

Revised 3/1/2017

2017 AAU VIRGINIA DISTRICT QUALIFIER



GENERAL INFORMATION

WHERE: Woodrow Wilson High School
1401 Elmhurst Lane
Portsmouth, VA 23701

DATE: Saturday, June 10, 2017

Meet Director
Deon Moore, 757-218-1405
deonwmoore@gmail.com

Meet Management
William Moore, 757-593-6985
coachwill.moore@gmail.com

OFFICIALS: All events will be staffed by USATF certified officials and volunteers

RULES: In accordance with AAU Youth Athletics Guidelines

Coaches Education:

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all AAU Non-Athletes. This exciting program is **MANDATORY** for all AAU Non-Athletes and will be administered by **Positive Coaching Alliance (PCA)**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

Please note there is a spectator entry fee and any Coaches with a valid 2017 AAU NON-ATHLETE MEMBERSHIP WITH A PICTURED ID presented at the entry gate may enter free of charge.

Licensed, Registration and Declaration Information:

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU Membership.
- AAU membership may not be included as part of the entry fee to the event
- AAU Youth Athlete membership must be obtained before the competition begins
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot
- be applied for at event. Please allow at least 10 days for membership to be processed
- Participants can visit the AAU website www.aausports.org to purchase AAU Memberships.

ADVANCEMENT and QUALIFICATION PROCEDURES:

The top sixteen (16) finishers in each individual and relay shall advance from the District Qualifier to the Regional 5 Championship. Competitors shall only advance from the District Qualifier into the Regional 5 Championship in the events that they actually competed and qualified at the District level.

Division (Girls & Boys) 2017

8-Under	2009 & After
9 years	2008
10 years	2007
11 years	2006
12 years	2005
13 years	2004
14 years	2003
15-16 years	2001-2002
17-18 years	1999-2000
19 -22 years	1997-1994

*****Athletes must not turn 19 before the final day of the National Championships.(8/6/17)***

ELIGIBILITY/AAU MEMBERSHIP:

Competition is open to all Boys and Girls who have a valid/current AAU registration card. AAU membership maybe obtained online at www.aausports.org. The AAU membership fee is not included in the AAU Area 4 National Qualifier entry fee and membership must be obtained prior to participation in this meet.

PROOF OF AGE:

Proof of age may be required at District, National Qualifier, and National Championship events and must be provided whenever required and/or challenged.

Acceptable forms of age verification include:

1. Original birth certificate
2. A notarized original birth certificate from the appropriate issuing authority
3. A US Military Government Identification Card
4. A valid (not expired) passport
5. A valid US driver's license

MEET ENTRY:

Each athlete/team competing in this meet must complete the entry process on www.CoachO.com

ENTRY FEE:

Entry fee is \$20 per individual athlete competing in Track & Field.

PV, STEEPLECHASE, MULTI EVENTS and JAVELIN WILL NOT BE CONTESTED.

You must complete registration online to be advanced to Regional 5 Championship on June 23 – 25, 2017.

All members of relay teams, including alternates, who have not entered an individual event, must pay a \$20.00 entry fee. Payments will only be accepted online at www.coacho.com. Entry Fee must be paid online at the time of registration.

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Visa and Master Card accepted online.

ENTRY DEADLINE:

REGISTRATION WILL OPEN ON MARCH 1, 2017 AND CLOSE ON JUNE 6, 2017, 11:59 PM, EASTERN STANDARD TIME. ALL ENTRIES MUST BE RECEIVED BEFORE DEADLINE. NO EXCEPTIONS.

SPECTATOR FEE:

\$5 – kids under 5 free.

CHALLENGE:

Virginia AAU Championship results will be posted within 4 hours after the conclusion of the meet. Any challenges to posted results must be emailed to support@coacho.com within 24 hours of the posting. Challenges will not be accepted after the 24 hours challenge period has expired.

AAU Regional 5 Championship Declaration & Registration:

Those athletes that qualify for the AAU Regional 5 Championship must declare and register for the meet at www.aauathletics.org before June 20, 2017. No entries will be accepted after 11:59pm (EST). Do not jeopardize your athlete's chance of competing in the AAU Regional 5 Championship by not completing registration process.

