classic
33	Chase Rohrer	12 Ludington	43.35	05/17/13 MHSAA Regional 19
34	Tyler Dinkins	12 Trenton	43.45	05/17/13 MHSAA Regional 13
35	Jacob Shields	12 Jackson Northwest	43.49	05/28/13 Selby Classic
36	Lucas Bunn	11 Allegan	43.50	05/21/13 Wolverine Conference Championship
37	Chris Fillwock	11 Eaton Rapids	43.54	05/10/13 Siena Heights Invitational
38	Matt Yeagley	12 Mt. Pleasant	43.63	05/17/13 MHSAA Regional 19
39	Keyon Thomas	11 Redford Union	43.64	05/17/13 MHSAA Regional 15
40	Tim Symons	12 Lake Fenton	43.70	05/18/13 MHSAA Regional 16
41	Lawrence Barnes	12 Melvindale	43.71	05/17/13 MHSAA Regional 13
42	Brandon Hutson	11 Battle Creek Harper Creek	43.72	05/25/13 MITCA Division 2 State Championship
42	Logan Ritchie	11 New Boston Huron	43.72	05/17/13 MHSAA Regional 13
44	Tom Garlock	12 Allegan	43.76	05/21/13 Wolverine Conference Championship
44	Tavin Brown	11 Wyoming Kelloggsville	43.76	05/25/13 MITCA Division 3 State Championship
46	Christian Terwillegar	12 Midland Bullock Creek	43.84	05/22/13 Tri-Valley Central Conference Championship
46	Bryce Blanchard	11 Marshall	43.84	05/17/13 MHSAA Regional 12
48	Luke Summey	12 Sturgis	43.88	05/17/13 MHSAA Regional 11
49	Sky Christenson	11 Whitehall	43.91	05/22/13 Meijer West Michigan All-Star Meet
50	Austin Siegel	12 Coldwater	44.00	05/28/13 Branch County Area Best Meet



