

AAU Track and Field Southeastern District Qualifier

June 10, 2017

Hosted by Rutherford County TC and Front Runners TC



DATE: June 10, 2017

LOCATION: Nolensville High School
1600 Summerlyn Dr
Nolensville, TN 37135

HOST: Meet Director: Dele Ekadi, 615-484-0502, rctc2006@yahoo.com
New: New facility, New track surface

ENTRY DEADLINE: June 6, 2017

FEE: \$20 per event

AGE: 6- 18 (age as of 08/31/17)

TIME: Event will start at 7:30am

ELIGIBILITY

- Competition is open to all boys and girls who have a valid/current AAU registration card and currently reside in the Southeastern District AAU. For AAU Team and individual registration please visit the AAU web site at: AAU Registration

EVENTS LIMITS

- There is a three (3) event maximum for the 8-Under thru 12 year old divisions. There is a four (4) events maximum for 13-18 year old divisions. EVENT MAXIMUM includes RELAYS AND FIELDS EVENTS. Team members must be declared with alternates (up to 8 athletes total per relay team). AAU Age Divisions will be followed.
- To find which events are contested in each age group visit:
<http://aaathletics.org/Rules/RulesHandbook.aspx>

AWARDS AND QUALIFYING FOR REGIONAL MEET

- The **top 16** in each event advance to Regionals at Hardin Valley Academy, Knoxville, TN (June 28 – July 1st 2017). The top 3 finishers in each event will receive medals. All “Multi-Events”, Pole Vault and Steeplechase athletes will automatically advance to Regionals.

EVENT SCHEDULE

- The meet will run on a **rolling schedule** moving from youngest to oldest age groups; Girls first, then Boys to follow in each age group
- All races are section time finals - **NO PRELIMS**
- 4 jumps/throws for horizontal jumps/throws
- **Field events will start at 7:30 AM, Running events will start at 8 AM**

ORDER OF EVENTS

Running Events

8:00 AM

3000m Run
200m Dash
800m Run
80m Hurdles
100m Hurdles
110m Hurdles
400m Dash
4x800m Relay
4x100m Relay
1500m RW
3000m RW
100m Dash
400m Hurdles
200m Hurdles
1500m Run
4x400m Relay

Field Events*

7:30 AM

| | |
|-------------|---|
| Long Jump | Youngest (girls, then boys) to oldest(girls, then boys) |
| Discus | 13G/14G, 13B/14B,15/16G & 17/18G, 15/16B & 17/18B |
| High Jump | 13G/14G, 13B/14B,15/16G & 17/18G, 15/16B & 17/18B |
| Shot Put | 15/16G & 17/18G, 15/16B & 17/18B, 13G/14G, 13B/14B |
| Triple Jump | 13G/14G, 13B/14B,15/16G & 17/18G, 15/16B & 17/18B |
| Turbo-Jav | 8-Under(300g), 9 - 12 (400g); all girls, then all boys |
| Javelin | 13-18 girls(600g), boys(13/14-600g) (15-18-800g) |

****Competitors should bring their own implements to be used at the meet.***

We will have a Food Truck with drinks and an Ice Truck available at the meet. Coaches are allowed to bring food and drinks for their athletes. Spectators may bring coolers.

Gate entry fee for non-athletes is \$5, kids 3 and under free

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

FOR MORE INFORMATION:

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