



# NY Metropolitan AAU Track & Field District Qualifier

**Sunday June 4, 2017 @ 9:00 am**

***@ St. Johns University***

***8000 Utopia Parkway***

***Queens, NY 11439***

**MEET DIRECTOR: R. Hopkins AAU NY Metropolitan Sports Director**

**Coach Wilkerson- (718) 528-5855**

**HOST TEAM: DISTRICT**

**COACHES MEETING: 8:30 AM**

**(718)764-7791 (718) 949-5511**

**[rhappenin@aol.com](mailto:rhappenin@aol.com),**

Divisions based on Birth years: \*8&U2009, 9(2008),  
10(2007),11(2006),12(2005), 13(2004), 14(2003), 15/16(2002-01),17/18  
(1999-2000),

(College-19-22)- LJ, SP 100, 200,800

## ENTRY FEES - \$20

Registration: **DEADLINE May 26, 2017 11:59 PM on  
[www. Coach o .com](http://www.Coach o .com)**

Combined Events Participants automatically advance to regional qualifier Steeple Chase  
Participants automatically advance to Regional Qualifier Pole Vault Participants  
automatically advance to Regional Qualifier Javelin Participants automatically advance  
to Regional Qualifier , you still must go online and register for these  
events.

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins  
except where the event operator has a laptop available with an internet connection.
- **Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be  
applied for at event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain  
their membership.
- **Note: Any contacts listed within this flyer MUST have a current valid AAU  
Membership.**

QUALIFICATIONS: THE TOP (16) FINISHERS IN EACH INDIVIDUAL AND  
RELAY SHALL ADVANCE FROM THE DISTRICT QUALIFIER TO THE REGION  
1 NATIONAL QUALIFIER.

YOU CAN REGISTER FOR THE REGION 1 NATIONAL QUALIFIER  
CHAMPIONSHIP ONLY ONLINE AT [WWW.COACHO.COM](http://WWW.COACHO.COM). RESULTS FROM  
THE DISTRICT MEET WILL BE POSTED ON [WWW.AAU.ATHLETICS.ORG](http://WWW.AAU.ATHLETICS.ORG)

WITHIN 48 HOURS AFTER THE COMPLETION OF THE MEET

AWARDS: Medals top 3 places

RESULTS: will be posted on [www.aau.athletictics.org](http://www.aau.athletictics.org)

Field events start at 8:45 am --- TJ will be contested immediately following 17/18 b/g LJ

Running events start at 9 am

Packet pick up at 8:00 am

3000m run

1500m walk

3000 walk

4 x 800 relay

200 hurdles (5-30)

400 hurdles (10-30)

400 hurdles (10-36)

100 m

1500 M

4 x 100 relay

400m

80 m hurdles (8-30)

100m hurdles (10-30)

100m hurdles (10-33)

110m hurdles (10-39)

800 m

200m

4 x 400m