2014 High School Indoor T&F Best

MEN

Discus

Rank	Athlete	School	2013 Best	Meet
1	Tommy Roush	10 Petoskey	168-4	06/01/13 MHSAA State Championships LP-2
2	Logan Targgart	12 Coldwater	157-1	06/01/13 MHSAA State Championships LP-2
3	Zach Testolin	12 Battle Creek Harper Creek	155-5	05/17/13 MHSAA Regional 12
4	Aaron Curtis	12 Coopersville	155-3	06/01/13 MHSAA State Championships LP-2
5	Al Lake	12 Byron Center	150-0	06/01/13 MHSAA State Championships LP-2
6	Glenn Geurink	12 Allendale	147-1	05/09/13 Ottawa-Kent Blue Conference Championship
7	Brian Agomuah	10 Orchard Lake St. Mary	146-11	05/24/13 Oakland County Championship
7	Micheal Smith	11 Chelsea	146-11	05/17/13 MHSAA Regional 13
9	Stone Miller	11 Mason	146-2	06/01/13 MHSAA State Championships LP-2
10	Sam Katon	12 Chelsea	146-1	06/01/13 MHSAA State Championships LP-2
11	Zach Purcilly	12 Auburn Hills Avondale	145-0	05/24/13 Oakland County Championship
12	Trent Willenborg	11 South Lyon East	144-6	06/01/13 MHSAA State Championships LP-2
13	Trent Kujawa	12 Zeeland West	141-9	05/25/13 MITCA Division 2 State Championship
14	Clayton Carr	12 Alma	140-1	05/22/13 Tri-Valley Central Conference Championship
15	Zack Gustafason	12 Portland	139-3	05/07/13 Lansing Catholic vs. Portland Dual
16	Jordan Vandort	12 Zeeland West	138-8	05/25/13 MITCA Division 2 State Championship
17	Jordan Johnson	12 Cedar Springs	133-11	05/09/13 Ottawa-Kent Bronze Conference Championship
17	Colton Walser	12 Charlotte	133-11	05/17/13 MHSAA Regional 12
19	Alex Neering	12 Essexville Garber	133-5	05/22/13 Tri-Valley East Conference Championship
20	Kenny Creameans	12 Dowagiac	133-1	05/17/13 MHSAA Regional 11
21	Kenton Rivard	11 Marine City	132-5	05/24/13 BWA Meet of Champions
22	Blake Ryan	11 Jackson Northwest	131-8	05/17/13 MHSAA Regional 12
23	Zach Telfer	12 Charlotte	130-10	05/22/13 CAAC Gold Championship
24	Alex Kissel	12 Linden	130-6	05/22/13 Flint Metro League Championship
25	Cody Stilwell	12 Cadillac	129-10	05/27/13 Cadillac News Meet
26	Michael Wilkinson	12 South Haven	129-1	05/21/13 Wolverine Conference Championship
27	Noah Seeburger	12 Freeland	128-2	05/22/13 Tri-Valley Central Conference Championship
28	Jacob Compagner	12 Zeeland East	127-11	05/09/13 Ottawa-Kent Black Conference Championship
29	Tj Baker	11 Cadillac	126-10	05/27/13 Cadillac News Meet
30	Carter Paddy	11 Monroe Jefferson	126-7	05/17/13 MHSAA Regional 13
31	Cortez Mcswain	12 Wyoming Kelloggsville	126-0	05/13/13 Ottawa-Kent Silver Conference Championship
32	Remington Rohrer	12 Ludington	124-7	04/19/13 Rocket Invitational
32	Jadante Brown	11 DeWitt	124-7	05/22/13 CAAC Red Championship
34	Caden Burrows	11 Cedar Springs	124-3	05/09/13 Ottawa-Kent Bronze Conference Championship
35	Cameron Klompstra	12 Cedar Springs	124-0	05/09/13 Ottawa-Kent Bronze Conference Championship
36	Dominick Lahuis	12 Wayland Union	123-6	05/17/13 MHSAA Regional 12
36	Bobby Charles	12 Detroit Country Day	123-6	06/01/13 MHSAA State Championships LP-2
38	Nic Kramer	10 Fruitport	123-2	05/10/13 Lakes 8 Activities Conference Championship
39	Josh Burgess	12 Monroe Jefferson	122-6	05/17/13 MHSAA Regional 13
40	Zack Rosillo	12 Imlay City	121-2	05/10/13 Cardinal Classic
41	Cole Dekett	12 Mason	121-0	05/22/13 CAAC Gold Championship
41	Nate Gonzalez	11 Caro	121-0	05/22/13 Tri-Valley East Conference Championship
43	Sheldon Holmes	11 Eaton Rapids	120-11	05/17/13 MHSAA Regional 12
44	Ed Nguyen	12 Cadillac	119-10	05/27/13 Cadillac News Meet
45	Jon Klumpp	11 Ionia	119-5	05/03/13 Shepard Bluejay Invite
46	Alec Stanley	11 Fruitport	119-2	05/22/13 Meijer West Michigan All-Star Meet
47	Armando Garcia	11 Paw Paw	119-0	05/17/13 MHSAA Regional 11
47	Luke Summey	12 Sturgis	119-0	05/17/13 MHSAA Regional 11
49	Zach Bowman	11 Vicksburg	118-11	05/21/13 Wolverine Conference Championship
50	Anthony Cook	11 Freeland	118-10	05/22/13 Tri-Valley Central Conference Championship