PROTESTS:

Protests concerning status or eligibility of any competitor must be made to AAU Youth Athletics Committee prior to commencement of meet, or Referee during meet. Protests relating to matters which develop during conduct of meet must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result posting. Protests MUST be filed on official protest forms and presented to Protest Table accompanied by a cash deposit of \$75.00. The Referee shall consider all available official evidence. Once Referee renders his/her decision, protester may request an appeal to the Jury of Appeals. The jury's decision is final. If protest is denied, cash deposit will be forfeited. ***JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS.***

ATHLETES, COACHES AND VENUE INFORMATION**TENTS:**

Tents will only be allowed on top row of home side of stadium bleachers. Teams may put tents Up on visitor side and in all rows. Tents around the perimeters of the fence are allowed to be posted behind walk areas but are not allowed to be posted on paved areas or within 6 feet of the fenced track. At the end of day, each team must lower tent frames and remove all tent tops in case of inclement weather. Meet management reserves the right to change tent policy if problems occur.

(See Stadium seating chart)

RESTROOM FACILITIES:

Restroom facilities are available at track & field venue.

HIP NUMBERS:

Hip numbers will be issued by clerk of the course and are required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

THROWING IMPLEMENTS:

Athletes are responsible for providing their own implements for use during competition. However, personal implements must be checked in prior to competition. Implement check-in will occur near the field event area.

ATHLETE WARM-UP:

There will be a designated area for athlete warm Up. The track will open one hour prior to first running event.

ATHLETE CHECK-IN:

It is athletes' responsibility to hear calls and report to event venue on first call for their division. Field event athletes should report directly to field event venue. Track event athletes should report to clerk of the course area.

RELAY EVENTS:

There is no additional entry fee for relay events as long as following criteria is met:

- 1) All competitors as well as alternates have registered and paid the individual entry fee of \$20.00.
- 2) The relay team represents a current 2017 AAU registered club.
- 3) All competitors must have current/valid AAU membership registration cards.
- 4) Athletes listed as relay alternates (Up to 4) will have relay event count towards their event limitation.

RUNNING EVENT RULES:

All events will run as a final. The 4x400m relays will run a three turn stagger with Up to eight (8) teams per heat. The 4x800 relays will run a two-turn stagger with Up to 16 teams per heat. Combining heats/divisions is at the discretion of Meet Director.

FIELD EVENT RULES:

Each competitor will have a total of four (4) attempts for throws and horizontal jumps. There are no prelims and finals in field events. Athletes who must leave for another event must check out with Field Event Official. These athletes may also request to take attempts in succession. In vertical jumps, within a division, once the bar moves Up, it will not move down for any reason. If excused during a round the athlete must return prior to conclusion of that round or forfeit remaining attempts.

AWARDS:

AAU Championship Medals are awarded to the top three (3) finishers in each event and division. 4th and 5th place finishers in individual events in each division will receive ribbons. 4th place relay teams in each division will receive ribbons. Awards can be picked Up at awards tent approximately 30 minutes after conclusion of each event. Medals will not be mailed to the athlete's home or held for pick Up after the close of the meet. It is the responsibility of athlete, coach or parent to pick Up awards before leaving the meet.

FOOD/DRINK/COOLERS:

Concessions are available. **NO GRILLS, DEEP FRYERS OR OTHER COOKING APPARATUS ALLOWED outside the appointed concession area.** Team/Athlete coolers will be allowed, however, **NO GLASS CONTAINERS** are permitted. All

EVENT SCHEDULES:

Final Meet Schedule will be posted after entries close. Event order will not change but start times may differ based on number of entries. Age groups of same gender may be combined in distance races/walks. Event Schedules will be available at registration.

VENDING:

Concessions and various vendors (commemorative t-shirts, photographer, etc) will be on site.

WEATHER:

Average high temperature in Newport News, VA during the months of June is in the mid to high 90's so be prepared because it will be very hot.

INCLEMENT WEATHER:

Meet Director has the option of delaying or temporarily halting meet in the event of bad weather and resuming when weather permits. Format of meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and Games Committee.