2014 High School Indoor T&F Best

MEN

High Jump

Rank	Athlete	School	2013 Best	Meet
1	Kyle Steigenga	12 Holland Christian	6-06	05/21/13 Champion of Champions Scholarship Meet
1	Jacob Taylor	12 Haslett	6-06	05/18/13 MHSAA Regional 16
3	Kaleb Perry	10 Mt. Pleasant	6-04	05/17/13 MHSAA Regional 19
3	George Sawaya	11 Dearborn Divine Child	6-04	06/01/13 MHSAA State Championships LP-2
5	Walker Bradley	12 Williamston	6-02	04/26/13 MSU Spartan Classic
5	Kameron Ferguson	12 South Haven	6-02	05/17/13 MHSAA Regional 11
5	Jon Swain	11 Milan	6-02	05/28/13 Larry Steeb Meet of Champions
8	Austen Gentner	11 Yale	6-01	05/24/13 BWA Meet of Champions
9	Nathan Whitting	10 Freeland	6-00	05/10/13 Cardinal Classic
9	Devin Butler	11 Zeeland East	6-00	05/09/13 Ottawa-Kent Black Conference Championship
9	Aaron Fielder	12 North Branch	6-00	05/22/13 Tri-Valley East Conference Championship
9	Austin Maynard	12 Wayland Union	6-00	05/17/13 MHSAA Regional 12
9	Anthony Fitzgerald	11 Melvindale	6-00	05/17/13 MHSAA Regional 13
14	Alex Knox	12 Vicksburg	5-11	05/21/13 Wolverine Conference Championship
14	Daelin Hayes	10 Orchard Lake St. Mary	5-11	05/21/13 Catholic League D1 & D2 Championship
16	Riley Skrzypek	11 Vicksburg	5-10	05/17/13 MHSAA Regional 11
16	Jamie Steffes	11 Grant	5-10	05/22/13 Meijer West Michigan All-Star Meet
16	Brett Schaberg	11 Williamston	5-10	05/22/13 CAAC White Championship
16	Jonathon McMath	10 Dearborn Heights Annapolis	5-10	05/17/13 MHSAA Regional 13
20	Evan Steele	11 Imlay City	5-09	05/24/13 BWA Meet of Champions
20	Nick Jewell	11 St. Joseph	5-09	05/07/13 St. Joseph vs. Lakeshore Dual
20	Jake DeWilde	11 Marine City	5-09	05/20/13 Macomb Area Conference White Championship
20	T'Mondre Calhoun	10 Lansing Waverly	5-09	05/22/13 CAAC Gold Championship
24	Ryan Gill	10 DeWitt	5-08	05/10/13 Jonathan Nugent Memorial Invitational
24	Charlie Dejonge	12 East Grand Rapids	5-08	05/02/13 Caledonia vs. East Grand Rapids Dual
24	Eli Groendal	12 Howard City Tri County	5-08	04/25/13 Ludington vs. Howard Tri-County Dual
24	Jarod Cobb	11 Ludington	5-08	04/19/13 Rocket Invitational
24	Nate Kauffman	12 Lake Odessa-Lakewood	5-08	05/22/13 CAAC White Championship
24	Chase Badalamenti	11 Essexville Garber	5-08	05/22/13 Tri-Valley East Conference Championship
24	Dylan Brooks	11 Owosso	5-08	05/22/13 CAAC Red Championship
24	Noah VanReesema	10 Chelsea	5-08	05/22/13 SEC Boys Championship
32	Willie Stark	12 Armada	5-07	04/27/13 Oxford Invitational
32	Darrell Davison	12 Detroit Country Day	5-07	04/27/13 Oxford Invitational
32	Luke Keener	11 Haslett	5-07	04/26/13 MSU Spartan Classic
32	David Painter	12 Remus Chippewa Hills	5-07	05/17/13 MHSAA Regional 19
32	Jacob Trogan	10 Bay City John Glenn	5-07	05/17/13 MHSAA Regional 19
32	Chris Smiy	12 St. Joseph	5-07	05/03/13 St. Joseph-Benton Harbor Invitational
32	Logan Ashley	12 Battle Creek Harper Creek	5-07	05/25/13 MITCA Division 2 State Championship
32	Chris Able	10 Zeeland East	5-07	05/25/13 MITCA Division 2 State Championship
32	Derek Strobel	10 Remus Chippewa Hills	5-07	05/25/13 MITCA Division 2 State Championship
32	Jacob Pohl	12 Portland	5-07	05/17/13 MHSAA Regional 12
32	Diallo Matmela	11 Dearborn Heights Annapolis	5-07	05/17/13 MHSAA Regional 13
43	Jacob Dyer	12 Fruitport	5-06	04/19/13 Rocket Invitational
43	Jacob Huffaker	11 North Branch	5-06	05/22/13 Tri-Valley East Conference Championship
43	Ryan Gravilla	12 Imlay City	5-06	05/10/13 Cardinal Classic
43	Jacob Cairl	10 Portland	5-06	05/14/13 Lake Odessa Lakewood vs. Portland Dual
43	Patrick Johnson	11 Whitehall	5-06	04/26/13 Optimist Track Invitational
43	Zeb Jones	12 Ludington	5-06	05/02/13 Ludington vs. Spring Lake vs. Grant Tri
43	Ben Whitting	10 Freeland	5-06	05/22/13 Tri-Valley Central Conference Championship
43	Nick Call	11 Saginaw Swan Valley	5-06	05/22/13 Tri-Valley Central Conference Championship



2014 High School Indoor T&F Best

MEN

Long Jump

Rank	Athlete	School	2013 Best	Meet
1	Anthony Fitzgerald	11 Melvindale	22-9	06/01/13 MHSAA State Championships LP-2
2	Kyle Sawyer	12 Eaton Rapids	21-5.5	05/17/13 MHSAA Regional 12
3	Joseph Mckinley	11 Hazel Park	21-4.75	06/01/13 MHSAA State Championships LP-2
4	Tyler Lamar	11 Williamston	21-2.5	04/26/13 MSU Spartan Classic
5	Jacob Taylor	12 Haslett	21-2.25	05/18/13 MHSAA Regional 16
6	Steven Green	12 Mt. Pleasant	21-1.25	05/17/13 MHSAA Regional 19
7	DeMarco Taylor	11 Three Rivers	21-0.25	05/21/13 Wolverine Conference Championship
8	George Sawaya	11 Dearborn Divine Child	20-11.5	04/26/13 MSU Spartan Classic
9	Kalebb Perry	10 Mt. Pleasant	20-11	05/17/13 MHSAA Regional 19
10	Nate Couturier	11 Allendale	20-10.5	05/09/13 Ottawa-Kent Blue Conference Championship
11	Brandon Davis	11 Clio	20-8	05/10/13 Cardinal Classic
11	Myles Wright	12 Auburn Hills Avondale	20-8	06/01/13 MHSAA State Championships LP-1
13	Josh Awrey	11 Ogemaw Heights	20-7.5	05/17/13 MHSAA Regional 19
14	Mason Shinrock	12 St. Joseph	20-6.75	05/03/13 St. Joseph-Benton Harbor Invitational
15	Will Spence	12 Cadillac	20-6	05/17/13 MHSAA Regional 19
16	Clay Whitehead	12 Parchment	20-5.75	06/01/13 MHSAA State Championships LP-3
17	Austin Siegel	12 Coldwater	20-4.75	05/28/13 Branch County Area Best Meet
17	Zack Gilson	12 Fruitport	20-4.75	06/01/13 MHSAA State Championships LP-2
19	Kyle Shashaguay	12 Williamston	20-4	05/18/13 MHSAA Regional 16
20	Jason Tran	12 Zeeland West	20-2.5	05/25/13 MITCA Division 2 State Championship
21	Anthony McNichols	12 Battle Creek Harper Creek	19-11.75	05/17/13 MHSAA Regional 12
21	Tyler Moores	11 Grosse Ile	19-11.75	05/17/13 MHSAA Regional 13
23	Trey Pfeiffer	12 Otsego	19-11.5	05/17/13 MHSAA Regional 11
24	Kevin Kirkland	12 Lansing Waverly	19-11.25	05/18/13 MHSAA Regional 16
25	Russ Hodder	12 Comstock Park	19-8.75	05/09/13 Ottawa-Kent Blue Conference Championship