MEDICAL/SECURITY:

Emergency Medical personnel are on call. Athletic trainers will be available for athletes. Ice and water will be provided for injuries only. Athletic trainers will not tape athletes prior to competition.

Athletic Trainers are only available in case of injury.

SECURITY:

Security will be present.

FLUIDS:

Meet management will provide water in certain competition areas for competing athletes. It is strongly encouraged that athletes, teams, coaches, and parents bring plenty of water with them.

RESULTS:

Results will be posted on line at www.aauathletics.org

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SATURDAY, JUNE 10, 2017 Meet Schedule

All field events will follow listed schedule. **This is a rolling schedule.** Listen to **announcements** for field event calls. Any athletes who do not check-in before their designated flight starts will be scratched from the event. The Field Event Official Only will release field event athletes who have a conflict with a running event at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and must report back to the field event and be ready to compete.

SPECIAL NOTE:

All running events are FINALS. Age groups maybe combined in any event at the discretion of the Meet Management.

Running Order Girls/Women followed by Boys/Men

RUNNING EVENTS	
8:00AM	
3000M (F)	11 12 13 14 15-16 17-18 19 & older
4x800 (F)	12 14 15-16 17-18 19 & older
100m (F)	8 & under 9 10 11 12 13 14 15-16 17-18 19 & older
4x100R (F)	8 & under 10 12 14 15-16 17-18 19 & older
400m (F)	8 & under 9 10 11 12 13 14 15-16 17-18 19 & older
80H (F)	11 12
100H (F)	13 14
100H(F)	13 14 15-16 17-18 19 & older
110H(F)	15-16 17-18 19 & older
1500RW (F)	9 10 11 12 13 14 15-16 17-18 19 & older
3000RW (F)	13 14 15-16 17-18 19 & older
800m (F)	8 & under 9 10 11 12 13 14 15-16 17-18 19 & older
200H (F)	13 and 14, – Girls followed by Boys
400H (F)	15-16, 17-Up – Girls followed by Boys
200m (F)	8 & under 9 10 11 12 13 14 15-16 17-18 19 & older
1500m (F)	8 & under 9 10 11 12 13 14 15-16 17-18 19 & older
4 X 400R (F)	10 12 14 15-16 17-18 19 & older

FIELD EVENTS	
7:30 AM	
SHOT PUT (4 Throws- No Finals)	8-under through 19 & older - Girls followed by Boys (Youngest to Oldest Circle #1) 8U 4lbs, 9, 10, 11, 12 6lbs, 13, 14 (G) 6lbs, (B) 4kg, 15-16 & 17-18, 19 & older (G) 4kg, 15-16, 17-18, 19 & older B/M12lbs
DISCUS (4 Throws, No Finals)	19 & older through 11– Girls followed by Boys (Oldest to Youngest) 11, 12, 13, 14 Girls/Boys 1.0kg, 15-16, 17-18 19 & older Girls 1.0kg, 15-16, 17-18, 19 & older B/M 1.6kg
HIGH JUMP	17-Up through 9 Girls followed by Boys, (Oldest to Youngest pad #1)
LONG JUMP (4 Jumps, No Finals)	8-under through 19 & older (Youngest to Oldest Pit #1) 8-under through 19 & older (Youngest to Oldest Pit #2) Triple Jump will start after long jump has been completed.
TRIPLE JUMP (4 Jumps No Finals)	13 through 19 & older (Youngest to Oldest Pit #1) A13 through 19 & older (Youngest to Oldest Pit #2)

RULES AND REGULATION:

Only competing athletes and meet officials will be permitted inside the fence surrounding the track. Violations of this rule by coaches, parents, and non-competitors may result in disqualification from the meet.

Abusive language and /or improper behavior will not be tolerated and will result in disqualification from the meet.

NO SMOKING or ALCOHOLIC BEVERAGES ALLOWED AT VENUE SITE OR PARKING AREAS.

CLERKING AREA IS OFF LIMITS TO:

COACHES. PARENTS GRANDPARENTS. RELATIVES and SPECTATORS!