26	Brad Eisen	12 St. Clair	19-8.5	05/03/13 Harold Arft Sterling Invitational
26	Eric Babcock	11 Vicksburg	19-8.5	05/21/13 Wolverine Conference Championship
26	Devin Butler	11 Zeeland East	19-8.5	05/25/13 MITCA Division 2 State Championship
29	John Afesumeh	11 Grand Rapids Forest Hills Eastern	19-8	05/09/13 Ottawa-Kent Bronze Conference Championship
30	Aaron Fielder	12 North Branch	19-7.5	05/24/13 BWA Meet of Champions
31	Dreshon Taylor	12 Benton Harbor	19-7	05/17/13 MHSAA Regional 11
32	Nathan Whitting	10 Freeland	19-6.5	05/10/13 Cardinal Classic
33	Rod Lewis	12 Lansing Sexton	19-6	05/22/13 CAAC Blue Championship
34	Emanuel Kirkland	12 Lansing Waverly	19-5.5	05/22/13 CAAC Gold Championship
35	Nate Trevino	12 DeWitt	19-5	04/26/13 MSU Spartan Classic
36	Te-Joun Hardiman	11 Dearborn Heights Annapolis	19-4.75	05/17/13 MHSAA Regional 13
37	Brody Flynn	12 Yale	19-3.25	05/24/13 BWA Meet of Champions
38	Khayman Jones	12 Adrian	19-3	05/28/13 Daily Telegram Individual Invitational
38	Joshua Leftwish	11 Dearborn Heights Robichaud	19-3	05/17/13 MHSAA Regional 13
40	Jack Ripley	11 Charlotte	19-2.25	05/22/13 CAAC Gold Championship
41	J.d. Gilroy	10 St. Johns	19-2	05/18/13 MHSAA Regional 16
42	Doug Stikeleather	12 North Branch	19-0.75	05/22/13 Tri-Valley East Conference Championship
43	Garrett Beaudry	12 Linden	19-0	04/29/13 Holly vs. Linden vs. Ortonville-Brandon Double Dual
44	Jamie Steffes	11 Grant	18-11.5	04/26/13 Optimist Track Invitational
45	Erik Lauchie	12 Grand Rapids Forest Hills Northern	18-10	05/09/13 Ottawa-Kent Bronze Conference Championship
46	Ross Moore	11 Orchard Lake St. Mary	18-9.5	06/01/13 MHSAA State Championships LP-2
47	Brandyn Perkins	11 Williamston	18-8.75	04/26/13 MSU Spartan Classic
48	Sam Tavano	11 Richmond	18-8.5	05/24/13 BWA Meet of Champions
49	Mikhail Myles	11 Corunna	18-7.5	05/18/13 MHSAA Regional 16
50	Jake Jankoska	11 Freeland	18-7	05/17/13 MHSAA Regional 19



2014 High School Indoor T&F Best

MEN

Pole Vault

Rank	Athlete	School	2013 Best	Meet
1	Nick Schnur	11 Tecumseh	14-06	05/28/13 Daily Telegram Individual Invitational
2	Alex Fast	12 Eaton Rapids	14-04	06/01/13 MHSAA State Championships LP-2
3	Justin McKenzie	12 Linden	14-02	05/18/13 MHSAA Regional 16
4	Aaron Fielder	12 North Branch	13-10	06/01/13 MHSAA State Championships LP-2
5	Mitchell Mueller	11 Algonac	13-09	05/25/13 MITCA Division 2 State Championship
6	Hunter Schlatter	11 Coopersville	13-06	05/21/13 Champion of Champions Scholarship Meet
7	David St. Pierre	12 Chelsea	13-04	05/17/13 MHSAA Regional 13
7	Ben Hartley	11 Ogemaw Heights	13-04	06/01/13 MHSAA State Championships LP-2
9	Alex Gauthier	12 Owosso	13-00	05/10/13 Cardinal Classic
9	Johnny Newell	12 Howard City Tri County	13-00	05/20/13 Howard Tri-County vs. Fremont Dual
11	Jarrett VanHavel	10 Mason	12-10	05/17/13 MHSAA Regional 12
11	James Sanger	12 Wayland Union	12-10	05/17/13 MHSAA Regional 12
11	Tyler Hindenach	12 Cedar Springs	12-10	06/01/13 MHSAA State Championships LP-2
14	Kevin Brunner	12 St. Clair	12-09	05/25/13 MITCA Division 2 State Championship
14	Jamin Arthur	12 St. Joseph	12-09	05/25/13 MITCA Division 2 State Championship
14	Trevor Humphery	12 Remus Chippewa Hills	12-09	05/25/13 MITCA Division 2 State Championship
14	Chris Smiy	12 St. Joseph	12-09	05/25/13 MITCA Division 2 State Championship
18	Alex Kendra	11 Fruitport	12-06	05/10/13 Lakes 8 Activities Conference Championship
18	Cole Robinson	12 Williamston	12-06	04/26/13 MSU Spartan Classic
18	Seth Alfaro	12 Grand Rapids Catholic Central	12-06	05/21/13 Champion of Champions Scholarship Meet
18	Adam Ebling	11 Adrian	12-06	05/28/13 Daily Telegram Individual Invitational
22	Nathan DePelsMaeker	12 Freeland	12-04	05/17/13 MHSAA Regional 19
22	Jake Jankoska	11 Freeland	12-04	05/17/13 MHSAA Regional 19
22	Assad Wilson	12 South Haven	12-04	05/17/13 MHSAA Regional 11
25	Tyler Shaw	11 Battle Creek Harper Creek	12-03	05/25/13 MITCA Division 2 State Championship
26	Dalton Vaness	12 Cedar Springs	12-00	05/09/13 Ottawa-Kent Bronze Conference Championship
26	Dominc Hansen	12 Mason	12-00	05/22/13 CAAC Gold Championship
26	Bailey Bischer	12 Yale	12-00	05/24/13 BWA Meet of Champions
29	Jeffrey Krager	12 Big Rapids	11-10	05/17/13 MHSAA Regional 19
30	Charlie Powell	11 Ionia	11-09	05/11/13 Central Montcalm Hornet Invitational
31	Alex Clark	12 East Grand Rapids	11-06	05/09/13 Ottawa-Kent White Conference Championship
31	Nolan Stark	10 Ludington	11-06	05/20/13 Striders-Squire Invitational
31	Brian Hitts	11 Grant	11-06	05/10/13 Lakes 8 Activities Conference Championship
31	Collin Butler	12 Fruitport	11-06	05/22/13 Meijer West Michigan All-Star Meet
31	Adam Richmond	12 Eaton Rapids	11-06	05/22/13 CAAC Gold Championship
31	Eddie Mcintyre	11 Allendale	11-06	05/25/13 MITCA Division 2 State Championship
31	Kyle Kraus	11 Middleville-Thornapple Kellogg	11-06	05/17/13 MHSAA Regional 12
38	Tyler Baker	10 Goodrich	11-04	05/18/13 MHSAA Regional 16
38	Shaun LePain	11 Owosso	11-04	05/18/13 MHSAA Regional 16
40	Wesley Hoffman	12 Williamston	11-00	04/26/13 MSU Spartan Classic
40	Adam Fethke	12 Grand Rapids Christian	11-00	05/09/13 Ottawa-Kent White Conference Championship
40	Zach Pfeffer	12 Sparta	11-00	05/09/13 Ottawa-Kent Blue Conference Championship
40	Blake Willett	12 Cedar Springs	11-00	05/09/13 Ottawa-Kent Bronze Conference Championship
40	Austin Cline	11 Ogemaw Heights	11-00	05/22/13 Big North Conference Championship
40	Josh Hillard	12 Charlotte	11-00	05/22/13 CAAC Gold Championship
40	Brendan Nye	12 Mason	11-00	05/22/13 CAAC Gold Championship
40	Dayton Munce	10 Williamston	11-00	05/22/13 CAAC White Championship
40	James Bannaon	10 Owosso	11-00	05/22/13 CAAC Red Championship
40	Matt Meagher	10 DeWitt	11-00	05/22/13 CAAC Red Championship
40	Bobby Kennedy	12 South Lyon East	11-00	05/24/13 Oakland County Championship



2014 High School Indoor T&F Best

MEN

Shot Put

Rank	Athlete	School	2013 Best	Meet
1	Tommy Roush	10 Petoskey	55-3	04/23/13 Alpena vs. Petoskey Dual
2	Zach Purcilly	12 Auburn Hills Avondale	51-3	06/01/13 MHSAA State Championships LP-1
3	Alex Neering	12 Essexville Garber	51-2.75	06/01/13 MHSAA State Championships LP-2
4	Al Lake	12 Byron Center	49-9.5	05/21/13 Champion of Champions Scholarship Meet
5	Cortez Mcswain	12 Wyoming Kelloggsville	49-9	05/17/13 MHSAA Regional 26
6	Logan Targgart	12 Coldwater	48-7.5	05/28/13 Branch County Area Best Meet
7	Jordan Vandort	12 Zeeland West	48-6	05/25/13 MITCA Division 2 State Championship
8	Balaj Bruckner	12 Niles	47-11.75	05/17/13 MHSAA Regional 11
9	Micheal Smith	11 Chelsea	47-11.5	05/17/13 MHSAA Regional 13
10	Jon Klumpp	11 Ionia	46-6.5	05/22/13 CAAC Red Championship
11	Kenny Creameans	12 Dowagiac	46-2.5	05/21/13 Wolverine Conference Championship
12	Brent Watson	12 Marysville	45-9.5	05/24/13 BWA Meet of Champions
12	James Felton	12 Carleton Airport	45-9.5	05/17/13 MHSAA Regional 13
14	John Leis	12 Corunna	45-4.5	05/22/13 CAAC White Championship
15	Josh Burgess	12 Monroe Jefferson	45-1.5	05/17/13 MHSAA Regional 13
16	Bobby Charles	12 Detroit Country Day	45-1	05/10/13 Cardinal Classic
17	Shane Sandlin	12 Ferndale	44-10.25	06/01/13 MHSAA State Championships LP-2
18	Kyle Korman	11 Linden	44-5.5	05/22/13 Flint Metro League Championship
19	Derek Brown	12 Yale	44-4.25	06/01/13 MHSAA State Championships LP-2
20	Zack Gustafason	12 Portland	44-3.25	05/07/13 Lansing Catholic vs. Portland Dual
21	Zach Testolin	12 Battle Creek Harper Creek	44-3	05/25/13 MITCA Division 2 State Championship
22	Austin McNeil	11 Linden	44-0	05/22/13 Flint Metro League Championship
23	Tino Mendez	12 Adrian	43-11	05/17/13 MHSAA Regional 13
24	Stone Miller	11 Mason	43-10.75	05/22/13 CAAC Gold Championship
25	Glenn Geurink	12 Allendale	43-10.5	05/09/13 Ottawa-Kent Blue Conference Championship
26	Luke Summey	12 Sturgis	43-10	05/17/13 MHSAA Regional 11
27	Jacob Compagner	12 Zeeland East	43-9.5	05/09/13 Ottawa-Kent Black Conference Championship
28	Andy Roberts	11 Linden	43-9	05/18/13 MHSAA Regional 16
29	Maliachi Manion	12 Dearborn Heights Robichaud	43-8.5	05/17/13 MHSAA Regional 13
30	Jadante Brown	11 DeWitt	43-6	04/26/13 MSU Spartan Classic
31	Kenton Rivard	11 Marine City	43-2.75	05/20/13 Macomb Area Conference White Championship
32	Josh Berry	12 Trenton	43-1.5	05/17/13 MHSAA Regional 13
33	Avonte Bell	11 Lansing Sexton	43-1	05/18/13 MHSAA Regional 16
34	Jack Phillips	12 Wayland Union	43-0.5	05/17/13 MHSAA Regional 12
35	Ashton Lucas	11 Adrian	43-0	05/22/13 SEC Boys Championship
36	Connor Ackerman	12 Cedar Springs	42-10.5	05/09/13 Ottawa-Kent Bronze Conference Championship
37	Tristen Howard	11 Dowagiac	42-9	05/03/13 St. Joseph-Benton Harbor Invitational
38	Hunter Scott	12 Portland	42-8.5	05/14/13 Lake Odessa Lakewood vs. Portland Dual
38	Taylor Reaume	11 Saginaw Swan Valley	42-8.5	05/22/13 Tri-Valley Central Conference Championship
40	Aaron Curtis	12 Coopersville	42-8	05/09/13 Ottawa-Kent Blue Conference Championship
41	Clayton Carr	12 Alma	42-7	05/17/13 MHSAA Regional 19
42	Trent Kujawa	12 Zeeland West	42-6	05/25/13 MITCA Division 2 State Championship
43	Judah Okechukwu	12 Lansing Waverly	42-4	05/18/13 MHSAA Regional 16
44	Bobby Berry	12 Haslett	42-1.5	05/18/13 MHSAA Regional 16
45	Zach Telfer	12 Charlotte	42-1	05/22/13 CAAC Gold Championship
46	Nicholas Bmatiere	12 Flint Southwestern Academy	42-0	05/10/13 Cardinal Classic
47	Remington Rohrer	12 Ludington	41-11	04/16/13 Muskegon Orchard View vs. Ludington Dual
48	Jordan Johnson	12 Cedar Springs	41-9.25	05/09/13 Ottawa-Kent Bronze Conference Championship
49	Tyler Chapin	12 Midland Bullock Creek	41-8.25	05/17/13 MHSAA Regional 19
49	Blake Ryan	11 Jackson Northwest	41-8.25	05/22/13 CAAC Gold Championship